



TEAM INFORMATION FIS Para Snowboard World Championships

La Molina | 07-18 March 2023



 **La Molina**
TAN *intensa*
COM TU
VULGUIS

Atreveix-te amb l'esport de muntanya a La Molina, tasta la neu de les més de 60 pistes d'esquí i descobreix el paisatge dels Pirineus que trobaràs en ple Parc Natural de Cadí-Moixeró.

 **La Molina**

www.lamolina.cat



Welcome to La Molina, Spain

The Organising Committee of the 2023 FIS Para Snowboard World Championships, La Molina extends our warmest invitation to participate in this event from 07th to 18th March 2023

Updated competition information

Information will be published on an ongoing basis at the official www.lamolina.cat



Official Functions & Contact Details

Event Director	Xavier Perpinya Colomer	Phone: +34 972 89 21 91 E-mail: direccio@lamolina.cat
Assistant Event Director	Eduard Conde Garcia	Phone +34 972 89 21 91 E-mail econde@lamolina.cat
Chief of competition	Joan Torrellas	Phone E-mail
FIS TD	TBD	E-mail
FIS RD	TBD	E-mail
Rescue / Medical Service	LA MOLINA	Phone E-mail dcampa@lamolina.cat
Team Captain's Meetings	LA MOLINA	Adress: MUSEUM
Official Notice Board Location	LA MOLINA	receptiu@lamolina.cat
Official Webpage	www.lamolina.cat	
Competition / Race Office	LA MOLINA	Adress: MUSEUM
Accreditation Office	LA MOLINA	Adress: MUSEUM
Transportation Office	LA MOLINA	Adress: MUSEUM
Accommodation Office	LA MOLINA	Adress: MUSEUM
Finance Office	LA MOLINA	Main offices



Race Registration

Deadlines

	<i>System opening</i>	<i>System closing</i>
Accommodation reservation – via form found at official website	01.02.2023	28.02.2023
Airport shuttle reservation – via form found at official website	01.02.2023	28.02.2023

- Rules:** International Para Alpine Competition Rules (ICR) 2022/2023
- Age Limit:** According to the ICR
- FIS Point Limit:** According to the Qualification Guide 2023 FIS Para Alpine World Ski Championships

All documents are available under: <https://www.fis-ski.com/en/para-snowsports/para-alpine/documents>

Accident and health Insurance

Each National Ski Association and/or National Federation must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability and accidents during the competition period.

All delegation members must have appropriate accident and health insurance in order to race in international ski competitions. The organizers do not accept liability for any injury/damage to persons/belongings.

Participant Insurance

With the issuance of a license to participate in FIS competitions and entry, the National Ski Association confirms that valid and sufficient accident insurance for training and competition is in place for the competitor and assumes full responsibility. For more information, please see art. 204.2 and 212 of the ICR.

Finance

First Payment Accommodation Package Fee	20.02.2023	First payment deadline. 50 % of accommodation package fees must be paid to LOC to secure requested accommodation. The fees are NOT REFUNDABLE.	
Final Payment Accommodation Package Fee	01.03.2023	Final payment deadline. Remaining 50 % of accommodation package fees must be paid to LOC to be able to enter the competition. The fees are NOT REFUNDABLE.	
Bank Account data	Payments should cover bank transfer charges	Bank and Bank address	CAIXABANK (EUROS)
		Account Number	2100 1364 05 0200028921
		IBAN	ES62 2100 1364 05 0200028921
		BIC (SWIFT)	CAIXESBBXXX
Liability	The organizers do not accept liability for any injury/damage to persons/belongings.		



Payment

Payments for booked accommodation packages, rent of wax cabins and airport shuttles are to be made by invoice sent by e-mail to each NSA prior to the competition.

Last day of full payment to be able to enter the competition is 01.03.2023.

Payments will be confirmed upon arrival – at the airport or at the hotel – to receive your accreditations and access to check-in at the hotel.

Payments are non-refundable.

Only credit cards are accepted, no invoicing or cash will be handled on site.

Late bookings of accommodation packages, airport shuttles, wax cabin rentals etc. can be made upon request at OC Race Office, due to availability.

Credit cards and cash

Any payments made on site at the race office and hotels should be made by credit card. No cash is accepted.

Credit and debit cards are widely accepted in Sweden; most hotels, restaurants, stores and other commercial trades usually accept different types of cards. Most common in Sweden is VISA, MasterCard and American Express among others. Please note that the primary way to pay in Sweden is by credit card. Most stores and restaurants do not accept cash.

Accreditations

The accreditation badges for the teams are handed out at the Accreditation Office - MUSEUM

The accreditations will not be handed out if there are any outstanding payments left to be made. Any payments last minute will be handled at Accreditation Office - MUSEUM.

All hotels will ask for passport and accreditation at check in.

The hotel check in will be closed until the teams have fulfilled their obligations to OC.

Everyone is required to always wear their accreditation card.

Medical and Anti-Doping Information

Medical services

The OC will do its best to guarantee the safety of all participants and first aid services for the teams during the entire duration of the Championships. Medical personnel will be present at all events at the Championships venue, according to ICR art. 221.

Anti-Doping

According to the [FIS Anti-Doping Rules](#)



Travel and transportation

Flights to/from

The official airport is *Barcelona El Prat*, located 2.5 hours' drive from La Molina.

Visas

Teams are responsible to arrange for visas in time, if required.

LOC can assist you by providing an official invitation letter for your team's visa applications.

Send a complete list with full name of each delegate, date of birth and passport number to econde@lamolina.cat as soon as possible.

Venue shuttle between La Molina and Official Hotels

LOC will organize scheduled venue shuttles for accredited delegates on official days.

The venue shuttle is included in the accommodation package.

If you have any other transportation needs outside the venue shuttle schedule, please contact the OC at least 24 hours before, to see if we can fulfil your requests at own cost.

Airport shuttle from Airport to La Molina hotels and return

LOC provides wheelchair accessible transportation service upon request from/to *Barcelona Airport* to/from official hotels, for a cost (CONTACT WITH receptiu@lamolina.cat).

Please send your transport requests no later than **15.02.2023** via email

Accommodation & meals

We offer two levels of official accommodation at a first come first served basis.

All types of accommodation are offered as full board including breakfast and dinner at the accommodation and lunch served at the venue depending on the competition schedule.

Meals are included in the accommodation package on official days, starting with dinner 17th January and ending with breakfast 30th January.

Please inform the LOC of any food allergies by sending an e-mail to receptiu@lamolina.cat before **15.02.2023**.

Please note that each accommodation alternative has a limited number of rooms. The organizer cannot guarantee available rooms. To secure your choice of accommodation, make your reservation as soon as possible and follow the booking policy by finalizing the payments before the set deadlines.

Reservations paid later than 15 December cannot be guaranteed.

Requests of accommodation are made directly to the organizer by sending in the form for accommodation reservation, to be found at receptiu@lamolina.cat

Please note that accommodation reservations **are binding and not refundable**.

Alternatives for accommodation, prices are shown per person per night, incl. full board and venue shuttle:



OPTION 1 - Hotel	Single room: €155 Shared twin room: €135	3-star hotel; in the center and ski stadium.
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The tourist tax is not included, payment directly at the hotel.

Please note that all hotels have a limited number of accessible rooms. The OC therefore has the right, if necessary, to allocate teams to a different hotel within the same hotel category to meet the accessibility needs of all teams.

Only the official hotels can provide meals and shuttle service to accredited delegates.

Competition Venue

La Molina is located in a well-situated location in La Cerdanya, at the north of Catalonia in the Spanish Pyrenees, surrounded by mountains of more than 2500meters. 156Km from Barcelona.

La Molina had the first ski race in 1909 and the ski resort had built the first ski lift in1943.

The ski resort, includes slopes and lifts, parking areas and 5 restauration areas.

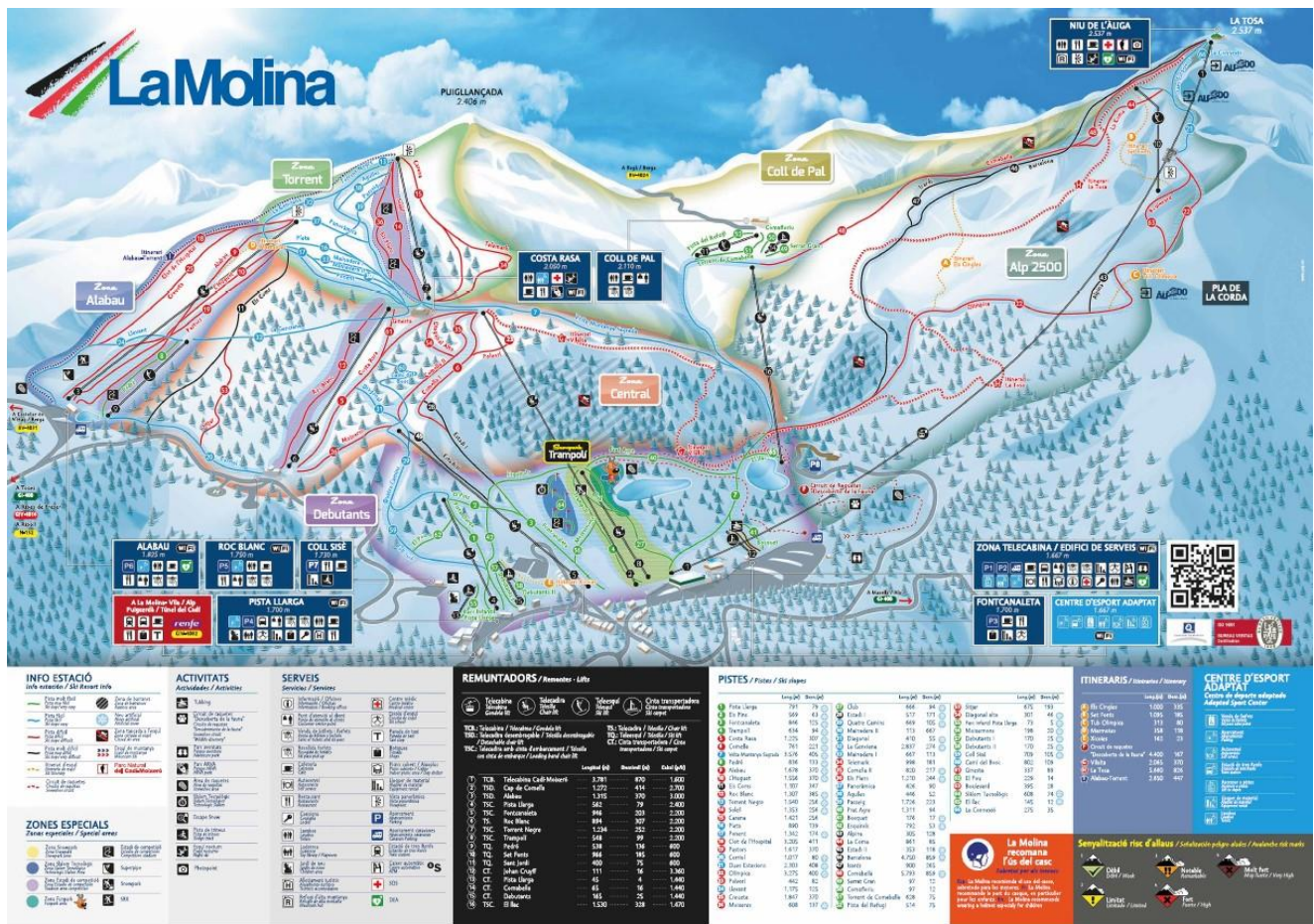
At 2009 La Molina has been awarded with the IAKS Award, as an adapted Ski Resort.

All the races will be held on the Torrent Negre area, at the Els Plans and Solei slopes. The acces from the parking will be by Cap de Comella chairlift.

The awards ceremony place will be at the Medals Square.

Facilities and wax cabins

All the hotels have ski rooms or an adapted wax rooms.



La Molina PUIUGLANCADA 2.409 m

Map showing various zones: Torrent, Coll de Pal, Alp 2500, Alabau, Debutants, Central, and Pla de la Corda. Includes information on cable cars, buildings, and QR codes.

INFO ESTACIÓ Info estacion / Ski Resort info

ACTIVITATS Activitats / Activities

SERVEIS Serveis / Services

REMUNTADORS Remontador / Lifts

PISTES Pistes / Ski slopes

ITINERARIS Itineraris / Itinerary

CENTRE D'ESPORT ADAPTAT Centre de deportes adaptats / Adapted Sport Center

ZONES ESPECIALS Zonas especiales / Special areas



Competition Schedule

Tuesday 07 March 2023	Arrival Team
Wednesday 08 March 2023	Inspection only / Free Riding
Thursday 09 March 2023	Snowboard Cross Inspection & Training
Friday 10 March 2023	Snowboard Cross Qualification
Saturday 11 March 2023	Snowboard Cross Finals
Sunday 12 March 2023	Snowboard Cross Team
Monday 13 March 2023	Inspection only / Free Riding
Tuesday 14 March 2023	Dual Banked Slalom Inspection & Training
Wednesday 15 March 2023	Dual Banked Slalom Inspection & Training & Qualification
Thursday 16 March 2023	Dual Banked Slalom Finals
Friday 17 March 2023	Dual Banked Slalom Team
Saturday 18 March 2023	Departure



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