



World Para Powerlifting World Records

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Age Group: Senior

Men's Up to 49.00 kg

Class	Name	NPC	Birth	Result	Date	City	Country
Up to 49.00 kg	Le, Van Cong	VIE	1984	183.5 kg	2017-12-04	Mexico City	Mexico
Up to 54.00 kg	Osman, Sherif	EGY	1982	205.0 kg	2014-04-06	Dubai	United Arab Emirates
Up to 59.00 kg	Osman, Sherif	EGY	1982	211.0 kg	2016-09-09	Rio de Janeiro	Brazil
Up to 65.00 kg	Kehinde, Paul	NGR	1988	221.0 kg	2018-02-19	Dubai	United Arab Emirates
Up to 72.00 kg	Gustin, Bonnie Bunyau	MAS	1999	230.0 kg	2021-06-22	Dubai	United Arab Emirates
Up to 80.00 kg	Rostami, Roohallah	IRI	1989	241.0 kg	2021-05-07	Bangkok	Thailand
Up to 88.00 kg	Khattab, Abdelkareem Mohmmad Ahmad	JOR	1991	240.0 kg	2021-06-21	Dubai	United Arab Emirates
Up to 97.00 kg	Eldib, Mohamed	EGY	1979	243.0 kg	2016-02-18	Dubai	United Arab Emirates
Up to 107.00 kg	Enkhbayar, Sodnompiljee	MGL	1985	247.0 kg	2019-07-18	Nur-Sultan	Kazakhstan
Over 107.00 kg	Rahman, Siamand	IRI	1988	310.0 kg	2016-09-14	Rio de Janeiro	Brazil

Women's Up to 41.00 kg

Class	Name	NPC	Birth	Result	Date	City	Country
Up to 41.00 kg	Guo, Lingling	CHN	1989	109.0 kg	2021-08-26	Tokyo	Japan
Up to 45.00 kg	Guo, Lingling	CHN	1989	118.0 kg	2019-07-13	Nur-Sultan	Kazakhstan
Up to 50.00 kg	Oyema, Esther	NGR	1982	131.0 kg	2018-04-10	Gold Coast	Australia
Up to 55.00 kg	Shevchuk, Mariana	UKR	1996	133.0 kg	2021-05-20	Tbilisi	Georgia
Up to 61.00 kg	Ejike, Lucy	NGR	1977	142.0 kg	2016-09-11	Rio de Janeiro	Brazil
Up to 67.00 kg	Tan, Yujiao	CHN	1990	140.5 kg	2018-10-09	Jakarta	Indonesia
Up to 73.00 kg	Ghazouani, Souhad	FRA	1982	150.0 kg	2013-05-25	Alexin	Russia
Up to 79.00 kg	Muratova, Vera	RUS	1980	143.0 kg	2021-06-22	Dubai	United Arab Emirates
Up to 86.00 kg	Oluwafemiayo, Folashade	NGR	1985	152.0 kg	2021-08-30	Tokyo	Japan
Over 86.00 kg	Orji, Josephine	NGR	1979	160.0 kg	2016-09-14	Rio de Janeiro	Brazil