



## World Para Powerlifting Rankings Official World Rankings 2009

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Period Start: 2009-01-01 | Period End: 2009-12-31

### Men's Up to 48.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Qarada, Omar Sami Hamadeh	JOR	1981	45.50	167.5	2009-10-20	Kuala Lumpur	Malaysia
2	Le, Van Cong	VIE	1984	46.35	167.5	2009-10-20	Kuala Lumpur	Malaysia
3	Basha, Farman	IND	1974	47.30	157.5	2009-11-25	Bangalore	India
4	Simay, Eay	LAO	1981	46.62	155.0	2009-08-16	Kuala Lumpur	Malaysia
5	Ibrahim, Ashraf	EGY	1984	45.65	150.0	2009-04-18	Elsharkeia	Egypt
6	Sukjarern, Choochat	THA	1975	47.36	150.0	2009-08-16	Kuala Lumpur	Malaysia
7	Radhi, Mustafa	IRQ	1990	46.20	147.5	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
8	Alderman, Adam	GBR	1983	47.95	130.0	2009-06-06	Stoke Mandeville	Great Britain
9	Jasnie, Vison	MAS	1983	47.05	112.5	2009-10-20	Kuala Lumpur	Malaysia
10	Najrsh, Ahmed	IRQ	1990	43.50	110.0	2009-10-20	Kuala Lumpur	Malaysia
11	Silva, Ailton	BRA	1976	46.90	107.5	2009-10-30	Porto Alegre	Brazil
12	Alsadek, Younes	SYR	1987	42.80	100.0	2009-10-20	Kuala Lumpur	Malaysia
13	Souvlas, Marinos	GRE	1955	47.66	100.0	2009-09-26	Thessaloniki	Greece
14	Faraj, Saber	LBA	1971	40.50	90.0	2009-12-06	Cairo	Egypt
15	Al Darai, Sabri Muhanna	UAE	1986	47.40	87.5	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
16	Cebeyra Ortiz, Alan Ezequiel	ARG	1995	39.15	55.0	2009-10-20	Bogota D.C.	Colombia

### Men's Up to 52.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Sukjarern, Choochat	THA	1975	51.40	165.0	2009-11-25	Bangalore	India
2	Juboori, Hussein	IRQ	1982	51.30	162.5	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
3	Kasanun, Narong	THA	1977	51.75	160.0	2009-11-25	Bangalore	India
4	Diamoutene, Alidou	CIV	1977	49.50	157.5	2009-12-06	Cairo	Egypt
5	Peddle, Anthony	GBR	1971	48.15	135.0	2009-06-06	Stoke Mandeville	Great Britain

6	Keb Mas, Mario Gilberto	MEX	1974	50.40	132.5	2009-10-27	Cuernavaca, Morelos	Mexico
7	Cheok, Kon Fatt	MAS	1957	51.35	125.0	2009-10-21	Kuala Lumpur	Malaysia
8	de Jesus Pereira, Jacinto Herianto	TLS	1980	50.00	115.0	2009-10-21	Kuala Lumpur	Malaysia
9	Souvlas, Marinos	GRE	1955	49.70	100.0	2009-05-02	Thessaloniki	Greece
10	Wilding, Nathaniel	GBR	1992	51.80	95.0	2009-01-17	Cardiff	Great Britain
11	Silva, Esnande	BRA	1975	50.80	92.5	2009-09-12	Fortaleza	Brazil
12	Duke, Kyron	GBR	1992	50.70	65.0	2009-06-06	Stoke Mandeville	Great Britain

## Men's Up to 56.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Osman, Sherif	EGY	1982	55.40	205.0	2009-12-06	Cairo	Egypt
2	Mohsin, Rasool	IRQ	1987	55.70	192.5	2009-11-25	Bangalore	India
3	Marasri, Thongsa	THA	1975	55.60	170.0	2009-08-16	Kuala Lumpur	Malaysia
4	Fekadu, Abebe	AUS	1970	55.90	160.0	2009-05-11	Darwin	Australia
5	Dukhan, Ahmad	SYR	1982	54.05	145.0	2009-10-21	Kuala Lumpur	Malaysia
6	Al Harthi, Badar	OMA	1980	55.20	142.5	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
7	Kokko, Juhani	FIN	1986	54.05	140.0	2009-02-07	Pietarsaari	Finland
8	Kitan, Agustin	PHI	1976	54.58	135.0	2009-08-16	Kuala Lumpur	Malaysia
9	Adhikari, Vikramsingh	IND	1979	55.90	135.0	2009-10-21	Kuala Lumpur	Malaysia
10	Gouveia, Alexandre	BRA	1977	54.70	127.5	2009-11-25	Bangalore	India
11	Lakhdar, Abdelouahab	MAR	1974	54.75	125.0	2009-12-06	Cairo	Egypt
12	Okada, Yuji	JPN	1976	53.65	105.0	2009-10-21	Kuala Lumpur	Malaysia
13	Wilding, Nathaniel	GBR	1992	55.35	100.0	2009-06-06	Stoke Mandeville	Great Britain
14	Amnai, Ayoub	MAR	1992	54.40	95.0	2009-12-06	Cairo	Egypt
15	Alazemi, Humoud	KUW	1989	56.00	75.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates

## Men's Up to 60.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Mohsin, Rasool	IRQ	1987	57.70	195.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
2	Ibrahim, Shaaban	EGY	1975	58.85	185.0	2009-12-06	Cairo	Egypt
3	Hammash, Faisal Mustafa Ahmad	JOR	1977	59.90	175.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates

4	Mohammed, Mohammed	IRQ	1979	59.50	162.5	2009-10-21	Kuala Lumpur	Malaysia
5	Makal, Billy Zeth	INA	1972	59.08	160.0	2009-08-16	Kuala Lumpur	Malaysia
6	Thongdee, Prasit	THA	1981	60.00	155.0	2009-08-16	Kuala Lumpur	Malaysia
7	Adhikari, Vikramsingh	IND	1979	58.60	147.5	2009-11-25	Bangalore	India
8	Chumchai, Phongsakon	THA	1975	56.80	135.0	2009-11-25	Bangalore	India
9	Al-Faili, Hasan	IRQ	1988	58.20	135.0	2009-10-21	Kuala Lumpur	Malaysia
10	Cassim, Carlos	BRA	1967	59.20	127.5	2009-10-30	Porto Alegre	Brazil
11	Herradi, Younes	MAR	1968	58.55	120.0	2009-12-06	Cairo	Egypt
12	Maye, Rolando	PHI	1966	58.04	110.0	2009-08-16	Kuala Lumpur	Malaysia
13	Dehiwaththage, Jagath Prasanna Fernando	SRI	1970	57.70	95.0	2009-10-21	Kuala Lumpur	Malaysia
14	Abzhan, Aibek	KAZ	1992	58.90	95.0	2009-10-21	Kuala Lumpur	Malaysia
15	Al Siyabi, Moosa	OMA	1971	59.50	95.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates

## Men's Up to 67.50kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Liu, Lei	CHN	1987	65.90	212.5	2009-11-26	Bangalore	India
2	Abdelkhalek, Abdelkhalek	EGY	1982	66.50	195.0	2009-04-18	Elsharkeia	Egypt
3	Rahelu, Rajindersingh	IND	1973	65.95	185.0	2009-10-21	Kuala Lumpur	Malaysia
4	Irving, Jason	GBR	1974	60.90	180.0	2009-06-06	Stoke Mandeville	Great Britain
5	Ahmad, Fadi	SYR	1977	66.50	175.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
6	Moysiadis, Gkremislav	GRE	1978	67.45	175.0	2009-05-02	Thessaloniki	Greece
7	Thongdee, Prasit	THA	1981	66.90	170.0	2009-11-26	Bangalore	India
8	Perumal, Mariappan	MAS	1958	67.10	170.0	2009-08-17	Kuala Lumpur	Malaysia
9	Mohammed, Mohammed	IRQ	1979	62.50	167.5	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
10	Pongtao, Kampa	THA	1977	65.35	160.0	2009-08-17	Kuala Lumpur	Malaysia
11	Joensuu, Seppo	FIN	1958	66.40	147.5	2009-02-07	Pietarsaari	Finland
12	Dolobayev, Ruslan	KAZ	1974	66.50	140.0	2009-10-21	Kuala Lumpur	Malaysia
13	Mohare, Prakash	IND	1977	66.90	140.0	2009-11-26	Bangalore	India
14	Al Bulushi, Khalid Gul	OMA	1974	66.60	137.5	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
15	Xayyavong, Mone	LAO	1980	64.70	135.0	2009-08-17	Kuala Lumpur	Malaysia
16	Ano, Adou Herve	CIV	1983	62.60	120.0	2009-12-06	Cairo	Egypt
17	Jo, Takashi	JPN	1960	64.58	115.0	2009-08-30	Tokyo	Japan

18	Gharsalla, Mosab	LBA	1990	66.75	112.5	2009-12-06	Cairo	Egypt
19	Sisavengsouk, Phouthavong	LAO	1980	60.75	110.0	2009-08-17	Kuala Lumpur	Malaysia
20	Steward, Daniel	GBR	1986	62.55	100.0	2009-06-06	Stoke Mandeville	Great Britain
21	Hewage, Ruwan Janaka Prasanna	SRI	1976	65.20	100.0	2009-10-21	Kuala Lumpur	Malaysia

## Men's Up to 75.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Aljuneidi, Mutaz Zakaria Daoud	JOR	1976	74.70	215.0	2009-10-22	Kuala Lumpur	Malaysia
2	Gkountanis, Nikolaos	GRE	1977	72.65	195.0	2009-10-22	Kuala Lumpur	Malaysia
3	Rahelu, Rajindersingh	IND	1973	68.30	180.0	2009-11-27	Bangalore	India
4	Kim, Jong Keun	KOR	1959	73.95	177.5	2009-10-22	Kuala Lumpur	Malaysia
5	Whitaker, Alexsander	BRA	1970	70.50	175.0	2009-09-12	Fortaleza	Brazil
6	Kasekar, Bhushan	IND	1977	73.85	175.0	2009-11-27	Bangalore	India
7	Pongtao, Kampa	THA	1977	67.60	172.5	2009-11-27	Bangalore	India
8	Assougane, Youssef	MAR	1973	70.90	170.0	2009-12-07	Cairo	Egypt
9	Marques, Rodrigo	BRA	1985	73.80	170.0	2009-09-12	Fortaleza	Brazil
10	Ujiro, Hajime	JPN	1973	74.92	170.0	2009-10-25	Nagoya	Japan
11	Jawad, Ali	GBR	1989	72.60	165.0	2009-01-17	Cardiff	Great Britain
12	Al-Tameemi, Hasan	IRQ	1977	68.90	155.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
13	Kauppi, Harri	FIN	1979	73.50	155.0	2009-02-07	Pietarsaari	Finland
14	Norrin, Nurul Azhar	MAS	1986	73.85	155.0	2009-11-27	Bangalore	India
15	Al Rahbi, Nasser	OMA	1970	74.40	152.5	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
16	Santin, Claudemar	BRA	1969	72.40	150.0	2009-10-30	Porto Alegre	Brazil
17	Dankers, Patrique	NED	1976	73.10	150.0	2009-10-22	Kuala Lumpur	Malaysia
18	Terzitanos, Vasileios	GRE	1978	72.82	142.5	2009-05-02	Thessaloniki	Greece
19	Ahmed, Rashed Hassan	UAE	1980	73.10	127.5	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
20	Rahiminia, Gholam Khorshid	UAE	1972	70.10	125.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
21	Anusorn, Kanit	THA	1971	70.25	125.0	2009-08-17	Kuala Lumpur	Malaysia
22	Tesoriero, Paul	AUS	1987	71.10	122.5	2009-10-22	Kuala Lumpur	Malaysia
23	Tahri, Abdellah	MAR	1992	73.25	120.0	2009-12-07	Cairo	Egypt
24	Udahawatte Gedara, Indika Janaka Jayalath	SRI	1973	73.40	120.0	2009-10-22	Kuala Lumpur	Malaysia
25	Cherepanov, Vladimir	KAZ	1990	71.05	115.0	2009-10-22	Kuala Lumpur	Malaysia

## Men's Up to 82.50kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Gu, Xiaofei	CHN	1989	77.35	212.5	2009-11-27	Bangalore	India
2	Al-Ali, Thaer	IRQ	1976	81.95	210.0	2009-10-23	Kuala Lumpur	Malaysia
3	Arredondo Luna, Porfirio Francisco	MEX	1971	77.40	197.5	2009-10-27	Cuernavaca, Morelos	Mexico
4	Odo, Hideki	JPN	1974	78.24	185.0	2009-10-25	Nagoya	Japan
5	Jaber, Jabbar	IRQ	1977	78.50	185.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
6	Chaudhary, Sachin	IND	1983	81.10	185.0	2009-10-23	Kuala Lumpur	Malaysia
7	Piipponen, Janne	FIN	1979	82.20	185.0	2009-02-07	Pietarsaari	Finland
8	Kasekar, Bhushan	IND	1977	75.20	170.0	2009-10-23	Kuala Lumpur	Malaysia
9	Al Balushi, Issam	OMA	1977	81.70	170.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
10	Batista, Joao	BRA	1967	78.40	167.5	2009-10-30	Porto Alegre	Brazil
11	Terzitanos, Vasileios	GRE	1978	77.40	150.0	2009-10-23	Kuala Lumpur	Malaysia
12	Ahmed, Rashed Hassan	UAE	1980	76.25	125.0	2009-10-23	Kuala Lumpur	Malaysia
13	Viceral, Ronaldo	PHI	1970	77.75	125.0	2009-08-18	Kuala Lumpur	Malaysia
14	Lagios, Gerasimos	GRE	1977	81.56	80.0	2009-09-26	Thessaloniki	Greece

## Men's Up to 90.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Mamalos, Pavlos	GRE	1971	88.35	225.0	2009-10-23	Kuala Lumpur	Malaysia
2	Castillo Castillo, Jose De Jesus	MEX	1984	86.20	215.0	2009-10-27	Cuernavaca, Morelos	Mexico
3	Abdelhady, Hany	EGY	1980	84.85	212.5	2009-12-07	Cairo	Egypt
4	Elsawy, Elsayed	EGY	1974	85.00	195.0	2009-04-18	Elsharkeia	Egypt
5	Kakuen, Somsak	THA	1980	87.60	185.0	2009-11-27	Bangalore	India
6	Chaudhary, Sachin	IND	1983	83.95	180.0	2009-11-27	Bangalore	India
7	Felipe, Joseano	BRA	1973	86.90	175.0	2009-10-30	Porto Alegre	Brazil
8	Shafik, Ahmed	USA	1973	87.00	170.0	2009-10-09	Edmond	United States of America
9	Silva, Jose	BRA	1968	88.05	170.0	2009-11-27	Bangalore	India
10	Rattenbury, Chris	GBR	1978	88.20	165.0	2009-11-27	Bangalore	India
11	Md Saad, Mohd Shahmil	MAS	1986	86.25	162.5	2009-11-27	Bangalore	India
12	Kraal, Aschwin	NED	1973	88.20	155.0	2009-10-23	Kuala Lumpur	Malaysia
13	Kharir, Essam	LBA	1973	89.40	155.0	2009-12-07	Cairo	Egypt

14	Schrom, Jacob	USA	1988	84.20	142.5	2009-10-09	Edmond	United States of America
15	Jong, Yee Khie	MAS	1988	86.60	137.5	2009-10-23	Kuala Lumpur	Malaysia
16	Aldhanhani, Abdulla Ahmed	UAE	1979	88.40	135.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates

## Men's Up to 100.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Sabet, Mohamed	EGY	1975	98.00	230.0	2009-04-18	Elsharkeia	Egypt
2	Anatolitis, Dimitrios	GRE	1965	93.86	220.0	2009-09-26	Thessaloniki	Greece
3	Alkawamleh, Haidarah Abdallah Hasan	JOR	1979	97.90	195.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
4	Nakatsuji, Katsuhito	JPN	1969	95.50	192.5	2009-08-30	Tokyo	Japan
5	Whittington, Cameron	AUS	1982	95.95	172.5	2009-10-20	Kuala Lumpur	Malaysia
6	Jung, Sung Yun	KOR	1983	99.25	167.5	2009-10-20	Kuala Lumpur	Malaysia
7	Williams, David	AUS	1981	98.45	157.5	2009-10-20	Kuala Lumpur	Malaysia
8	Jaithon, Opas	THA	1976	98.45	155.0	2009-08-18	Kuala Lumpur	Malaysia
9	Aldhanhani, Abdulla Ahmed	UAE	1979	90.35	135.0	2009-11-28	Bangalore	India
10	Veniton, Arnest Reginold	SRI	1970	96.00	130.0	2009-10-20	Kuala Lumpur	Malaysia
11	Naqbi, Bassam Ali	UAE	1981	95.00	120.0	2009-10-20	Kuala Lumpur	Malaysia

## Men's Over 100.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Al-Ageeli, Faris	IRQ	1974	116.10	242.5	2009-11-28	Bangalore	India
2	Gardiner, Darren	AUS	1969	120.10	230.0	2009-05-11	Darwin	Australia
3	Pacheco, Cristiano	BRA	1978	121.50	205.0	2009-09-12	Fortaleza	Brazil
4	Sallat, Hamdo	SYR	1980	104.70	202.5	2009-10-20	Kuala Lumpur	Malaysia
5	Chun, Keun Bae	KOR	1978	126.60	192.5	2009-10-20	Kuala Lumpur	Malaysia
6	Dimas, Panagiotis	GRE	1967	103.00	175.0	2009-09-26	Thessaloniki	Greece
7	Brownfield, Kim	USA	1964	108.90	170.0	2009-10-09	Edmond	United States of America
8	Raeialboom, Walid Abdulrahman	UAE	1986	117.95	170.0	2009-11-28	Bangalore	India
9	Ootjers, Cornelis	NED	1956	149.00	170.0	2009-10-20	Kuala Lumpur	Malaysia
10	Virender	IND	1984	104.35	165.0	2009-10-20	Kuala Lumpur	Malaysia
11	Elmosrati, Said	LBA	1968	114.05	165.0	2009-12-07	Cairo	Egypt

12	Takeda, Masahiro	JPN	1971	108.80	155.0	2009-10-25	Nagoya	Japan
13	Baos, Anastasios	GRE	1986	115.40	155.0	2009-10-20	Kuala Lumpur	Malaysia
14	Gutierrez, Sergio Nahuel	ARG	1993	108.45	120.0	2009-10-21	Bogota D.C.	Colombia

### Women's Up to 40.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Cui, Zhe	CHN	1986	38.85	97.5	2009-11-25	Bangalore	India
2	Nguyen, Thi Hong	VIE	1979	37.80	80.0	2009-10-20	Kuala Lumpur	Malaysia
3	Newson, Zoe	GBR	1992	38.60	80.0	2009-11-25	Bangalore	India
4	Widiasih, Ni Nengah	INA	1992	37.02	65.0	2009-08-16	Kuala Lumpur	Malaysia
5	Elsaid, Aziza	EGY	1985	40.00	65.0	2009-04-18	Elsharkeia	Egypt
6	Iontton, Louise	GBR	1976	39.90	60.0	2009-06-06	Stoke Mandeville	Great Britain
7	Lam, Yim Hung	HKG	1958	37.30	57.5	2009-10-20	Kuala Lumpur	Malaysia
8	Somkuwar, Bharati	IND	1979	34.90	55.0	2009-11-25	Bangalore	India
9	Rinke, Roshani Prakash	IND	1984	38.70	50.0	2009-11-25	Bangalore	India
10	Wagstaff, Jackie	GBR	1971	35.40	47.5	2009-06-06	Stoke Mandeville	Great Britain

### Women's Up to 44.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Xiao, Cuijuan	CHN	1986	43.45	100.0	2009-11-25	Bangalore	India
2	Oteify, Zeinab	EGY	1978	43.10	97.5	2009-12-06	Cairo	Egypt
3	Cerero Gabriel, Laura	MEX	1967	44.00	97.5	2009-10-27	Cuernavaca, Morelos	Mexico
4	Matar, Malika	MAR	1966	42.40	80.0	2009-12-06	Cairo	Egypt
5	Kobayashi, Hiromi	JPN	1969	43.26	65.0	2009-10-25	Nagoya	Japan
6	Iontton, Louise	GBR	1976	41.80	62.5	2009-01-17	Cardiff	Great Britain
7	Mane, Latika	IND	1980	41.55	52.5	2009-11-25	Bangalore	India

## Women's Up to 48.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Chau, Hoang Tuyet Loan	VIE	1975	47.18	100.0	2009-08-16	Kuala Lumpur	Malaysia
2	Shin, Yunki	KOR	1968	45.70	60.0	2009-10-22	Kuala Lumpur	Malaysia
3	Motnok, Hat	THA	1977	47.48	55.0	2009-08-16	Kuala Lumpur	Malaysia

## Women's Up to 52.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Blake, Natalie	GBR	1982	51.45	105.0	2009-06-06	Stoke Mandeville	Great Britain
2	Aguilar Jimenez, Miriam Isela	MEX	1979	49.00	95.0	2009-10-27	Cuernavaca, Morelos	Mexico
3	Dinh, Thi Nga	VIE	1971	49.32	95.0	2009-08-17	Kuala Lumpur	Malaysia
4	Alhasan, Fatema	SYR	1977	50.70	87.5	2009-10-22	Kuala Lumpur	Malaysia
5	Allawi, Fatama Abdelghafer Ahmed	JOR	1975	50.25	85.0	2009-10-22	Kuala Lumpur	Malaysia
6	Elyousri, Naima	MAR	1981	50.65	85.0	2009-12-06	Cairo	Egypt
7	Binane, Nezha	MAR	1969	48.60	75.0	2009-12-06	Cairo	Egypt
8	Motnok, Hat	THA	1977	48.50	60.0	2009-11-25	Bangalore	India
9	Kongmuang, Wandu	THA	1967	48.84	60.0	2009-08-17	Kuala Lumpur	Malaysia
10	Vilavanh, Phetmany	LAO	1987	49.52	55.0	2009-08-17	Kuala Lumpur	Malaysia
11	Abdykhalykova, Gulbanu	KAZ	1972	51.45	55.0	2009-10-22	Kuala Lumpur	Malaysia

## Women's Up to 56.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Omar, Fatma	EGY	1973	55.25	125.0	2009-12-06	Cairo	Egypt
2	Cui, Jianjin	CHN	1988	55.25	115.0	2009-11-25	Bangalore	India
3	Bahji, Fatima	MAR	1971	55.70	95.0	2009-12-06	Cairo	Egypt
4	Anon, Somkhoun	THA	1977	54.16	92.5	2009-08-17	Kuala Lumpur	Malaysia
5	Saleem, Dhikra	IRQ	1981	54.80	87.5	2009-10-22	Kuala Lumpur	Malaysia
6	Lin, Ya-Hsuan	TPE	1976	55.60	77.5	2009-05-11	Darwin	Australia
7	Choi, Hyun Hee	KOR	1967	55.35	75.0	2009-10-22	Kuala Lumpur	Malaysia
8	Silva Misquita, Liliana Da C.Silva	TLS	1992	54.25	60.0	2009-10-22	Kuala Lumpur	Malaysia



9	Kim, Keum Hee	KOR	1966	54.70	60.0	2009-10-22	Kuala Lumpur	Malaysia
10	Kaur, Rajdeep	IND	1987	55.65	60.0	2009-11-25	Bangalore	India

## Women's Up to 60.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Perez, Amalia	MEX	1973	60.00	137.5	2009-10-27	Cuernavaca, Morelos	Mexico
2	Tan, Yujiao	CHN	1990	58.25	115.0	2009-11-26	Bangalore	India
3	Bootpo, Arawan	THA	1984	59.06	105.0	2009-08-17	Kuala Lumpur	Malaysia
4	Omar, Fatma	EGY	1973	58.00	100.0	2009-04-18	Elsharkeia	Egypt
5	Santos, Terezinha	BRA	1971	58.20	87.5	2009-11-26	Bangalore	India
6	Saleem, Dhikra	IRQ	1981	57.10	85.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
7	Elias, Natali	SYR	1980	57.50	85.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
8	Chmiti, Hakima	MAR	1968	59.20	75.0	2009-12-06	Cairo	Egypt
9	Figley, Chelsi	USA	1982	60.00	72.5	2009-10-09	Edmond	United States of America
10	Goh, Rui Si Theresa	SGP	1987	58.10	67.5	2009-05-11	Darwin	Australia
11	Kim, Hyeong Hui	KOR	1973	58.40	67.5	2009-10-23	Kuala Lumpur	Malaysia

## Women's Up to 67.50kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Ali, Amany	EGY	1976	67.50	122.5	2009-12-06	Cairo	Egypt
2	Acem, Khadija	MAR	1968	64.30	112.5	2009-12-06	Cairo	Egypt
3	Siow, Lee Chan	MAS	1971	60.60	97.5	2009-10-23	Kuala Lumpur	Malaysia
4	Purba, Nurtani	INA	1975	63.50	85.0	2009-08-17	Kuala Lumpur	Malaysia
5	Yimmak, Phanumas	THA	1973	64.45	82.5	2009-08-17	Kuala Lumpur	Malaysia
6	Tchei, Carine Cynthia Amandine	CIV	1984	64.10	80.0	2009-12-06	Cairo	Egypt
7	Agustina, Bantiloc	PHI	1968	62.55	72.5	2009-08-17	Kuala Lumpur	Malaysia
8	Saad, Surita	MAS	1971	67.10	72.5	2009-11-26	Bangalore	India

## Women's Up to 75.00kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Mahmoud, Randa	EGY	1987	74.70	135.0	2009-12-07	Cairo	Egypt
2	Lin, Tzu-Hui	TPE	1981	74.05	130.0	2009-11-28	Bangalore	India
3	Alshikh, Rasha	SYR	1975	74.80	112.5	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
4	Ferreira, Josilene	BRA	1969	72.90	107.5	2009-11-28	Bangalore	India
5	Alhajaj, Tharwh Tayseer Hamdan	JOR	1973	73.10	95.0	2009-12-15	Deba Al Hosn Sport Club	United Arab Emirates
6	Kazantzidou, Anastasia	GRE	1954	70.30	90.0	2009-09-26	Thessaloniki	Greece
7	Mastour, Malika	MAR	1973	73.50	90.0	2009-12-07	Cairo	Egypt
8	Salimzhanova, Lyazat	KAZ	1961	73.40	87.5	2009-10-23	Kuala Lumpur	Malaysia
9	Mahmudah, Siti	INA	1990	67.70	77.5	2009-08-18	Kuala Lumpur	Malaysia
10	Said, Sumia	LBA	1978	73.20	67.5	2009-12-07	Cairo	Egypt
11	Sanogo, Korotoumou	CIV	1968	73.15	55.0	2009-12-07	Cairo	Egypt

## Women's Up to 82.50kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Lin, Tzu-Hui	TPE	1981	76.70	130.0	2009-05-11	Darwin	Australia
2	Hassan, Gehan	EGY	1972	75.05	120.0	2009-12-07	Cairo	Egypt
3	Stack, Mary	USA	1974	82.20	117.5	2009-10-09	Edmond	United States of America
4	Ali, Huda	IRQ	1977	80.05	115.0	2009-11-27	Bangalore	India
5	Syed Akil, Sharifah Raudzah	MAS	1973	80.30	107.5	2009-10-23	Kuala Lumpur	Malaysia
6	El-Gnemi, Sahar	LBA	1981	81.45	90.0	2009-12-07	Cairo	Egypt
7	Al Suwaidi, Shaikha Rashed	UAE	1978	80.80	60.0	2009-10-23	Kuala Lumpur	Malaysia

## Women's Over 82.50kg

Rank	Name	NPC	Birth	Body Weight	Result	Date	City	Country
1	Barcenas, Perla	MEX	1971	88.20	130.0	2009-10-27	Cuernavaca, Morelos	Mexico
2	Ancheta, Adeline	PHI	1973	96.40	115.0	2009-08-18	Kuala Lumpur	Malaysia
3	Araujo, Edilandia	BRA	1986	89.00	100.0	2009-11-28	Bangalore	India
4	Tuinfort, Melaica	NED	1990	96.00	100.0	2009-10-23	Kuala Lumpur	Malaysia

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5	Alkaabi, Fatmah Rashed	UAE	1981	111.95	95.0	2009-11-28	Bangalore	India
6	Alaqouri, Ghazalah	LBA	1973	92.45	90.0	2009-12-07	Cairo	Egypt
7	Lee, Hyunjung	KOR	1986	99.25	85.0	2009-10-23	Kuala Lumpur	Malaysia
8	Aiamno, Prani	THA	1977	109.00	75.0	2009-11-28	Bangalore	India
9	Al Suwaidi, Shaikha Rashed	UAE	1978	84.00	57.5	2009-05-11	Darwin	Australia