



World Para Powerlifting Rankings Official World Rankings 2016

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Gender: Women | Period Start: 2016-01-01 | Period End: 2016-12-31

Women's Up to 41.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Muratli, Nazmiye	TUR	1979	40.65	104.0	2016-09-08	Rio de Janeiro	Brazil
2	Cui, Zhe	CHN	1986	39.27	102.0	2016-09-08	Rio de Janeiro	Brazil
3	Widiasih, Ni Nengah	INA	1992	40.25	96.0	2016-02-24	Kuala Lumpur	Malaysia
4	Ramadan, Nawal	EGY	1992	40.02	95.0	2016-02-15	Dubai	United Arab Emirates
5	Baddour, Noura	SYR	1984	37.31	92.0	2016-09-08	Rio de Janeiro	Brazil
6	Kopiika, Maryna	UKR	1991	40.36	88.0	2016-09-08	Rio de Janeiro	Brazil
7	Vorontsova, Yulia	RUS	1996	38.35	81.0	2016-02-15	Dubai	United Arab Emirates
8	Rodriguez Rodriguez, Leidy	CUB	1983	39.77	80.0	2016-09-08	Rio de Janeiro	Brazil
9	Rudyak, Tatiana	RUS	1989	40.71	71.0	2016-02-15	Dubai	United Arab Emirates
10	Matyakubova, Roza	TKM	1993	39.17	70.0	2016-02-15	Dubai	United Arab Emirates
11	Kariuki, Hellen Wawira	KEN	1992	37.65	65.0	2016-02-24	Kuala Lumpur	Malaysia

Women's Up to 45.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Hu, Dandan	CHN	1989	44.18	107.0	2016-09-09	Rio de Janeiro	Brazil
2	Tijani, Latifat	NGR	1981	43.35	106.0	2016-09-09	Rio de Janeiro	Brazil
3	Cui, Zhe	CHN	1986	41.15	104.0	2016-02-24	Kuala Lumpur	Malaysia
4	Newson, Zoe	GBR	1992	43.56	102.0	2016-09-09	Rio de Janeiro	Brazil
5	Kozdryk, Justyna	POL	1980	44.01	96.0	2016-02-15	Dubai	United Arab Emirates
6	Toporkova, Rayisa	UKR	1986	44.51	91.0	2016-02-15	Dubai	United Arab Emirates
7	Beketova, Marina	RUS	1985	44.12	90.0	2016-02-15	Dubai	United Arab Emirates
8	Oteify, Zeinab	EGY	1978	44.57	90.0	2016-09-09	Rio de Janeiro	Brazil
9	Duman, Besra	TUR	2001	45.00	90.0	2016-02-15	Dubai	United Arab Emirates
10	Guerioua, Samira	ALG	1984	42.90	88.0	2016-02-24	Kuala Lumpur	Malaysia

11	Khatun, Sakina	IND	1989	43.75	88.0	2016-02-24	Kuala Lumpur	Malaysia
12	Santos de Oliveira, Maria Luzineide	BRA	1974	44.99	83.0	2016-01-21	Rio de Janeiro	Brazil
13	Berieva, Larisa	RUS	1982	44.04	77.0	2016-02-15	Dubai	United Arab Emirates
14	Guion, Achelle	PHI	1971	43.34	75.0	2016-02-15	Dubai	United Arab Emirates
15	Cerero Gabriel, Laura	MEX	1967	44.55	73.0	2016-02-24	Kuala Lumpur	Malaysia
16	Kouadio, Akissi Michelle	CIV	1979	44.34	72.0	2016-02-15	Dubai	United Arab Emirates
17	Askarova, Kabira	KAZ	1976	44.70	70.0	2016-02-24	Kuala Lumpur	Malaysia
18	Le, Thi Anh Nga	VIE	1987	43.40	65.0	2016-02-24	Kuala Lumpur	Malaysia
19	Kobayashi, Hiromi	JPN	1969	43.74	65.0	2016-01-10	Tokyo	Japan
20	Soares, Isabela Cesar	BRA	1996	44.92	60.0	2016-01-21	Rio de Janeiro	Brazil
21	Nakajima, Akiko	JPN	1975	44.66	45.0	2016-12-03	Tokyo	Japan

Women's Up to 50.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Soloviova, Lidiia	UKR	1978	48.70	107.0	2016-09-10	Rio de Janeiro	Brazil
2	Ahmed, Rehab	EGY	1991	48.88	107.0	2016-02-16	Dubai	United Arab Emirates
3	Shi, Shanshan	CHN	1988	49.75	107.0	2016-02-24	Kuala Lumpur	Malaysia
4	Dang, Thi Linh Phuong	VIE	1983	48.96	102.0	2016-09-10	Rio de Janeiro	Brazil
5	Zabala Ollero, Loida	ESP	1987	49.39	95.0	2016-09-10	Rio de Janeiro	Brazil
6	Kuzieva, Ruza	UZB	1994	49.10	92.0	2016-02-24	Kuala Lumpur	Malaysia
7	Kongmuang, Wandu	THA	1967	49.73	92.0	2016-02-16	Dubai	United Arab Emirates
8	Abdykhalykova, Gulbanu	KAZ	1972	49.14	85.0	2016-02-16	Dubai	United Arab Emirates
9	Mamadamirova, Anastasiia	RUS	1993	49.30	85.0	2016-02-16	Dubai	United Arab Emirates
10	Rodriguez Padilla, Rosaura	MEX	1971	48.90	82.0	2016-09-10	Rio de Janeiro	Brazil
11	Astuti, Rani Puji	INA	1983	48.60	80.0	2016-02-24	Kuala Lumpur	Malaysia
12	Rizonaide Da Silva, Maria	BRA	1982	46.70	78.0	2016-02-24	Kuala Lumpur	Malaysia
13	Carabali, Nohemi	COL	1988	49.98	77.0	2016-11-26	Medellin	Colombia
14	Servajeau, Martine	FRA	1958	46.70	70.0	2016-06-04	Villeneuve d'Ascq	France
15	Marcano, Zuray	VEN	1954	47.46	63.0	2016-09-10	Rio de Janeiro	Brazil
16	Rodriguez, Karen	ARG	1995	48.49	54.0	2016-01-21	Rio de Janeiro	Brazil
17	Mezei, Katalin	HUN	1979	48.87	52.0	2016-09-10	Rio de Janeiro	Brazil

Women's Up to 55.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Perez, Amalia	MEX	1973	54.24	130.0	2016-09-10	Rio de Janeiro	Brazil
2	Oyema, Esther	NGR	1982	52.75	127.0	2016-09-10	Rio de Janeiro	Brazil
3	Xiao, Cuijuan	CHN	1986	53.76	115.0	2016-09-10	Rio de Janeiro	Brazil
4	Shevchuk, Mariana	UKR	1996	53.31	107.0	2016-09-10	Rio de Janeiro	Brazil
5	Chau, Hoang Tuyet Loan	VIE	1975	50.70	103.0	2016-02-25	Kuala Lumpur	Malaysia
6	Abdelaziz, Gihan	EGY	1974	54.86	99.0	2016-02-16	Dubai	United Arab Emirates
7	Blake, Natalie	GBR	1982	53.50	98.0	2016-02-25	Kuala Lumpur	Malaysia
8	Vardanyan, Greta	ARM	1986	54.09	96.0	2016-09-10	Rio de Janeiro	Brazil
9	Cam, Sibel	TUR	1990	52.65	94.0	2016-02-25	Kuala Lumpur	Malaysia
10	Campos, Camila	CHI	1995	54.37	94.0	2016-11-27	Medellin	Colombia
11	Barbierato, Martina	ITA	1994	53.60	92.0	2016-09-10	Rio de Janeiro	Brazil
12	Alhasan, Fatema	SYR	1977	55.00	87.0	2016-02-16	Dubai	United Arab Emirates
13	Motnok, Hat	THA	1977	54.40	70.0	2016-02-25	Kuala Lumpur	Malaysia
14	Dore, Nicola	IRL	1988	53.65	56.0	2016-02-25	Kuala Lumpur	Malaysia
15	Kim, Hyun Suk	KOR	1996	53.76	50.0	2016-02-16	Dubai	United Arab Emirates
16	Macdonald, Eri	JPN	1983	52.18	49.0	2016-12-03	Tokyo	Japan

Women's Up to 61.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Ejike, Lucy	NGR	1977	59.13	142.0	2016-09-11	Rio de Janeiro	Brazil
2	Omar, Fatma	EGY	1973	60.31	140.0	2016-09-11	Rio de Janeiro	Brazil
3	Yang, Yan	CHN	1985	59.32	128.0	2016-09-11	Rio de Janeiro	Brazil
4	Cui, Jianjin	CHN	1988	60.40	116.0	2016-02-25	Kuala Lumpur	Malaysia
5	Shyrokolava, Tetyana	UKR	1979	60.41	104.0	2016-02-17	Dubai	United Arab Emirates
6	Bingul, Hafize	TUR	1992	60.25	101.0	2016-02-25	Kuala Lumpur	Malaysia
7	Halas-Koralewska, Malgorzata	POL	1987	59.30	100.0	2016-02-25	Kuala Lumpur	Malaysia
8	D'Andrea, Mariana	BRA	1998	58.60	97.0	2016-02-25	Kuala Lumpur	Malaysia
9	Bahji, Fatima	MAR	1971	59.21	97.0	2016-02-17	Dubai	United Arab Emirates
10	Stierman, Chantell	RSA	1986	59.44	87.0	2016-01-21	Rio de Janeiro	Brazil
11	Lin, Ya-Hsuan	TPE	1976	57.83	78.0	2016-09-11	Rio de Janeiro	Brazil

12	Motnok, Hat	THA	1977	56.70	70.0	2016-06-26	Kitakyushu City	Japan
13	Alzeyoudi, Mozah	UAE	1992	56.65	64.0	2016-02-25	Kuala Lumpur	Malaysia
14	Ahmad, Bibiana	MAS	1988	59.15	62.0	2016-02-25	Kuala Lumpur	Malaysia

Women's Up to 67.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Tan, Yujiao	CHN	1990	66.50	136.0	2016-02-25	Kuala Lumpur	Malaysia
2	Koishibayeva, Raushan	KAZ	1966	65.13	113.0	2016-09-11	Rio de Janeiro	Brazil
3	Mahmoud, Amal	EGY	1978	65.22	113.0	2016-02-17	Dubai	United Arab Emirates
4	Berieva, Kheda	RUS	1992	65.09	112.0	2016-02-17	Dubai	United Arab Emirates
5	Kim, Hyeong Hui	KOR	1973	64.10	102.0	2016-02-25	Kuala Lumpur	Malaysia
6	Ortiz, Maria Antonieta	CHI	1982	66.34	98.0	2016-09-11	Rio de Janeiro	Brazil
7	Kuzdagi, Dilfiroz	TUR	1982	65.40	97.0	2016-02-25	Kuala Lumpur	Malaysia
8	Przywecka-Puziak, Paulina	POL	1991	63.57	93.0	2016-02-17	Dubai	United Arab Emirates
9	Santos, Terezinha	BRA	1971	63.64	93.0	2016-09-11	Rio de Janeiro	Brazil
10	Issa, Asma	JOR	1991	66.01	92.0	2016-02-17	Dubai	United Arab Emirates
11	Elias, Natali	SYR	1980	65.02	90.0	2016-02-17	Dubai	United Arab Emirates
12	Sanchez Vera, Gladys	COL	1986	65.31	85.0	2016-01-23	Rio de Janeiro	Brazil
13	Saidi, Naima	ALG	1980	62.10	81.0	2016-02-25	Kuala Lumpur	Malaysia
14	Agon, Sona	MAS	1989	63.70	58.0	2016-02-25	Kuala Lumpur	Malaysia
15	Alzeyoudi, Maryam	UAE	1996	65.60	54.0	2016-02-25	Kuala Lumpur	Malaysia

Women's Up to 73.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Ghazouani, Souhad	FRA	1982	72.00	145.0	2016-06-04	Villeneuve d'Ascq	France
2	Nwosu, Ndidi	NGR	1979	71.10	140.0	2016-09-12	Rio de Janeiro	Brazil
3	Ali, Amany	EGY	1976	72.87	127.0	2016-09-12	Rio de Janeiro	Brazil
4	Bootpo, Arawan	THA	1984	71.94	110.0	2016-02-18	Dubai	United Arab Emirates
5	Ekeyeva, Mayagozel	TKM	1986	71.85	105.0	2016-09-12	Rio de Janeiro	Brazil
6	Kumeyko, Alina	UKR	1997	72.49	98.0	2016-02-18	Dubai	United Arab Emirates
7	Sycheva, Nadezhda	RUS	1988	70.41	96.0	2016-02-18	Dubai	United Arab Emirates

8	Soubane, Sanae	MAR	1978	69.28	95.0	2016-02-18	Dubai	United Arab Emirates
9	Marinenkova, Larisa	MDA	1969	70.83	90.0	2016-09-12	Rio de Janeiro	Brazil

Women's Up to 79.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Omolayo, Bose	NGR	1989	77.59	138.0	2016-09-12	Rio de Janeiro	Brazil
2	Xu, Lili	CHN	1981	75.96	135.0	2016-09-12	Rio de Janeiro	Brazil
3	Lin, Tzu-Hui	TPE	1981	77.50	131.0	2016-09-12	Rio de Janeiro	Brazil
4	Muratova, Vera	RUS	1980	77.19	126.0	2016-02-18	Dubai	United Arab Emirates
5	Barcenas, Perla	MEX	1971	78.24	126.0	2016-09-12	Rio de Janeiro	Brazil
6	Hassan, Gehan	EGY	1972	78.54	120.0	2016-02-18	Dubai	United Arab Emirates
7	Mahmudah, Siti	INA	1990	76.70	116.0	2016-09-12	Rio de Janeiro	Brazil
8	Diaz Vilchis, Catalina	MEX	1964	77.65	110.0	2016-02-26	Kuala Lumpur	Malaysia
9	Semenyuk, Lyubov	UKR	1959	77.89	102.0	2016-02-18	Dubai	United Arab Emirates
10	Njuguna, Joyce Wambui	KEN	1976	76.20	87.0	2016-02-26	Kuala Lumpur	Malaysia
11	El-Gnemi, Sahar	LBA	1981	78.26	85.0	2016-09-12	Rio de Janeiro	Brazil
12	Serrano Guajardo, Marion Alejandra	CHI	1999	77.90	83.0	2016-11-25	Medellin	Colombia
13	Saad, Surita	MAS	1971	76.35	60.0	2016-02-26	Kuala Lumpur	Malaysia

Women's Up to 86.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Mahmoud, Randa	EGY	1987	85.99	140.0	2016-02-18	Dubai	United Arab Emirates
2	Barcenas, Perla	MEX	1971	84.30	125.0	2016-02-26	Kuala Lumpur	Malaysia
3	Alhajaj, Tharwh Tayseer Hamdan	JOR	1973	83.12	119.0	2016-02-18	Dubai	United Arab Emirates
4	Kazankevich, Olga	RUS	1974	85.44	119.0	2016-02-18	Dubai	United Arab Emirates
5	Diaz Vilchis, Catalina	MEX	1964	80.26	117.0	2016-09-13	Rio de Janeiro	Brazil
6	Li, Fengmei	CHN	1974	82.02	116.0	2016-09-13	Rio de Janeiro	Brazil
7	Menezes, Marcia Cristina	BRA	1967	83.50	116.0	2016-02-26	Kuala Lumpur	Malaysia
8	Naqbi, Haifa	UAE	1981	82.44	80.0	2016-09-13	Rio de Janeiro	Brazil
9	Syed Akil, Sharifah Raudzah	MAS	1973	84.95	80.0	2016-02-26	Kuala Lumpur	Malaysia
10	Rosli, Noormyra Azni	MAS	1989	85.40	47.0	2016-02-26	Kuala Lumpur	Malaysia

Women's Over 86.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Orji, Josephine	NGR	1979	133.84	154.0	2016-09-14	Rio de Janeiro	Brazil
2	Ali, Nadia	EGY	1974	108.83	141.0	2016-02-19	Dubai	United Arab Emirates
3	Li, Ruifang	CHN	1971	95.55	135.0	2016-02-26	Kuala Lumpur	Malaysia
4	Zieba, Marzena	POL	1990	115.27	134.0	2016-09-14	Rio de Janeiro	Brazil
5	Tuinfort, Melaica	NED	1990	101.12	130.0	2016-09-14	Rio de Janeiro	Brazil
6	Ali, Huda	IRQ	1977	105.29	127.0	2016-02-19	Dubai	United Arab Emirates
7	Shestakova, Vasilina	RUS	1983	103.15	119.0	2016-02-19	Dubai	United Arab Emirates
8	Ancheta, Adeline	PHI	1973	113.25	117.0	2016-02-26	Kuala Lumpur	Malaysia
9	Lee, Hyunjung	KOR	1986	99.55	115.0	2016-09-14	Rio de Janeiro	Brazil
10	Lira Partida, Maria Del Socorro	MEX	1976	106.05	107.0	2016-02-26	Kuala Lumpur	Malaysia
11	Alnuaimi, Ansaf	UAE	1980	92.58	75.0	2016-02-19	Dubai	United Arab Emirates