



12th DEC 2021

CODE OF CONDUCT DURING THE WORLD PARA NORDIC SKIING EVENT VUOKATTI 13TH TO 21 ST DECEMBER 2021

The purpose of these instructions is to ensure a safe and successful event at Vuokatti and to give all the participants practical advices how to prevent risks of getting Covid-19 infection.

- 1. Wearing of medical masks is mandatory, by all individuals connected to the event,
 - in all indoor spaces (lobby, restaurant, classification facilities, sport facilities, shops)
 - in outdoor spaces where the minimum distance of 1.5m can't be maintained (e.g. start and finish areas, biathlon shooting range etc.)
- 2. Classification: Individuals who are involved in classification will be tested with Antigen test prior to classification session according to the schedule. Tests will be carried out at "Vuokattihalli" Sport complex in the mornings Monday to Thursday. You can attend classification only after a negative test proof.

In case of positive ANTG test proof:

- A new PCR sample will be taken.
- Infected person will be isolated immediately.
 - o take-away meals; team staff responsible
 - Regional health authorities decide the length of Isolation It`s a must to follow orders given by them and the LOC.
 - o avoid all the contacts to the other people.
 - o in case of sickness, contact hospital at Kajaani.
- Exposed persons
 - o tracing of exposed people will done by LOC & regional health authorities.
 - o exposed people might set into the quarantine by regional health authorities.
 - o take-away meals
 - o possible to ski/train outdoors alone
 - o avoid all the contacts to the others
 - \circ the length of quarantine varies from 7 to 12 days



3. Antigen test during the event

- At the moment there is no need for additional antigen tests but LOC will follow the pandemic situation together with regional health authorities and react if needed.
- price is 90 e / test including a certificate

4. Departure testing

- Each team is responsible to find out if any (and what kind of) test is needed to travel back home.
- for example Departure PCR-test taken in Vuokatti on Monday 20th -> test result ready and a certificate printed out on Tuesday evening 21th

5. TCM's and race office

- Online TCM's only
- No printed start lists
- WhatsApp will be used for communication and race info.

Jyri Pelkonen Covid-19 coordinator