



World Para Powerlifting Rankings Official World Rankings 2019

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Period Start: 2019-01-01 | Period End: 2019-12-31

Men's Up to 49.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Adesokan, Yakubu	NGR	1979	47.25	180.0	2019-01-28	Lagos	Nigeria
2	Qarada, Omar Sami Hamadeh	JOR	1981	47.40	177.0	2019-09-18	Amman	Jordan
3	Balynets, Vladimir	RUS	1985	48.95	173.0	2019-07-13	Nur-Sultan	Kazakhstan
4	Zheng, Yu	CHN	1976	48.85	172.0	2019-07-13	Nur-Sultan	Kazakhstan
5	Le, Van Cong	VIE	1984	47.39	165.0	2019-07-13	Nur-Sultan	Kazakhstan
6	Degtyarev, David	KAZ	1996	48.74	162.0	2019-07-13	Nur-Sultan	Kazakhstan
7	Franca Junior, Joao Maria	BRA	1995	48.90	151.0	2019-11-08	São Paulo	Brazil
8	Ugwu, Emmanuel Omale	NGR	1994	48.52	150.0	2019-01-28	Lagos	Nigeria
9	Mammadov, Parvin	AZE	1995	48.61	150.0	2019-07-13	Nur-Sultan	Kazakhstan
10	Kayapinar, Abdullah	TUR	1992	42.36	149.0	2019-07-13	Nur-Sultan	Kazakhstan
11	Choi, Keun Jin	KOR	1976	48.41	147.0	2019-09-26	Tokyo	Japan
12	Parmjeet Kumar	IND	1992	47.12	146.0	2019-07-13	Nur-Sultan	Kazakhstan
13	Beyour, Hadj Ahmed	ALG	1983	45.95	138.0	2019-07-13	Nur-Sultan	Kazakhstan
14	Alderman, Adam	GBR	1983	48.70	138.0	2019-06-09	Coventry	Great Britain
15	Laophakdee, Pia	LAO	1989	48.55	132.0	2019-09-26	Tokyo	Japan
16	Nishizaki, Tetsuo	JPN	1977	48.10	130.0	2019-09-26	Tokyo	Japan
17	Szymanski, Slawomir	POL	1985	48.55	130.0	2019-07-13	Nur-Sultan	Kazakhstan
18	Morales Gonzalez, Jhonny Andres	COL	1999	47.25	129.0	2019-12-03	Cartagena	Colombia
19	Alshnaiti, Mohammad	JOR	2001	43.30	128.0	2019-09-18	Amman	Jordan
20	dos Santos, Lucas Manoel	BRA	2001	49.00	127.0	2019-09-13	São Paulo	Brazil
21	Miura, Hiroshi	JPN	1964	47.44	126.0	2019-04-13	Kyoto	Japan
22	Olaymi, Maysar	KSA	1993	44.80	125.0	2019-04-25	Eger	Hungary
23	Istifanus, Punshak	NGR	2003	44.26	121.0	2019-01-28	Lagos	Nigeria
24	Nekrotiuk, Boryslav	UKR	2000	47.58	121.0	2019-02-08	Dubai	United Arab Emirates
25	Kato, Takashi	JPN	1988	48.48	118.0	2019-04-13	Kyoto	Japan

26	Kasmukhanov, Yernat	KAZ	1990	48.04	115.0	2019-07-13	Nur-Sultan	Kazakhstan
27	Basha, Farman	IND	1974	46.40	113.0	2019-07-13	Nur-Sultan	Kazakhstan
28	Diaz Vasquez, Luis Felipe	VEN	1963	49.00	111.0	2019-08-29	Lima	Peru
29	Seh Ndoumou, Pascal Blaise	CMR	1975	47.27	110.0	2019-01-28	Lagos	Nigeria
30	Pena Garcia, Jose Ramon	CUB	1987	48.15	110.0	2019-05-03	Lima	Peru
31	Villamarin, Rodrigo	ARG	1997	46.20	106.0	2019-08-29	Lima	Peru
32	Bawa, Aliou	TOG	1983	42.11	105.0	2019-07-13	Nur-Sultan	Kazakhstan
33	Okuyama, Kazuki	JPN	1997	48.30	104.0	2019-02-02	Tokyo	Japan
34	Echeverria, Cesar	GUA	1982	47.55	100.0	2019-08-29	Lima	Peru
35	Plascencia Lozano, Juan Luis	MEX	1993	48.65	94.0	2019-04-27	Mexico City	Mexico
36	Karibay, Yerbolat	KAZ	2002	41.49	91.0	2019-07-12	Nur-Sultan	Kazakhstan
37	Buimov, Zakhar	KAZ	2001	48.55	90.0	2019-04-25	Eger	Hungary
38	Annamammedov, Mustapa	TKM	1999	46.90	88.0	2019-07-12	Nur-Sultan	Kazakhstan
39	Albalushi, Osama	UAE	2003	48.10	82.0	2019-04-25	Eger	Hungary
40	Leyton Sanchez, Heber Israel	CHI	1999	42.60	81.0	2019-11-30	Santiago	Chile
41	Hasan, Akram	YEM	1991	42.40	80.0	2019-09-18	Amman	Jordan
42	Ayiagnigni, Arnauld	CMR	1995	46.84	80.0	2019-01-28	Lagos	Nigeria
43	Lombardo, Pietro Gianni	ITA	1991	47.40	75.0	2019-02-08	Dubai	United Arab Emirates
44	Ngaopatcha, Noppakhun	THA	2003	40.02	60.0	2019-02-08	Dubai	United Arab Emirates
45	Tanatkhanov, Bagdat	KAZ	1999	39.08	45.0	2019-02-08	Dubai	United Arab Emirates

Men's Up to 54.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Ezuruike, Roland	NGR	1976	52.18	190.0	2019-01-29	Lagos	Nigeria
2	Krivulya, Vladimir	RUS	1991	53.69	189.0	2019-07-14	Nur-Sultan	Kazakhstan
3	Bakochristos, Dimitrios	GRE	1983	54.00	167.0	2019-04-13	Thessaoloniki	Greece
4	Abdelmajid, Taha	EGY	1987	53.04	166.0	2019-02-08	Dubai	United Arab Emirates
5	Carra, Bruno	BRA	1989	53.80	163.0	2019-08-29	Lima	Peru
6	Egorchenkov, Iurii	RUS	1992	53.39	161.0	2019-07-14	Nur-Sultan	Kazakhstan
7	Bourlon, Axel	FRA	1991	53.54	161.0	2019-09-26	Tokyo	Japan
8	Panasiuk, Kostiantyn	UKR	1991	53.62	156.0	2019-07-14	Nur-Sultan	Kazakhstan
9	Ardon, Patrick	FRA	1983	51.70	151.0	2019-03-30	Gonesse	France

10	Jawad, Ali	GBR	1989	53.79	147.0	2019-09-26	Tokyo	Japan
11	Rubio Guerra, Cesar	CUB	1980	53.40	145.0	2019-08-29	Lima	Peru
12	Osaro, Abimbola	NGR	1998	52.24	140.0	2019-01-29	Lagos	Nigeria
13	Soares, Eduardo	BRA	1982	52.40	140.0	2019-11-08	São Paulo	Brazil
14	Nishizaki, Tetsuo	JPN	1977	53.45	140.0	2019-04-13	Kyoto	Japan
15	Pongsao, Amorntep	THA	1995	52.73	135.0	2019-02-08	Dubai	United Arab Emirates
16	Ichikawa, Mitsunori	JPN	1974	51.78	133.0	2019-09-26	Tokyo	Japan
17	Montiel Caballero, David	MEX	1990	53.00	131.0	2019-04-27	Mexico City	Mexico
18	Agosti, Paolo	ITA	1991	52.90	127.0	2019-07-14	Nur-Sultan	Kazakhstan
19	Yajue Gomez, Carlos Manuel	COL	1998	52.65	124.0	2019-04-05	Bogota	Colombia
20	Jimenez Cabrera, Javier Ignacio	CHI	1997	52.95	123.0	2019-08-29	Lima	Peru
21	Hernandez Cardona, Miguel Angel	MEX	1991	53.35	120.0	2019-04-27	Mexico City	Mexico
22	Rozhko, Vasyi	UKR	1998	52.40	115.0	2019-02-08	Dubai	United Arab Emirates
23	Yapo, Jean Elvis	CIV	1988	52.42	110.0	2019-01-29	Lagos	Nigeria
24	Quispe, Diego	PER	1998	52.55	110.0	2019-08-29	Lima	Peru
25	Hayashi, Takefumi	JPN	1981	52.34	100.0	2019-04-13	Kyoto	Japan
26	Cruzato, Marcos Gabriel	BRA	1999	52.82	98.0	2019-02-08	Dubai	United Arab Emirates
27	Buimov, Zakhar	KAZ	2001	52.18	95.0	2019-07-12	Nur-Sultan	Kazakhstan
28	Barbosa, Lucas Matheus	BRA	1997	52.30	92.0	2019-11-08	São Paulo	Brazil
29	Marmorale, Raffaele	ITA	1990	53.06	92.0	2019-02-08	Dubai	United Arab Emirates
30	Coots, Jon	USA	2000	50.66	88.0	2019-07-12	Nur-Sultan	Kazakhstan
31	Makkntorn, Thanakrit	THA	1998	53.07	87.0	2019-07-14	Nur-Sultan	Kazakhstan
32	Albalushi, Osama	UAE	2003	49.80	85.0	2019-09-18	Amman	Jordan
33	Chantak, Surasit	THA	1973	52.56	85.0	2019-07-14	Nur-Sultan	Kazakhstan
34	Zamirbek Uluu, Azizbek	KGZ	2002	52.51	80.0	2019-07-12	Nur-Sultan	Kazakhstan
35	Nyabalale, Ernest Justine	TAN	1968	53.60	75.0	2019-01-29	Lagos	Nigeria
36	Zepeda Sepulveda, Fernando David	CHI	1998	52.00	73.0	2019-11-30	Santiago	Chile
37	Churuchumbi, Luis	ECU	1979	53.50	70.0	2019-05-03	Lima	Peru

Men's Up to 59.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Osman, Sherif	EGY	1982	58.66	200.0	2019-02-09	Dubai	United Arab Emirates
2	Qi, Yongkai	CHN	1998	57.96	195.0	2019-07-14	Nur-Sultan	Kazakhstan
3	Garrido, Juan Carlos	CHI	1980	58.30	187.0	2019-11-30	Santiago	Chile
4	Bedderdinov, Ildar	RUS	1984	57.75	183.0	2019-07-14	Nur-Sultan	Kazakhstan
5	Rufai, Olalekan	NGR	1988	57.55	180.0	2019-01-29	Lagos	Nigeria
6	Carra, Bruno	BRA	1989	57.55	175.0	2019-07-14	Nur-Sultan	Kazakhstan
7	Dauda, Ibrahim	NGR	1983	56.89	173.0	2019-07-14	Nur-Sultan	Kazakhstan
8	Yousefi Pashaki, Seyed Yousef	IRI	1988	58.87	170.0	2019-07-14	Nur-Sultan	Kazakhstan
9	Tomczyk, Mariusz	POL	1971	58.35	160.0	2019-04-26	Eger	Hungary
10	Nguyen, Van Phuc	VIE	1981	57.96	155.0	2019-07-14	Nur-Sultan	Kazakhstan
11	Dantas, Luciano	BRA	1981	58.20	151.0	2019-08-30	Lima	Peru
12	Betancourt, Carlos Alberto	VEN	1981	57.70	150.0	2019-08-30	Lima	Peru
13	Kouloumoglou, Paschalis	GRE	1994	57.55	146.0	2019-07-14	Nur-Sultan	Kazakhstan
14	Pongsao, Amorntep	THA	1995	57.21	145.0	2019-07-14	Nur-Sultan	Kazakhstan
15	Kokko, Juhani	FIN	1986	58.65	145.0	2019-04-26	Eger	Hungary
16	Arias Borges, Yoander	CUB	1979	57.90	138.0	2019-08-30	Lima	Peru
17	Garcia Trelles, Niel	PER	1973	58.60	135.0	2019-08-30	Lima	Peru
18	Kose, Tomohiro	JPN	1993	55.50	132.0	2019-07-14	Nur-Sultan	Kazakhstan
19	Toda, Yuya	JPN	1982	58.00	131.0	2019-02-03	Tokyo	Japan
20	Sztano, Gyorgy	HUN	1997	58.25	128.0	2019-04-26	Eger	Hungary
21	Abass, Kazeem	NGR	1999	56.23	125.0	2019-01-29	Lagos	Nigeria
22	Diallo, Bakary	MLI	1975	56.63	125.0	2019-07-14	Nur-Sultan	Kazakhstan
23	Kuldeep Singh	IND	1983	58.04	125.0	2019-02-09	Dubai	United Arab Emirates
24	Park, Gwangyeoul	KOR	1989	58.31	125.0	2019-07-14	Nur-Sultan	Kazakhstan
25	Okuyama, Kazuki	JPN	1997	58.08	124.0	2019-07-14	Nur-Sultan	Kazakhstan
26	Shakiyev, Stanislav	KAZ	1988	55.74	122.0	2019-07-14	Nur-Sultan	Kazakhstan
27	Masaud, Suhil	LBA	1998	58.11	121.0	2019-07-14	Nur-Sultan	Kazakhstan
28	Ostapuk, Denys	UKR	1999	57.90	118.0	2019-07-12	Nur-Sultan	Kazakhstan
29	Okada, Yuji	JPN	1976	57.00	117.0	2019-02-03	Tokyo	Japan
30	Nizavitin, Vladimir	KAZ	1998	58.87	115.0	2019-07-14	Nur-Sultan	Kazakhstan
31	Turgunov, Azizbek	UZB	1999	56.26	114.0	2019-07-12	Nur-Sultan	Kazakhstan

32	Ten, Maxim	KAZ	2002	57.87	111.0	2019-07-12	Nur-Sultan	Kazakhstan
33	Rivera Mirque, Brayan Arley	COL	1999	57.90	110.0	2019-12-04	Cartagena	Colombia
34	Cruz Martinez, Pedro Elias	MEX	2002	58.23	105.0	2019-07-14	Nur-Sultan	Kazakhstan
35	Murai, Tsuchio	JPN	1961	58.20	102.0	2019-02-03	Tokyo	Japan
36	Toth, Istvan	HUN	1956	58.15	100.0	2019-04-26	Eger	Hungary
37	Panomkhet, Phutachat	THA	2004	58.25	90.0	2019-07-12	Nur-Sultan	Kazakhstan
38	Husawi, Obadah	KSA	1999	58.13	85.0	2019-07-12	Nur-Sultan	Kazakhstan
39	Pena Gutierrez, Miguel Alejandro	MEX	2002	56.50	75.0	2019-04-27	Mexico City	Mexico
40	Ismat, Yersultan	KAZ	2002	57.52	70.0	2019-07-12	Nur-Sultan	Kazakhstan
41	Medina, Elias Federico	ARG	2001	58.00	68.0	2019-05-04	Lima	Peru
42	Barry, Mamadou	GUI	1989	58.19	62.0	2019-01-29	Lagos	Nigeria

Men's Up to 65.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Gustin, Bonnie Bunyau	MAS	1999	63.50	207.0	2019-07-15	Nur-Sultan	Kazakhstan
2	Bettir, Hocine	ALG	1990	63.32	194.0	2019-07-15	Nur-Sultan	Kazakhstan
3	Jafari Arangeh, Amir	IRI	1985	64.87	193.0	2019-07-15	Nur-Sultan	Kazakhstan
4	Tarbash, Mohammad	JOR	1984	64.40	190.0	2019-09-18	Amman	Jordan
5	Liu, Lei	CHN	1987	64.71	190.0	2019-07-15	Nur-Sultan	Kazakhstan
6	Rasaq, Mufutau	NGR	1999	62.83	185.0	2019-01-29	Lagos	Nigeria
7	Kehinde, Paul	NGR	1988	64.77	185.0	2019-01-29	Lagos	Nigeria
8	Aceituno, Herbert	ESA	1985	63.80	182.0	2019-08-30	Lima	Peru
9	Trykacz, Marek	POL	1985	63.64	179.0	2019-02-09	Dubai	United Arab Emirates
10	Carinao, Jorge	CHI	1991	59.50	176.0	2019-08-30	Lima	Peru
11	Lanzer, Grzegorz	POL	1986	63.40	175.0	2019-04-26	Eger	Hungary
12	Rodriguez Garcia, Danilo	CUB	1966	62.50	170.0	2019-08-30	Lima	Peru
13	Brown, Oliver Francis	GBR	1986	64.60	170.0	2019-06-09	Coventry	Great Britain
14	Ano, Adou Herve	CIV	1983	63.54	168.0	2019-07-15	Nur-Sultan	Kazakhstan
15	Balanta Barona, Bryan Steven	COL	1996	64.35	168.0	2019-08-30	Lima	Peru
16	Kasanun, Narong	THA	1977	64.08	165.0	2019-07-15	Nur-Sultan	Kazakhstan
17	Diukin, Aleksandr	RUS	1985	64.25	163.0	2019-07-15	Nur-Sultan	Kazakhstan
18	Al-Karkhi, Ahmed	IRQ	2002	61.90	161.0	2019-09-18	Amman	Jordan

19	Yang, Quanxi	CHN	1982	64.26	160.0	2019-07-15	Nur-Sultan	Kazakhstan
20	Gkountanis, Nikolaos	GRE	1977	64.92	160.0	2019-04-13	Thessaoloniki	Greece
21	Dantas, Luciano	BRA	1981	63.10	158.0	2019-11-08	São Paulo	Brazil
22	Swan, Mark	GBR	2001	63.00	154.0	2019-06-09	Coventry	Great Britain
23	Alyousef, Alaa	SYR	1983	64.30	151.0	2019-09-18	Amman	Jordan
24	Lorch, Jonathan	FRA	1987	64.70	145.0	2019-03-30	Gonesse	France
25	Mendes Da Silva Filho, Jose	BRA	1977	63.00	140.0	2019-11-08	São Paulo	Brazil
26	Largo, Christian	USA	1998	64.15	140.0	2019-09-26	Tokyo	Japan
27	Forte, Ludovico Giuseppe	ITA	1991	64.24	140.0	2019-02-09	Dubai	United Arab Emirates
28	Sano, Yoshiki	JPN	1968	63.28	138.0	2019-04-14	Kyoto	Japan
29	Okuyama, Kazuki	JPN	1997	60.81	136.0	2019-09-26	Tokyo	Japan
30	Toda, Yuya	JPN	1982	60.42	135.0	2019-04-14	Kyoto	Japan
31	Jo, Takashi	JPN	1960	63.89	133.0	2019-09-26	Tokyo	Japan
32	Daskov, Alexandr	KAZ	1987	63.84	131.0	2019-07-15	Nur-Sultan	Kazakhstan
33	Colantuoni, Giuseppe	ITA	1993	63.94	127.0	2019-02-09	Dubai	United Arab Emirates
34	Aliyu, Abubakar	NGR	2000	60.84	120.0	2019-01-29	Lagos	Nigeria
35	Morii, Taiki	JPN	1980	63.93	120.0	2019-04-14	Kyoto	Japan
36	Alhawsawi, Aseel	KSA	1997	63.72	117.0	2019-07-15	Nur-Sultan	Kazakhstan
37	Bispo Junior, Pedro	BRA	1998	62.60	115.0	2019-11-08	São Paulo	Brazil
38	Silva, Heleno Victor	BRA	1999	64.02	115.0	2019-02-09	Dubai	United Arab Emirates
39	Suzuki, Akihiko	JPN	1985	64.30	111.0	2019-02-03	Tokyo	Japan
40	Cowen, Francis	GBR	1998	59.20	110.0	2019-06-09	Coventry	Great Britain
41	Nikoua-Rosel, Clemarot Christian	CAF	1989	59.39	110.0	2019-01-29	Lagos	Nigeria
42	Zhakupov, Anuar	KAZ	1987	61.29	110.0	2019-07-15	Nur-Sultan	Kazakhstan
43	Nunez Flores, Mario Alberto	MEX	1993	62.20	110.0	2019-04-27	Mexico City	Mexico
44	Uchida, Motoya	JPN	1968	64.10	110.0	2019-02-03	Tokyo	Japan
45	Clarke, Jaimie	AUS	1982	61.35	100.0	2019-02-03	Hawthorn, Victoria	Australia
46	Seo, Beom Jo	KOR	1999	64.49	98.0	2019-02-09	Dubai	United Arab Emirates
47	Husawi, Obadah	KSA	1999	59.55	95.0	2019-04-26	Eger	Hungary
48	Valverde Madrigal, Roger	CRC	1972	63.80	80.0	2019-05-04	Lima	Peru
49	Traore, Mohamed Lamine	GUI	1988	61.06	70.0	2019-01-29	Lagos	Nigeria
50	Cavero Esquerre, Mauricio	PER	2000	61.40	60.0	2019-05-04	Lima	Peru

Men's Up to 72.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Mohsin, Rasool	IRQ	1987	71.70	220.0	2019-02-10	Dubai	United Arab Emirates
2	Hu, Peng	CHN	1989	71.53	209.0	2019-07-16	Nur-Sultan	Kazakhstan
3	Moradi, Nader	IRI	1982	71.18	202.0	2019-07-16	Nur-Sultan	Kazakhstan
4	Innocent, Nnamdi	NGR	1980	71.11	200.0	2019-01-29	Lagos	Nigeria
5	Attia, Mahmoud	EGY	1981	69.14	185.0	2019-02-10	Dubai	United Arab Emirates
6	Correa, Ezequiel	BRA	1987	71.65	182.0	2019-11-08	São Paulo	Brazil
7	Mathna, Metwaly	EGY	1974	71.93	182.0	2019-07-16	Nur-Sultan	Kazakhstan
8	Telesca, Donato	ITA	1999	71.66	181.0	2019-07-16	Nur-Sultan	Kazakhstan
9	Meladze, Sergey	TKM	1980	71.38	180.0	2019-07-16	Nur-Sultan	Kazakhstan
10	Wilding, Nathaniel	GBR	1992	71.75	180.0	2019-04-26	Eger	Hungary
11	Higuchi, Kentaro	JPN	1972	70.85	175.0	2019-09-26	Tokyo	Japan
12	Marasri, Thongsa	THA	1975	71.55	175.0	2019-04-26	Eger	Hungary
13	Donayorov, Bakhtiyor	TJK	1993	69.94	174.0	2019-07-16	Nur-Sultan	Kazakhstan
14	Tursunbaev, Iskandar	UZB	1994	67.76	172.0	2019-02-10	Dubai	United Arab Emirates
15	Montenegro Cantillo, Javier Enrique	COL	1988	71.05	170.0	2019-08-30	Lima	Peru
16	Salazar, Andres	COL	1983	70.40	169.0	2019-04-06	Bogota	Colombia
17	Blanco Perez, Jackson Jose	VEN	1982	70.85	168.0	2019-08-30	Lima	Peru
18	Dimas Vasquez, Rey Melchor	PAN	1986	71.15	168.0	2019-08-30	Lima	Peru
19	Apanasevich, Dmitrii	RUS	1987	70.94	163.0	2019-07-16	Nur-Sultan	Kazakhstan
20	Cattini, Matteo	ITA	1984	71.02	160.0	2019-02-10	Dubai	United Arab Emirates
21	Lis, Artur	POL	1985	71.10	160.0	2019-04-26	Eger	Hungary
22	Alzaabi, Saif	UAE	1979	68.04	155.0	2019-02-10	Dubai	United Arab Emirates
23	Oliveira, Raimundo	BRA	1969	69.40	155.0	2019-11-08	São Paulo	Brazil
24	Suarez Vargas, Yuniel	CUB	1990	71.50	155.0	2019-05-04	Lima	Peru
25	Kim, Gyuho	KOR	1981	70.43	153.0	2019-07-16	Nur-Sultan	Kazakhstan
26	Yusuf, Akeem	NGR	1976	69.46	152.0	2019-01-29	Lagos	Nigeria
27	Oku, Emmanuel Nii Tettey	GHA	1990	67.35	150.0	2019-01-29	Lagos	Nigeria
28	Abud Coronado, Jose Manuel	DOM	1974	69.55	150.0	2019-08-30	Lima	Peru
29	Saitoh, Nobuhiro	JPN	1967	71.53	147.0	2019-04-14	Kyoto	Japan
30	Petkevics, Aleksejs	LAT	1982	70.45	145.0	2019-04-26	Eger	Hungary
31	Oliveira Filho, Walter	BRA	1987	71.60	144.0	2019-11-08	São Paulo	Brazil

32	Assougane, Youssef	MAR	1973	70.95	143.0	2019-04-26	Eger	Hungary
33	Aguirre, Cristian	CHI	1973	71.50	143.0	2019-04-26	Eger	Hungary
34	Vallet, Pascal	FRA	1979	68.70	140.0	2019-03-30	Gonesse	France
35	Aly, Mohamed	EGY	2000	69.44	140.0	2019-02-10	Dubai	United Arab Emirates
36	Sedano Garcia, Rafael De Jesus	MEX	1988	70.75	140.0	2019-04-27	Mexico City	Mexico
37	Tanaka, Shogo	JPN	1985	71.40	138.0	2019-02-03	Tokyo	Japan
38	Laszlo, Istvan	HUN	1984	70.95	135.0	2019-04-26	Eger	Hungary
39	Coronel, Jose David	ARG	1986	71.85	133.0	2019-08-30	Lima	Peru
40	Vagenas, Athanasios	GRE	1999	67.80	132.0	2019-04-13	Thessaoloniki	Greece
41	Suzuki, Shoichi	JPN	1975	71.96	132.0	2019-04-14	Kyoto	Japan
42	Nigo, Muhamed	UGA	1978	70.92	130.0	2019-07-16	Nur-Sultan	Kazakhstan
43	Silva, Heleno Victor	BRA	1999	71.20	130.0	2019-09-14	São Paulo	Brazil
44	Copin, David	FRA	1984	65.60	127.0	2019-03-30	Gonesse	France
45	Zhunussov, Medet	KAZ	1983	67.95	127.0	2019-07-16	Nur-Sultan	Kazakhstan
46	Rebucci, Edgardo Andres	ARG	1986	69.10	127.0	2019-05-04	Lima	Peru
47	Tesoriero, Paul	AUS	1987	70.45	127.0	2019-02-03	Hawthorn, Victoria	Australia
48	Estrada Valentin, Joaquin	MEX	1988	70.35	126.0	2019-04-27	Mexico City	Mexico
49	Matyakubov, Sul-tonboy	UZB	2001	65.94	125.0	2019-07-12	Nur-Sultan	Kazakhstan
50	Daskov, Alexandr	KAZ	1987	67.42	125.0	2019-02-10	Dubai	United Arab Emirates
51	Stamatidis, Mikis	GRE	1987	71.47	121.0	2019-04-13	Thessaoloniki	Greece
52	Alderazi, Hasan	BRN	1976	71.63	120.0	2019-02-10	Dubai	United Arab Emirates
53	Gharsalla, Mosab	LBA	1990	71.50	118.0	2019-07-16	Nur-Sultan	Kazakhstan
54	Al-Behadili, Hayder	IRQ	2000	69.06	115.0	2019-07-16	Nur-Sultan	Kazakhstan
55	Siesquen Yluquis, Miguel Enrique	PER	1974	70.20	110.0	2019-08-30	Lima	Peru
56	Gonzalez-Poma, Luis	USA	1995	69.15	105.0	2019-08-30	Lima	Peru
57	Heness, Steven	AUS	1983	71.45	101.0	2019-02-03	Hawthorn, Victoria	Australia
58	Munguia, Randall	CRC	1981	71.20	100.0	2019-05-04	Lima	Peru
59	Kohut, Tomas	SVK	1989	71.50	97.0	2019-04-26	Eger	Hungary
60	Balgith, Tarek	KSA	1999	70.71	90.0	2019-07-12	Nur-Sultan	Kazakhstan
61	Simon, Daniel	HUN	2000	65.20	65.0	2019-04-26	Eger	Hungary

Men's Up to 80.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Rostami, Roohallah	IRI	1989	79.40	236.0	2019-07-16	Nur-Sultan	Kazakhstan
2	Gu, Xiaofei	CHN	1989	78.62	227.0	2019-07-16	Nur-Sultan	Kazakhstan
3	Ellefat, Mohamed	EGY	1979	79.15	225.0	2019-02-10	Dubai	United Arab Emirates
4	Moysiadis, Gkremislav	GRE	1978	76.56	195.0	2019-04-13	Thessaoloniki	Greece
5	Palomeque Palacios, Francisco Tulio	COL	1967	78.95	195.0	2019-08-31	Lima	Peru
6	Babynets, Yurii	UKR	1995	79.16	191.0	2019-07-16	Nur-Sultan	Kazakhstan
7	Kadiri, Wale	NGR	1978	73.33	190.0	2019-01-30	Lagos	Nigeria
8	Taiwo, Tolu-Lope	NGR	1986	79.12	190.0	2019-01-30	Lagos	Nigeria
9	Bento de Souza, Ailton	BRA	1985	79.50	189.0	2019-11-09	São Paulo	Brazil
10	Yule, Micky	GBR	1978	77.71	188.0	2019-02-10	Dubai	United Arab Emirates
11	Belov, Aleksandr	RUS	1991	79.65	187.0	2019-04-27	Eger	Hungary
12	Arredondo Luna, Porfirio Francisco	MEX	1971	76.20	186.0	2019-04-27	Mexico City	Mexico
13	Razm Azar, Ahmad	GEO	1992	75.93	183.0	2019-09-26	Tokyo	Japan
14	Issa, Shadi	SYR	1986	79.29	183.0	2019-07-16	Nur-Sultan	Kazakhstan
15	Kociubinski, Tomasz	POL	1981	79.76	183.0	2019-07-16	Nur-Sultan	Kazakhstan
16	Ujiro, Hajime	JPN	1973	78.63	179.0	2019-09-26	Tokyo	Japan
17	Mat Noh, Ma Hussein	MAS	1980	77.96	175.0	2019-07-16	Nur-Sultan	Kazakhstan
18	Szymeczek, Piotr	POL	1974	78.25	175.0	2019-04-27	Eger	Hungary
19	Avom Mbume, Julien	FRA	1995	77.50	171.0	2019-03-30	Gonesse	France
20	Makoube Moussima, Oscar Ernest	CMR	1981	78.37	171.0	2019-01-30	Lagos	Nigeria
21	Cattini, Matteo	ITA	1984	78.24	170.0	2019-09-26	Tokyo	Japan
22	Paz, Andre Luiz	BRA	1988	79.10	168.0	2019-11-09	São Paulo	Brazil
23	Austen, Ross John	GBR	1982	79.33	166.0	2019-07-16	Nur-Sultan	Kazakhstan
24	Khamrullayev, Nodarzhan	KAZ	1970	79.46	165.0	2019-07-16	Nur-Sultan	Kazakhstan
25	Rodriguez Vallejo, Jesus Manuel	DOM	1988	78.75	163.0	2019-08-31	Lima	Peru
26	Argymbaev, Maksat	KGZ	1985	78.77	163.0	2019-07-16	Nur-Sultan	Kazakhstan
27	Raiul, Denis	MDA	1992	79.10	163.0	2019-04-27	Eger	Hungary
28	Al-Tameemi, Hasan	IRQ	1977	72.60	162.0	2019-07-16	Nur-Sultan	Kazakhstan
29	Androun, Ziad	SYR	1986	77.65	162.0	2019-02-10	Dubai	United Arab Emirates
30	Kauppila, Harri	FIN	1979	79.43	162.0	2019-07-16	Nur-Sultan	Kazakhstan
31	Rahelu, Rajindersingh	IND	1973	76.15	161.0	2019-07-16	Nur-Sultan	Kazakhstan

32	Khamdam, Chinnaphop	THA	1993	76.45	160.0	2019-04-27	Eger	Hungary
33	Da Conceicao, Aparecido	BRA	1982	78.80	160.0	2019-04-13	Curitiba	Brazil
34	Wright, Ben	AUS	1987	79.58	159.0	2019-07-16	Nur-Sultan	Kazakhstan
35	Sato, Yoshitaka	JPN	1974	79.09	151.0	2019-04-14	Kyoto	Japan
36	Bolinger, Yegor	KAZ	1994	79.15	151.0	2019-02-10	Dubai	United Arab Emirates
37	Gordon, Matthew James	NZL	1990	79.85	151.0	2019-02-03	Hawthorn, Victoria	Australia
38	Stadler, Tamas	HUN	1992	78.10	150.0	2019-04-27	Eger	Hungary
39	Suhlul, Abdulaziz	KSA	1992	75.90	147.0	2019-07-16	Nur-Sultan	Kazakhstan
40	Tanaka, Shogo	JPN	1985	74.61	145.0	2019-04-14	Kyoto	Japan
41	Dzanku, Harrison	GHA	1982	78.54	145.0	2019-01-30	Lagos	Nigeria
42	Reveco Caravel, Matias Antonio	CHI	1996	79.80	143.0	2019-12-01	Santiago	Chile
43	Kanaya, Akihisa	JPN	1990	76.90	141.0	2019-02-03	Tokyo	Japan
44	Fica, Amaro	CHI	1993	74.05	140.0	2019-05-05	Lima	Peru
45	Rahimi, Mohammad Fahim	AFG	1980	78.30	140.0	2019-02-10	Dubai	United Arab Emirates
46	Choi, Jin Geun	KOR	1982	79.75	140.0	2019-02-10	Dubai	United Arab Emirates
47	Mendoza Gonzalez, Victoriano	PAN	1984	79.90	138.0	2019-08-31	Lima	Peru
48	Castro, Sebastian	CHI	1987	74.00	137.0	2019-08-31	Lima	Peru
49	Vagenas, Athanasios	GRE	1999	72.86	130.0	2019-07-12	Nur-Sultan	Kazakhstan
50	Gansukh, Gan-Erdene	MGL	1976	78.12	125.0	2019-07-16	Nur-Sultan	Kazakhstan
51	Ramirez Miramontes, Juan Antonio	MEX	2000	78.15	122.0	2019-07-16	Nur-Sultan	Kazakhstan
52	de Freitas, Vinicius	BRA	1999	79.40	121.0	2019-04-13	Curitiba	Brazil
53	Ranga, Arun	IND	1993	79.50	121.0	2019-07-16	Nur-Sultan	Kazakhstan
54	Mejia Rodriguez, Carlos Alberto	MEX	1994	75.05	120.0	2019-04-27	Mexico City	Mexico
55	Diaz, Gabriel	HON	1976	77.30	118.0	2019-08-31	Lima	Peru
56	Puskov, Anton	BUL	1974	78.40	118.0	2019-04-27	Eger	Hungary
57	Jancso, Tamas	HUN	1985	79.00	113.0	2019-04-27	Eger	Hungary
58	Astudillo Rozas, Jonathan Guillermo	CHI	1992	78.00	105.0	2019-12-01	Santiago	Chile
59	Santos, Gabriel	BRA	2000	74.20	100.0	2019-11-09	São Paulo	Brazil
60	Lopez Mata, Jose Luis	CRC	1987	79.50	100.0	2019-05-05	Lima	Peru
61	Hamad Alhammadi, Hamad	UAE	1996	79.72	95.0	2019-02-10	Dubai	United Arab Emirates
62	Riquelme Leal, Camilo Esteban	CHI	1991	78.30	90.0	2019-12-01	Santiago	Chile
63	O'Farrell, Marc	AUS	1988	77.13	86.0	2019-07-16	Nur-Sultan	Kazakhstan
64	Cofresi, Herbalbert Emil	PUR	1988	75.65	80.0	2019-05-05	Lima	Peru

65	Jaikla, Wuttipong	THA	1984	77.45	80.0	2019-04-27	Eger	Hungary
66	Garcia Gonzalez, Ronald Guillermo	ECU	1984	75.10	75.0	2019-05-05	Lima	Peru

Men's Up to 88.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Ye, Jixiong	CHN	1993	85.52	228.0	2019-07-17	Nur-Sultan	Kazakhstan
2	Abdelhady, Hany	EGY	1980	87.27	216.0	2019-07-17	Nur-Sultan	Kazakhstan
3	Khattab, Abdelkareem Mohmmad Ahmad	JOR	1991	83.68	213.0	2019-07-17	Nur-Sultan	Kazakhstan
4	Dzhamalov, Magomed	RUS	1994	87.13	211.0	2019-07-17	Nur-Sultan	Kazakhstan
5	Drake Vega, Oniger Jesus	CUB	1972	87.12	208.0	2019-07-17	Nur-Sultan	Kazakhstan
6	Sudhir	IND	1994	86.39	206.0	2019-07-17	Nur-Sultan	Kazakhstan
7	Cantillo Gvette, Jainer Rafael	COL	1975	83.91	204.0	2019-07-17	Nur-Sultan	Kazakhstan
8	Umirzakov, Farhod	UZB	1996	87.45	203.0	2019-07-17	Nur-Sultan	Kazakhstan
9	Da Silva, Evanio	BRA	1984	85.10	201.0	2019-08-31	Lima	Peru
10	Odo, Hideki	JPN	1974	84.60	197.0	2019-04-14	Kyoto	Japan
11	Latus, Wawrzyniec	POL	1981	86.65	197.0	2019-04-27	Eger	Hungary
12	Monday, Mathias	NGR	1985	84.53	190.0	2019-01-30	Lagos	Nigeria
13	Jegede, Opeyemi	NGR	1983	85.15	190.0	2019-01-30	Lagos	Nigeria
14	Arabat, Rafik	FRA	1990	87.46	190.0	2019-09-27	Tokyo	Japan
15	Varinder Singh, Varinder Singh	IND	1987	86.41	185.0	2019-07-17	Nur-Sultan	Kazakhstan
16	Rosca, Stefan	MDA	1990	87.59	185.0	2019-07-17	Nur-Sultan	Kazakhstan
17	El Ammari, Abderrahim	MAR	1976	85.10	180.0	2019-02-11	Dubai	United Arab Emirates
18	Da Conceicao, Aparecido	BRA	1982	85.40	178.0	2019-11-09	São Paulo	Brazil
19	Shanbih, Adel	UAE	1989	86.40	178.0	2019-09-19	Amman	Jordan
20	Watchou Kouokam, Sedic Rousset	HUN	1986	87.05	175.0	2019-02-11	Dubai	United Arab Emirates
21	Majewski, Tomasz	POL	1993	86.25	172.0	2019-04-27	Eger	Hungary
22	Androun, Ziad	SYR	1986	80.90	160.0	2019-09-19	Amman	Jordan
23	Boi, Anto	INA	1978	85.20	155.0	2019-07-17	Nur-Sultan	Kazakhstan
24	Albaebaa, Abdulrazziq	LBA	1974	85.34	155.0	2019-07-17	Nur-Sultan	Kazakhstan
25	Uremov, Dovletyar	TKM	1984	86.73	155.0	2019-02-11	Dubai	United Arab Emirates
26	Singh, Joginder	IND	1986	84.08	153.0	2019-02-11	Dubai	United Arab Emirates
27	Tahri, Abdellah	MAR	1992	87.25	152.0	2019-04-27	Eger	Hungary

28	Hawsawi, Saeed	KSA	1991	85.33	148.0	2019-07-17	Nur-Sultan	Kazakhstan
29	Ishihara, Masaharu	JPN	1972	86.56	147.0	2019-04-14	Kyoto	Japan
30	Hussien, Mohamed	EGY	1999	85.15	145.0	2019-02-11	Dubai	United Arab Emirates
31	Al-Kaabi, Abdullah	IRQ	2002	86.02	142.0	2019-07-17	Nur-Sultan	Kazakhstan
32	Matamala, Marcos	CHI	1986	87.30	140.0	2019-12-01	Santiago	Chile
33	de Freitas, Vinicius	BRA	1999	86.60	130.0	2019-11-09	São Paulo	Brazil
34	Santos, Joao Pedro	BRA	2000	86.59	121.0	2019-02-11	Dubai	United Arab Emirates
35	Haemawan, Chaichet	THA	1998	86.38	120.0	2019-07-17	Nur-Sultan	Kazakhstan
36	Ramirez Guzman, Alberto Isael	MEX	1999	82.65	95.0	2019-04-27	Mexico City	Mexico
37	Cruz Mendes, Steven Jose	ECU	1993	86.85	75.0	2019-05-05	Lima	Peru

Men's Up to 97.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Solhipouravanji, Seyedhamed	IRI	1989	95.47	235.0	2019-07-18	Nur-Sultan	Kazakhstan
2	Yan, Panpan	CHN	1990	94.96	227.0	2019-07-18	Nur-Sultan	Kazakhstan
3	Torres, Fabio	COL	1976	95.96	225.0	2019-07-18	Nur-Sultan	Kazakhstan
4	Aljuneidi, Mutaz Zakaria Daoud	JOR	1976	96.02	225.0	2019-07-18	Nur-Sultan	Kazakhstan
5	Milenkovic, Petar	SRB	1984	95.15	223.0	2019-07-18	Nur-Sultan	Kazakhstan
6	Al-Ali, Thaer	IRQ	1976	94.89	222.0	2019-09-20	Amman	Jordan
7	Cai, Huichao	CHN	1983	95.17	222.0	2019-07-18	Nur-Sultan	Kazakhstan
8	Khalaf, Mohammed Khamis	UAE	1969	91.69	220.0	2019-02-11	Dubai	United Arab Emirates
9	Ibrahim, Abdulazeez	NGR	1978	94.11	220.0	2019-07-18	Nur-Sultan	Kazakhstan
10	Ahmed, Mohamed	EGY	1982	94.88	216.0	2019-07-18	Nur-Sultan	Kazakhstan
11	Jong, Yee Khie	MAS	1988	95.38	215.0	2019-07-18	Nur-Sultan	Kazakhstan
12	Babajanov, Nurlan	AZE	1992	95.49	198.0	2019-07-18	Nur-Sultan	Kazakhstan
13	Da Silva, Evanio	BRA	1984	88.10	196.0	2019-04-13	Curitiba	Brazil
14	Davlatov, Nuriddin	UZB	1989	95.31	196.0	2019-02-11	Dubai	United Arab Emirates
15	Shmorgun, Igor	RUS	1983	95.61	196.0	2019-07-18	Nur-Sultan	Kazakhstan
16	Samovik, Andrei	RUS	1996	96.35	195.0	2019-04-27	Eger	Hungary
17	Priambodo, Atmaji	INA	1980	93.49	193.0	2019-07-18	Nur-Sultan	Kazakhstan
18	Shafik, Ahmed	USA	1973	91.60	192.0	2019-08-31	Lima	Peru
19	Marques, Rodrigo	BRA	1985	92.10	192.0	2019-08-31	Lima	Peru

20	Nuhu, Emmanuel	NGR	1975	92.93	192.0	2019-01-30	Lagos	Nigeria
21	Varinder Singh, Varinder Singh	IND	1987	88.82	183.0	2019-02-11	Dubai	United Arab Emirates
22	Saparov, Bayram	TKM	1972	89.97	180.0	2019-07-18	Nur-Sultan	Kazakhstan
23	Dankers, Patrique	NED	1976	92.29	180.0	2019-07-18	Nur-Sultan	Kazakhstan
24	Kupriianov, Yurii	UKR	1982	93.84	180.0	2019-07-18	Nur-Sultan	Kazakhstan
25	Yrigoyen Veliz, Robert Alberto	VEN	1979	94.55	180.0	2019-08-31	Lima	Peru
26	Abuarar, Mohammad	JOR	1996	95.16	175.0	2019-09-20	Amman	Jordan
27	Feliu, Frank	CHI	1981	95.50	175.0	2019-08-31	Lima	Peru
28	Kamchybekov, Adilet	KGZ	1992	96.42	170.0	2019-02-11	Dubai	United Arab Emirates
29	Da Silva, Vitor Afonso	BRA	1997	96.30	166.0	2019-04-13	Curitiba	Brazil
30	Gareca, Lucas Ezequiel	ARG	1995	96.05	165.0	2019-08-31	Lima	Peru
31	Majima, Makoto	JPN	1971	95.70	160.0	2019-02-03	Tokyo	Japan
32	Sato, Kazuhito	JPN	1980	94.50	155.0	2019-04-14	Kyoto	Japan
33	Minamide, Yu	JPN	1985	94.08	150.0	2019-09-27	Tokyo	Japan
34	Nadesan, Kalai Vanen	SGP	1959	96.44	150.0	2019-07-18	Nur-Sultan	Kazakhstan
35	Singh, Joginder	IND	1986	90.09	148.0	2019-07-18	Nur-Sultan	Kazakhstan
36	Alhammad, Khaled	UAE	1992	96.05	145.0	2019-04-27	Eger	Hungary
37	Baos, Anastasios	GRE	1986	96.85	145.0	2019-04-13	Thessaoloniki	Greece
38	Santos, Joao Pedro	BRA	2000	94.40	138.0	2019-11-09	São Paulo	Brazil
39	Ahmed, Rashed Hassan	UAE	1980	93.78	100.0	2019-07-18	Nur-Sultan	Kazakhstan
40	Abdulaziz Rahmatalla, Saud	UAE	2001	90.77	60.0	2019-02-11	Dubai	United Arab Emirates

Men's Up to 107.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Enkhbayar, Sodnompiljee	MGL	1985	105.15	247.0	2019-07-18	Nur-Sultan	Kazakhstan
2	Gharibshahi, Aliakbar	IRI	1982	106.12	240.0	2019-07-18	Nur-Sultan	Kazakhstan
3	Castillo Castillo, Jose De Jesus	MEX	1984	103.54	235.0	2019-07-18	Nur-Sultan	Kazakhstan
4	Razi, Saman	IRI	1986	104.43	230.0	2019-07-18	Nur-Sultan	Kazakhstan
5	Huseynov, Elshan	AZE	1977	104.45	225.0	2019-04-28	Eger	Hungary
6	Torres, Fabio	COL	1976	97.80	220.0	2019-08-31	Lima	Peru
7	Matsnev, Konstantin	RUS	1972	105.56	220.0	2019-07-18	Nur-Sultan	Kazakhstan
8	Davlatov, Nuriddin	UZB	1989	106.50	218.0	2019-07-18	Nur-Sultan	Kazakhstan

9	de Assis Silva, Mateus	BRA	1997	105.80	213.0	2019-11-09	São Paulo	Brazil
10	Aljuneidi, Mutaz Zakaria Daoud	JOR	1976	99.76	210.0	2019-09-20	Amman	Jordan
11	Jintcharadze, Akaki	GEO	1987	105.40	210.0	2019-07-18	Nur-Sultan	Kazakhstan
12	Orosbaev, Zhyrgalbek	KGZ	1993	106.57	206.0	2019-02-12	Dubai	United Arab Emirates
13	Naisan, Abbas	IRQ	1983	104.94	203.0	2019-02-12	Dubai	United Arab Emirates
14	Schrom, Jacob	USA	1988	102.78	202.0	2019-09-27	Tokyo	Japan
15	Nakatsuji, Katsuhito	JPN	1969	104.77	202.0	2019-07-18	Nur-Sultan	Kazakhstan
16	Emwiobaiwi, Uhunoma	NGR	1995	105.50	202.0	2019-01-30	Lagos	Nigeria
17	Alblooshi, Ahmed Khamis	UAE	1974	105.95	198.0	2019-04-28	Eger	Hungary
18	Md Saad, Mohd Shahmil	MAS	1986	104.55	191.0	2019-04-28	Eger	Hungary
19	Gorgodze, Iago	GEO	1976	106.40	185.0	2019-04-28	Eger	Hungary
20	Salwa, Michal	POL	1988	104.63	182.0	2019-07-18	Nur-Sultan	Kazakhstan
21	Jung, Sung Yun	KOR	1983	97.26	180.0	2019-09-27	Tokyo	Japan
22	Chaudhary, Sachin	IND	1983	99.26	180.0	2019-07-18	Nur-Sultan	Kazakhstan
23	Abuarar, Mohammad	JOR	1996	100.51	178.0	2019-07-18	Nur-Sultan	Kazakhstan
24	Al-Fadhli, Mustafa	IRQ	2000	103.00	173.0	2019-09-20	Amman	Jordan
25	Marques de Moura, Marcelo	BRA	1977	98.40	171.0	2019-11-09	São Paulo	Brazil
26	Alves Da Silva, Sandro	BRA	1979	104.10	167.0	2019-04-14	Curitiba	Brazil
27	Majima, Makoto	JPN	1971	97.51	165.0	2019-04-14	Kyoto	Japan
28	Da Silva, Vitor Afonso	BRA	1997	99.50	160.0	2019-09-13	São Paulo	Brazil
29	Mengziyaev, Nuriddin	UZB	1998	105.55	160.0	2019-02-12	Dubai	United Arab Emirates
30	Tongsang, Prakit	THA	1984	99.15	145.0	2019-04-28	Eger	Hungary
31	Moon, Youngbae	KOR	1983	106.66	145.0	2019-07-18	Nur-Sultan	Kazakhstan

Men's Over 107.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Rahman, Siamand	IRI	1988	200.00	265.0	2019-07-19	Nur-Sultan	Kazakhstan
2	Elshebli, Jamil	JOR	1979	131.80	243.0	2019-09-20	Amman	Jordan
3	Al-Ageeli, Faris	IRQ	1974	121.10	236.0	2019-09-20	Amman	Jordan
4	Pourmirzaei, Mansour	IRI	1980	154.44	236.0	2019-07-19	Nur-Sultan	Kazakhstan
5	Dimou, Konstantinos	GRE	1981	145.00	235.0	2019-04-13	Thessaoloniki	Greece
6	Martin, Antonio Deandre	USA	1989	171.98	227.0	2019-07-19	Nur-Sultan	Kazakhstan

7	Filatov, Petr	RUS	1988	170.63	225.0	2019-07-19	Nur-Sultan	Kazakhstan
8	Chun, Keun Bae	KOR	1978	151.83	221.0	2019-09-27	Tokyo	Japan
9	Castaneda Velasquez, Jhon Freddy	COL	1980	126.10	220.0	2019-08-31	Lima	Peru
10	Aslanov, Shamo	AZE	1983	143.15	215.0	2019-04-28	Eger	Hungary
11	Al Najim, Khalid	KSA	1984	157.70	215.0	2019-04-28	Eger	Hungary
12	Jintcharadze, Akaki	GEO	1987	107.50	208.0	2019-04-28	Eger	Hungary
13	Khuazhev, Iurii	RUS	1970	126.13	205.0	2019-07-19	Nur-Sultan	Kazakhstan
14	Gorgodze, Iago	GEO	1976	111.01	200.0	2019-09-27	Tokyo	Japan
15	Chud, Giliard Donizetti	BRA	1984	107.20	195.0	2019-04-14	Curitiba	Brazil
16	Lange, Dawid	POL	1988	156.45	190.0	2019-04-28	Eger	Hungary
17	Porteiro, Christian Divino	BRA	1977	125.20	187.0	2019-11-09	São Paulo	Brazil
18	Aligekwe, Obioma	NGR	1978	111.52	182.0	2019-01-30	Lagos	Nigeria
19	Kamzik, Marek	SVK	1974	126.64	182.0	2019-07-19	Nur-Sultan	Kazakhstan
20	Alves Da Silva, Sandro	BRA	1979	107.10	175.0	2019-09-15	São Paulo	Brazil
21	Kamchybekov, Adilet	KGZ	1992	109.76	175.0	2019-09-27	Tokyo	Japan
22	Ekpenyong, Ini	NGR	1983	107.10	171.0	2019-01-30	Lagos	Nigeria
23	Melendez Made, Miguel Angel	MEX	1984	127.85	171.0	2019-08-31	Lima	Peru
24	Correa Correa, Carlos Augusto	ESP	1974	112.00	160.0	2019-04-28	Eger	Hungary
25	Haruna, Tahiru	GHA	1993	122.28	160.0	2019-01-30	Lagos	Nigeria
26	Al-Jber, Hussein	IRQ	2000	119.29	155.0	2019-07-19	Nur-Sultan	Kazakhstan
27	Matsuzaki, Yasuharu	JPN	1999	132.64	153.0	2019-04-14	Kyoto	Japan
28	Watson, Rod	AUS	1981	98.35	141.0	2019-02-03	Hawthorn, Victoria	Australia
29	Latsabidze, Giorgi	GEO	1987	120.30	130.0	2019-04-28	Eger	Hungary
30	Gamo, Modou	GAM	1986	107.19	120.0	2019-07-19	Nur-Sultan	Kazakhstan
31	Kedzia, Wiktor	POL	2001	127.51	115.0	2019-07-12	Nur-Sultan	Kazakhstan
32	Almazrouei, Mohamed	UAE	1986	124.85	108.0	2019-02-12	Dubai	United Arab Emirates

Women's Up to 41.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Cui, Zhe	CHN	1986	40.42	101.0	2019-07-13	Nur-Sultan	Kazakhstan
2	Nworgu, Esther	NGR	2002	39.74	95.0	2019-01-28	Lagos	Nigeria
3	Li, Jinyun	CHN	1991	40.19	92.0	2019-07-13	Nur-Sultan	Kazakhstan

4	Widiasih, Ni Nengah	INA	1992	39.85	91.0	2019-04-25	Eger	Hungary
5	Baddour, Noura	SYR	1984	37.48	90.0	2019-07-13	Nur-Sultan	Kazakhstan
6	Rodriguez Rodriguez, Leidy	CUB	1983	40.50	90.0	2019-08-29	Lima	Peru
7	Ramadan, Nawal	EGY	1992	40.50	87.0	2019-07-13	Nur-Sultan	Kazakhstan
8	Khatun, Sakina	IND	1989	40.22	86.0	2019-09-26	Tokyo	Japan
9	Ihuoma, Lucy	NGR	1998	38.23	85.0	2019-01-28	Lagos	Nigeria
10	Poblador Granados, Cristina	COL	1995	37.80	83.0	2019-04-05	Bogota	Colombia
11	Fuentes Monasterio, Clara Sarahy	VEN	1997	40.55	83.0	2019-08-29	Lima	Peru
12	Vorontsova, Yuliia	RUS	1996	40.12	82.0	2019-07-13	Nur-Sultan	Kazakhstan
13	de Lima, Lara Aparecida	BRA	2003	38.55	81.0	2019-08-29	Lima	Peru
14	Guerioua, Samira	ALG	1984	40.00	81.0	2019-07-13	Nur-Sultan	Kazakhstan
15	Manpreet Kaur	IND	1987	40.14	76.0	2019-07-13	Nur-Sultan	Kazakhstan
16	Newson, Zoe	GBR	1992	40.98	75.0	2019-07-13	Nur-Sultan	Kazakhstan
17	Kouadio, Akissi Michelle	CIV	1979	39.64	68.0	2019-07-13	Nur-Sultan	Kazakhstan
18	Petrusseva, Yuliya	KAZ	1976	39.94	63.0	2019-07-13	Nur-Sultan	Kazakhstan
19	Kabyl, Tursynay	KAZ	2000	40.87	63.0	2019-07-13	Nur-Sultan	Kazakhstan
20	Sipaseuth, Latsami	LAO	1984	39.59	61.0	2019-09-26	Tokyo	Japan
21	Lamia, Adra	ALG	1986	39.90	61.0	2019-02-08	Dubai	United Arab Emirates
22	Tokar, Kseniia	UKR	2001	39.21	60.0	2019-07-12	Nur-Sultan	Kazakhstan
23	Szram, Monika	POL	1995	38.70	57.0	2019-04-25	Eger	Hungary
24	Naruke, Miwa	JPN	1969	40.63	55.0	2019-07-13	Nur-Sultan	Kazakhstan
25	Kobylynska, Daria	UKR	2004	39.40	52.0	2019-02-08	Dubai	United Arab Emirates
26	Engelhardt, Katalin	HUN	1971	39.90	52.0	2019-07-13	Nur-Sultan	Kazakhstan
27	Akhanova, Anara	KAZ	1996	40.10	45.0	2019-04-25	Eger	Hungary
28	Dyussebayeva, Roza	KAZ	1983	40.15	45.0	2019-04-25	Eger	Hungary

Women's Up to 45.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Guo, Lingling	CHN	1989	44.30	118.0	2019-07-13	Nur-Sultan	Kazakhstan
2	Muratli, Nazmiye	TUR	1979	44.57	116.0	2019-07-13	Nur-Sultan	Kazakhstan
3	Tijani, Latifat	NGR	1981	43.59	105.0	2019-07-13	Nur-Sultan	Kazakhstan
4	Kozdryk, Justyna	POL	1980	43.41	98.0	2019-07-13	Nur-Sultan	Kazakhstan

5	Chen, Meijiao	CHN	1989	41.24	95.0	2019-07-13	Nur-Sultan	Kazakhstan
6	Kopiika, Maryna	UKR	1991	42.72	95.0	2019-07-13	Nur-Sultan	Kazakhstan
7	Abokin, Loveth	NGR	2000	42.75	93.0	2019-01-28	Lagos	Nigeria
8	Ajiboye, Rukayat	NGR	2000	42.97	93.0	2019-01-28	Lagos	Nigeria
9	Nghamsi Fotie, Mimosette	CMR	1977	44.00	92.0	2019-03-30	Gonesse	France
10	Rizonaide Da Silva, Maria	BRA	1982	45.00	87.0	2019-11-08	São Paulo	Brazil
11	Berieva, Larisa	RUS	1982	44.30	81.0	2019-07-13	Nur-Sultan	Kazakhstan
12	Onyebueke, Chinonso	NGR	2002	44.24	80.0	2019-01-28	Lagos	Nigeria
13	Hernandez Godinez, Mayra Alejandra	MEX	1990	44.44	80.0	2019-07-13	Nur-Sultan	Kazakhstan
14	Cerero Gabriel, Laura	MEX	1967	44.00	77.0	2019-04-27	Mexico City	Mexico
15	Murasheva, Iuliia	RUS	1970	44.41	77.0	2019-07-13	Nur-Sultan	Kazakhstan
16	Kurmanbayeva, Gulim	KAZ	1988	44.20	75.0	2019-07-13	Nur-Sultan	Kazakhstan
17	Teran Velazquez, Oriana Del Carmen	VEN	1998	44.83	70.0	2019-07-13	Nur-Sultan	Kazakhstan
18	Nur Aini Bte Mohamad Yasli	SGP	1992	44.04	65.0	2019-07-13	Nur-Sultan	Kazakhstan
19	Solodukhina, Alina	KAZ	1994	44.16	65.0	2019-07-13	Nur-Sultan	Kazakhstan
20	Shin, Yunki	KOR	1968	44.50	65.0	2019-07-13	Nur-Sultan	Kazakhstan
21	Maciel, Lourdes	ARG	1996	42.25	60.0	2019-08-29	Lima	Peru
22	Kobayashi, Hiromi	JPN	1969	42.63	59.0	2019-04-13	Kyoto	Japan
23	Kabyl, Tursynay	KAZ	2000	42.45	57.0	2019-07-12	Nur-Sultan	Kazakhstan
24	Scholl, Kaia	AUS	1993	43.23	56.0	2019-07-13	Nur-Sultan	Kazakhstan
25	Engelhardt, Katalin	HUN	1971	41.15	50.0	2019-04-25	Eger	Hungary
26	Eugenio Marquez, Micaela	MEX	1993	44.20	50.0	2019-04-27	Mexico City	Mexico
27	Dyussebayeva, Roza	KAZ	1983	42.80	49.0	2019-02-09	Dubai	United Arab Emirates
28	Akanova, Sandugash	KAZ	2001	41.78	45.0	2019-07-12	Nur-Sultan	Kazakhstan

Women's Up to 50.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Ahmed, Rehab	EGY	1991	49.00	117.0	2019-02-09	Dubai	United Arab Emirates
2	Hu, Dandan	CHN	1989	48.95	113.0	2019-07-14	Nur-Sultan	Kazakhstan
3	Soloviova, Lidiia	UKR	1978	49.03	111.0	2019-07-14	Nur-Sultan	Kazakhstan
4	Osewa, Oluwatoyosi	NGR	1990	48.28	105.0	2019-01-28	Lagos	Nigeria
5	Nnadi, Chidinma Ahmadu	NGR	1986	47.06	102.0	2019-01-28	Lagos	Nigeria

6	Dang, Thi Linh Phuong	VIE	1983	49.09	98.0	2019-07-14	Nur-Sultan	Kazakhstan
7	Mamadamirova, Anastasiia	RUS	1993	49.45	98.0	2019-07-14	Nur-Sultan	Kazakhstan
8	Broome, Olivia	GBR	2001	49.70	97.0	2019-06-09	Coventry	Great Britain
9	Zabala Ollero, Loida	ESP	1987	49.80	95.0	2019-07-14	Nur-Sultan	Kazakhstan
10	Santos de Oliveira, Maria Luzineide	BRA	1974	49.00	91.0	2019-11-08	São Paulo	Brazil
11	Beketova, Marina	RUS	1985	49.40	90.0	2019-04-25	Eger	Hungary
12	Hernandez Godinez, Mayra Alejandra	MEX	1990	45.95	83.0	2019-08-29	Lima	Peru
13	Lemtakhem, Halima	MAR	1983	49.22	80.0	2019-07-14	Nur-Sultan	Kazakhstan
14	Abdykhalykova, Gulbanu	KAZ	1972	49.29	80.0	2019-07-14	Nur-Sultan	Kazakhstan
15	Menye Meto, Suzanne	CMR	1987	46.88	76.0	2019-01-28	Lagos	Nigeria
16	Paredes Albor, Maria	MEX	1974	48.50	76.0	2019-04-27	Mexico City	Mexico
17	Bakare, Feyisetan	NGR	1989	46.45	75.0	2019-01-28	Lagos	Nigeria
18	Servajeau, Martine	FRA	1958	46.50	70.0	2019-03-30	Gonesse	France
19	Mezei, Katalin	HUN	1979	48.88	68.0	2019-07-14	Nur-Sultan	Kazakhstan
20	Nakajima, Akiko	JPN	1975	48.89	62.0	2019-09-26	Tokyo	Japan
21	Montes Viguera, Juanita Geraldine	MEX	1997	46.70	50.0	2019-04-27	Mexico City	Mexico
22	Vasquez Molina, Noemi	PER	1977	49.25	40.0	2019-08-29	Lima	Peru

Women's Up to 55.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Shevchuk, Mariana	UKR	1996	53.90	131.0	2019-02-09	Dubai	United Arab Emirates
2	Xiao, Cuijuan	CHN	1986	54.46	126.0	2019-07-15	Nur-Sultan	Kazakhstan
3	Podpalnaia, Tamara	RUS	1972	54.68	122.0	2019-07-15	Nur-Sultan	Kazakhstan
4	Perez Vazquez, Amalia	MEX	1973	54.65	120.0	2019-08-29	Lima	Peru
5	Kuzieva, Ruza	UZB	1994	51.46	110.0	2019-02-09	Dubai	United Arab Emirates
6	Duman, Besra	TUR	2001	54.17	110.0	2019-02-09	Dubai	United Arab Emirates
7	Campos, Camila	CHI	1995	54.54	106.0	2019-07-15	Nur-Sultan	Kazakhstan
8	Mark, Onyinyechi	NGR	2001	53.13	105.0	2019-01-28	Lagos	Nigeria
9	El Garraa, Najat	MAR	1982	54.83	103.0	2019-07-15	Nur-Sultan	Kazakhstan
10	Shi, Shanshan	CHN	1988	52.04	100.0	2019-07-15	Nur-Sultan	Kazakhstan
11	Omar, Omaima	EGY	1987	53.77	99.0	2019-07-15	Nur-Sultan	Kazakhstan
12	Chau, Hoang Tuyet Loan	VIE	1975	53.85	98.0	2019-07-15	Nur-Sultan	Kazakhstan

13	Silva Souza, Rene Belcassia	BRA	1989	53.80	89.0	2019-04-13	Curitiba	Brazil
14	Alzeyoudi, Mozah	UAE	1992	52.97	80.0	2019-09-18	Amman	Jordan
15	Alake, Ifeoluwa	NGR	2000	53.97	80.0	2019-01-28	Lagos	Nigeria
16	Kongmuang, Wandi	THA	1967	53.30	75.0	2019-02-09	Dubai	United Arab Emirates
17	Pilares de Andrade, Camila	BRA	1991	53.10	69.0	2019-11-08	São Paulo	Brazil
18	Ospina Bastidas, Estelia	VEN	1977	54.00	68.0	2019-08-29	Lima	Peru
19	Yamamoto, Eri	JPN	1983	54.39	63.0	2019-09-26	Tokyo	Japan
20	Castellanos Rodriguez, Fatima Jazmin	MEX	2001	54.70	63.0	2019-04-27	Mexico City	Mexico
21	Cieslinska, Marta	POL	1998	52.65	57.0	2019-04-25	Eger	Hungary
22	Tazhikenova, Zhanat	KAZ	1971	54.12	57.0	2019-07-15	Nur-Sultan	Kazakhstan
23	Nakamura, Hikari	JPN	1991	51.67	54.0	2019-04-13	Kyoto	Japan
24	Karumori, Aki	JPN	1972	53.68	51.0	2019-04-13	Kyoto	Japan
25	Gamidova, Natela	GEO	1977	53.39	47.0	2019-02-09	Dubai	United Arab Emirates
26	Alzeyoudi, Maryam	UAE	1995	52.35	45.0	2019-02-09	Dubai	United Arab Emirates

Women's Up to 61.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Ejike, Lucy	NGR	1977	60.23	132.0	2019-07-15	Nur-Sultan	Kazakhstan
2	Kuzieva, Ruza	UZB	1994	55.81	125.0	2019-07-15	Nur-Sultan	Kazakhstan
3	Toporkova, Rayisa	UKR	1986	60.46	123.0	2019-07-15	Nur-Sultan	Kazakhstan
4	Cui, Jianjin	CHN	1988	60.77	121.0	2019-07-15	Nur-Sultan	Kazakhstan
5	Kazantseva, Irina	RUS	1978	57.89	110.0	2019-07-15	Nur-Sultan	Kazakhstan
6	Korany, Fatma	EGY	2000	57.91	110.0	2019-02-10	Dubai	United Arab Emirates
7	Abdelaziz, Gihan	EGY	1974	59.30	109.0	2019-02-10	Dubai	United Arab Emirates
8	Ceylan Baydar, Yasemin	TUR	1987	59.11	105.0	2019-07-15	Nur-Sultan	Kazakhstan
9	Komo, Maria	NGR	1990	60.81	105.0	2019-01-29	Lagos	Nigeria
10	Aguilar Jimenez, Miriam Isela	MEX	1979	58.90	100.0	2019-08-30	Lima	Peru
11	Kondrashina, Anastasiia	RUS	1994	58.67	96.0	2019-07-15	Nur-Sultan	Kazakhstan
12	Alhasan, Fatema	SYR	1977	60.79	96.0	2019-07-15	Nur-Sultan	Kazakhstan
13	Vardanyan, Greta	ARM	1986	57.00	93.0	2019-07-15	Nur-Sultan	Kazakhstan
14	Santos, Terezinha	BRA	1971	60.10	93.0	2019-04-13	Curitiba	Brazil
15	Zavarayeva, Valentina	TKM	1987	58.37	90.0	2019-07-15	Nur-Sultan	Kazakhstan

16	Gomes, Naira	BRA	1969	57.20	88.0	2019-04-13	Curitiba	Brazil
17	Jeong, Youn Shil	KOR	1974	60.53	85.0	2019-07-15	Nur-Sultan	Kazakhstan
18	Lin, Ya-Hsuan	TPE	1976	60.29	84.0	2019-07-15	Nur-Sultan	Kazakhstan
19	Saidi, Naima	ALG	1980	59.76	82.0	2019-02-10	Dubai	United Arab Emirates
20	Kostka, Magdalena	POL	1993	60.55	76.0	2019-04-26	Eger	Hungary
21	Motnok, Hat	THA	1977	56.95	75.0	2019-07-15	Nur-Sultan	Kazakhstan
22	Anon, Somkhoun	THA	1977	57.40	75.0	2019-02-10	Dubai	United Arab Emirates
23	Hwang, Yuseon	KOR	1996	60.23	72.0	2019-07-15	Nur-Sultan	Kazakhstan
24	Oladele, Temitope	NGR	2000	55.67	70.0	2019-01-29	Lagos	Nigeria
25	Dore, Nicola	IRL	1988	56.52	68.0	2019-02-10	Dubai	United Arab Emirates
26	Pholto, Phikul	THA	1976	58.95	65.0	2019-07-15	Nur-Sultan	Kazakhstan
27	Al-Obaidi, Zahraa	IRQ	1998	59.00	65.0	2019-09-18	Amman	Jordan
28	Castellanos Rodriguez, Fatima Jazmin	MEX	2001	55.50	60.0	2019-07-15	Nur-Sultan	Kazakhstan
29	Tatsukawa, Takako	JPN	1976	59.42	58.0	2019-09-26	Tokyo	Japan
30	Mizue, Kanako	JPN	1987	59.98	58.0	2019-09-26	Tokyo	Japan
31	Gamidova, Natela	GEO	1977	57.27	50.0	2019-07-15	Nur-Sultan	Kazakhstan
32	Gonzalez Ochoa, America Guadalupe	MEX	1997	59.25	46.0	2019-04-27	Mexico City	Mexico
33	Sabashvili, Nino	GEO	1981	60.08	35.0	2019-02-10	Dubai	United Arab Emirates

Women's Up to 67.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Tan, Yujiao	CHN	1990	66.54	137.0	2019-07-17	Nur-Sultan	Kazakhstan
2	D'Andrea, Mariana	BRA	1998	66.10	128.0	2019-11-08	São Paulo	Brazil
3	Ibrahim, Olaitan	NGR	1986	63.84	127.0	2019-07-17	Nur-Sultan	Kazakhstan
4	Omar, Fatma	EGY	1973	64.41	121.0	2019-07-17	Nur-Sultan	Kazakhstan
5	Berieva, Kheda	RUS	1992	66.90	118.0	2019-07-17	Nur-Sultan	Kazakhstan
6	Shyrokolava, Tetyana	UKR	1979	62.77	117.0	2019-07-17	Nur-Sultan	Kazakhstan
7	Koishibayeva, Raushan	KAZ	1966	65.79	117.0	2019-07-17	Nur-Sultan	Kazakhstan
8	Kim, Hyeong Hui	KOR	1973	64.65	112.0	2019-07-17	Nur-Sultan	Kazakhstan
9	Fernandez Arango, Bertha Cecilia	COL	1978	65.70	105.0	2019-12-04	Cartagena	Colombia
10	Hafez, Iman	EGY	1980	66.30	102.0	2019-07-17	Nur-Sultan	Kazakhstan
11	Azu, Virginia	NGR	1989	64.76	100.0	2019-01-29	Lagos	Nigeria

12	Przywecka-Puziak, Paulina	POL	1991	64.04	98.0	2019-07-17	Nur-Sultan	Kazakhstan
13	Okenwa, Victoria	NGR	2001	62.79	90.0	2019-01-29	Lagos	Nigeria
14	Binane, Nezha	MAR	1969	62.62	85.0	2019-07-17	Nur-Sultan	Kazakhstan
15	Elias, Natali	SYR	1980	65.41	82.0	2019-02-10	Dubai	United Arab Emirates
16	Geeta	IND	1987	65.55	82.0	2019-07-17	Nur-Sultan	Kazakhstan
17	Anon, Somkhoun	THA	1977	61.01	75.0	2019-07-17	Nur-Sultan	Kazakhstan
18	Hwang, Yuseon	KOR	1996	65.48	75.0	2019-09-27	Tokyo	Japan
19	Silvestre, Viviane	BRA	1979	65.80	73.0	2019-11-08	São Paulo	Brazil
20	Antwi, Vida	GHA	1982	62.68	70.0	2019-01-29	Lagos	Nigeria
21	Baimukanova, Sandugash	KAZ	1975	66.28	66.0	2019-07-17	Nur-Sultan	Kazakhstan
22	Dore, Nicola	IRL	1988	61.81	65.0	2019-09-27	Tokyo	Japan
23	Munoz Rojas, Pamela Dominique	CHI	1989	64.40	65.0	2019-08-30	Lima	Peru
24	Bedford, Rebecca	GBR	1998	62.60	63.0	2019-06-09	Coventry	Great Britain
25	Franco Ponce, Maria Princesa	MEX	2002	62.17	60.0	2019-07-17	Nur-Sultan	Kazakhstan
26	Morisaki, Karin	JPN	2002	66.52	60.0	2019-09-27	Tokyo	Japan
27	Manns, Janel	AUS	1966	64.50	58.0	2019-02-03	Hawthorn, Victoria	Australia
28	Pipper, Jelena	EST	1976	66.14	58.0	2019-07-17	Nur-Sultan	Kazakhstan
29	Sabashvili, Nino	GEO	1981	62.05	40.0	2019-04-26	Eger	Hungary

Women's Up to 73.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Okpala, Paulina	NGR	1989	72.07	127.0	2019-01-29	Lagos	Nigeria
2	Han, Miaoyu	CHN	1988	72.66	126.0	2019-07-17	Nur-Sultan	Kazakhstan
3	Cam, Sibel	TUR	1990	71.94	124.0	2019-07-17	Nur-Sultan	Kazakhstan
4	Mahmoud, Amal	EGY	1978	67.42	123.0	2019-07-17	Nur-Sultan	Kazakhstan
5	Abougharbya, Rehab	EGY	1977	70.77	117.0	2019-07-17	Nur-Sultan	Kazakhstan
6	Oliinyk, Nataliia	UKR	1981	72.00	116.0	2019-07-17	Nur-Sultan	Kazakhstan
7	Almaruf, Kafila	NGR	1994	71.04	115.0	2019-01-29	Lagos	Nigeria
8	Soubane, Sanae	MAR	1978	72.39	113.0	2019-07-17	Nur-Sultan	Kazakhstan
9	Ghazouani, Souhad	FRA	1982	72.42	113.0	2019-09-27	Tokyo	Japan
10	Issa, Asma	JOR	1991	71.62	112.0	2019-02-10	Dubai	United Arab Emirates
11	Sycheva, Nadezhda	RUS	1988	71.92	112.0	2019-07-17	Nur-Sultan	Kazakhstan

12	Fernandez Arango, Bertha Cecilia	COL	1978	67.30	111.0	2019-08-30	Lima	Peru
13	Ortiz, Maria Antonieta	CHI	1982	72.20	109.0	2019-08-30	Lima	Peru
14	Arendse, Britney	IRL	1999	72.01	102.0	2019-07-17	Nur-Sultan	Kazakhstan
15	Alshikh, Rasha	SYR	1975	72.44	102.0	2019-07-17	Nur-Sultan	Kazakhstan
16	Purba, Nurtani	INA	1975	70.45	100.0	2019-07-17	Nur-Sultan	Kazakhstan
17	Sayar, Gamze	TUR	1997	68.58	97.0	2019-02-10	Dubai	United Arab Emirates
18	Faria Teixeira, Angela	BRA	1969	71.20	97.0	2019-11-09	São Paulo	Brazil
19	de Sousa, Amanda	BRA	1991	72.20	97.0	2019-11-09	São Paulo	Brazil
20	Sanchez Vera, Gladys	COL	1986	69.45	90.0	2019-04-06	Bogota	Colombia
21	Bootpo, Arawan	THA	1984	70.14	88.0	2019-07-17	Nur-Sultan	Kazakhstan
22	Jankowska, Beata	POL	1991	70.25	87.0	2019-04-27	Eger	Hungary
23	dos Reis, Fernanda	BRA	2000	70.90	83.0	2019-11-09	São Paulo	Brazil
24	Vincenti, Pauline	FRA	1989	67.40	80.0	2019-03-30	Gonesse	France
25	Marinenkova, Larisa	MDA	1969	72.35	80.0	2019-04-27	Eger	Hungary
26	Sakamoto, Chika	JPN	1982	72.17	72.0	2019-09-27	Tokyo	Japan
27	Silvestre, Viviane	BRA	1979	67.90	70.0	2019-09-13	São Paulo	Brazil
28	Izmaganbetova, Nazgul	KAZ	1981	72.34	66.0	2019-07-17	Nur-Sultan	Kazakhstan
29	Chaipidech, Rujapa	THA	1974	71.35	65.0	2019-04-27	Eger	Hungary
30	Oluwasola, Olorunwa	NGR	2001	69.82	62.0	2019-01-29	Lagos	Nigeria
31	Kim, Myeong Hee	KOR	1966	70.97	57.0	2019-02-10	Dubai	United Arab Emirates
32	Phatphang, Charuwan	THA	1996	70.95	55.0	2019-04-27	Eger	Hungary
33	Mahinya, Mariana	TAN	1975	71.42	45.0	2019-01-29	Lagos	Nigeria
34	Kinyero, Benadetha	TAN	1988	72.37	35.0	2019-01-29	Lagos	Nigeria

Women's Up to 79.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Omolayo, Bose	NGR	1989	78.19	142.0	2019-07-17	Nur-Sultan	Kazakhstan
2	Xu, Lili	CHN	1981	75.55	128.0	2019-07-17	Nur-Sultan	Kazakhstan
3	Ibeh, Blessing	NGR	2000	77.76	120.0	2019-01-30	Lagos	Nigeria
4	Issa, Asma	JOR	1991	76.46	119.0	2019-09-18	Amman	Jordan
5	Mahmudah, Siti	INA	1990	77.01	118.0	2019-07-17	Nur-Sultan	Kazakhstan
6	Hassan, Gehan	EGY	1972	76.54	116.0	2019-02-11	Dubai	United Arab Emirates

7	Ortiz, Maria Antonieta	CHI	1982	75.00	110.0	2019-11-30	Santiago	Chile
8	Ekeyeva, Mayagozel	TKM	1986	76.93	108.0	2019-07-17	Nur-Sultan	Kazakhstan
9	Serrano Guajardo, Marion Alejandra	CHI	1999	78.29	108.0	2019-07-17	Nur-Sultan	Kazakhstan
10	Ghazouani, Souhad	FRA	1982	74.40	107.0	2019-03-30	Gonesse	France
11	Araujo, Elizete	BRA	1975	78.00	106.0	2019-04-14	Curitiba	Brazil
12	Semenyuk, Lyubov	UKR	1959	76.92	105.0	2019-07-17	Nur-Sultan	Kazakhstan
13	Machekhina, Elena	RUS	1997	76.63	101.0	2019-07-17	Nur-Sultan	Kazakhstan
14	Al-Majidi, Hanan	IRQ	1990	78.06	100.0	2019-02-11	Dubai	United Arab Emirates
15	Jankowska, Beata	POL	1991	74.59	96.0	2019-07-17	Nur-Sultan	Kazakhstan
16	Mohammed Merar, Nacera	ALG	1986	74.68	96.0	2019-02-11	Dubai	United Arab Emirates
17	Marintseva, Galina	RUS	1982	75.32	96.0	2019-07-17	Nur-Sultan	Kazakhstan
18	Alnaqbi, Haifa	UAE	1981	76.68	92.0	2019-07-17	Nur-Sultan	Kazakhstan
19	Mengue, Thamar Gisele	CMR	1992	73.41	88.0	2019-01-30	Lagos	Nigeria
20	Marinenkova, Larisa	MDA	1969	74.34	83.0	2019-07-17	Nur-Sultan	Kazakhstan
21	Onyemachi, Chinwendu	NGR	2000	75.54	80.0	2019-01-30	Lagos	Nigeria
22	Al-Khafaji, Rusul	IRQ	1995	75.90	72.0	2019-09-18	Amman	Jordan
23	Baizhanova, Aigul	KAZ	1978	77.93	66.0	2019-07-17	Nur-Sultan	Kazakhstan
24	Alzeyoudi, Maryam	UAE	1996	75.66	65.0	2019-02-11	Dubai	United Arab Emirates
25	Pavitsou, Christina	GRE	1986	76.61	65.0	2019-02-11	Dubai	United Arab Emirates
26	Sanders, Lauren	GBR	1986	76.60	47.0	2019-06-09	Coventry	Great Britain
27	Keita, Mamaissata	GUI	1995	77.55	35.0	2019-01-30	Lagos	Nigeria

Women's Up to 86.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Oluwafemiayo, Folashade	NGR	1985	85.62	150.0	2019-07-18	Nur-Sultan	Kazakhstan
2	Zheng, Feifei	CHN	1996	82.16	147.0	2019-07-18	Nur-Sultan	Kazakhstan
3	Muratova, Vera	RUS	1980	83.15	143.0	2019-07-18	Nur-Sultan	Kazakhstan
4	Li, Fengmei	CHN	1974	85.24	139.0	2019-07-18	Nur-Sultan	Kazakhstan
5	Ali, Amany	EGY	1976	84.15	131.0	2019-07-18	Nur-Sultan	Kazakhstan
6	Akpan, Esther	NGR	1985	82.01	130.0	2019-01-30	Lagos	Nigeria
7	Alhajaj, Tharwh Tayseer Hamdan	JOR	1973	84.42	127.0	2019-07-18	Nur-Sultan	Kazakhstan
8	Sugden, Louise	GBR	1984	84.11	122.0	2019-09-27	Tokyo	Japan

9	Medeiros, Tayana	BRA	1993	85.40	122.0	2019-11-09	São Paulo	Brazil
10	Al-Majidi, Hanan	IRQ	1990	80.61	113.0	2019-07-18	Nur-Sultan	Kazakhstan
11	Lee, Youngsun	KOR	1967	83.81	113.0	2019-07-18	Nur-Sultan	Kazakhstan
12	Ali, Huda	IRQ	1977	84.46	110.0	2019-09-18	Amman	Jordan
13	Kumeyko, Alina	UKR	1997	84.55	110.0	2019-07-18	Nur-Sultan	Kazakhstan
14	Menezes, Marcia Cristina	BRA	1967	85.40	104.0	2019-08-31	Lima	Peru
15	Diaz Vilchis, Catalina	MEX	1964	85.70	100.0	2019-08-31	Lima	Peru
16	Lingyte, Karolina	LTU	1989	85.45	95.0	2019-07-18	Nur-Sultan	Kazakhstan
17	Miranda Orantes, Claudia Magaly	MEX	1978	79.20	86.0	2019-04-27	Mexico City	Mexico
18	de Oliveira, Maria Rita	BRA	1999	84.00	84.0	2019-11-09	São Paulo	Brazil
19	Zhakupova, Lyazzat	KAZ	1975	83.52	82.0	2019-07-18	Nur-Sultan	Kazakhstan
20	Montero Escalona, Macarena Paz	CHI	1998	79.30	80.0	2019-11-30	Santiago	Chile

Women's Over 86.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Deng, Xuemei	CHN	1991	109.71	151.0	2019-07-19	Nur-Sultan	Kazakhstan
2	Obiji, Loveline	NGR	1990	100.61	150.0	2019-07-19	Nur-Sultan	Kazakhstan
3	Mahmoud, Randa	EGY	1987	90.32	143.0	2019-07-19	Nur-Sultan	Kazakhstan
4	Orji, Josephine	NGR	1979	126.91	143.0	2019-07-19	Nur-Sultan	Kazakhstan
5	Ali, Nadia	EGY	1974	108.79	138.0	2019-07-19	Nur-Sultan	Kazakhstan
6	Zieba, Marzena	POL	1990	110.58	137.0	2019-07-19	Nur-Sultan	Kazakhstan
7	Barcenas Ponce de Leon, Perla Patricia	MEX	1971	96.88	136.0	2019-07-19	Nur-Sultan	Kazakhstan
8	Sriyanti	INA	1985	104.41	125.0	2019-07-19	Nur-Sultan	Kazakhstan
9	Shestakova, Vasilina	RUS	1983	108.41	125.0	2019-07-19	Nur-Sultan	Kazakhstan
10	Alhajaj, Tharwh Tayseer Hamdan	JOR	1973	120.00	125.0	2019-09-18	Amman	Jordan
11	Sadovnikova, Irina	RUS	1982	122.53	125.0	2019-07-19	Nur-Sultan	Kazakhstan
12	Katsman, Polina	ISR	1966	107.91	120.0	2019-07-19	Nur-Sultan	Kazakhstan
13	Lee, Hyunjung	KOR	1986	108.13	113.0	2019-09-27	Tokyo	Japan
14	Lira Partida, Maria Del Socorro	MEX	1976	113.55	110.0	2019-08-31	Lima	Peru
15	Menezes, Marcia Cristina	BRA	1967	88.90	108.0	2019-11-09	São Paulo	Brazil
16	Ali, Huda	IRQ	1977	116.52	108.0	2019-07-19	Nur-Sultan	Kazakhstan
17	Dyce, Ashley	USA	1987	120.61	105.0	2019-07-19	Nur-Sultan	Kazakhstan

18	Primak, Zarina	KAZ	1980	96.00	62.0	2019-07-19	Nur-Sultan	Kazakhstan
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Mixed Team Event

Rank	Team	NPC	AH Points	Date	City	Country
1	Osman, Sherif / Elelfat, Mohamed / Ahmed, Rehab	EGY	495.00	2019-07-20	Nur-Sultan	Kazakhstan
2	Carra, Bruno / Da Silva, Evanio / D'Andrea, Mariana	BRA	431.00	2019-07-20	Nur-Sultan	Kazakhstan
3	Soloviova, Lidiia / Babynets, Yurii / Panasiuk, Kostiantyn	UKR	416.00	2019-07-20	Nur-Sultan	Kazakhstan
4	Khamayev, Rakhmetzhan / Koishibayeva, Raushan / Degtyarev, David	KAZ	402.00	2019-07-20	Nur-Sultan	Kazakhstan
5	de Assis Silva, Mateus / Franca Junior, Joao Maria / Medeiros, Tayana	BRA	393.00	2019-07-20	Nur-Sultan	Kazakhstan
6	Al-Ageeli, Faris / Mohsin, Rasool / Al-Majidi, Hanan	IRQ	391.00	2019-07-20	Nur-Sultan	Kazakhstan
7	Kopiika, Maryna / Kupriianov, Yurii / Nekrotiuk, Boryslav	UKR	365.00	2019-07-20	Nur-Sultan	Kazakhstan
8	Buimov, Zakhar / Kabyl, Tursynay / Ten, Maxim	KAZ	248.00	2019-07-20	Nur-Sultan	Kazakhstan
9	Perez Vazquez, Amalia / Castillo Castillo, Jose De Jesus / Barcenas Ponce de Leon, Perla Alicia	MEX	214.00	2019-07-20	Nur-Sultan	Kazakhstan