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# COVID-19 PROTOCOL

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World Para Nordic Skiing, World Cup Östersund



DEN 10 JANUARI 2022  
LOC ÖSTERSUND



## **CV-19 Safety Protocol for WPNS 2022 Östersund**

The Parasport Sweden, Swedish Paralympic Committee and the Local Organising Committee (LOC) is glad about being able to host WPNS 2022 in Östersund, Sweden. To make this possible, the LOC, in agreement with local government, health authorities and Parasport Sweden, have decided to design and implement a Safety Protocol to minimize all possible risks to an acceptable level. The main goal of this Protocol and its rules/procedures is to create a safe environment for everyone involved in the World Cup, regardless of being the athlete, official, LOC, volunteer, etc. However, this protocol does not provide a guarantee, it is only a monitoring and helps us to react as soon as possible.

The protocol should be considered alongside any and all guidelines and regulations from local public health authorities for the duration of their stay in Sweden. In the event of a conflict between requirements of local public health authorities and the Safety Protocol, the more stringent requirements apply.

The Safety Protocol and its procedures described in this document, are subject to change according to the local and global COVID-19 pandemic situation development. We might have to modify this Safety Protocol for adapting the restrictions and remain prepared to handle any new situation.

The most important and effective measures for personal protection as well as for the protection of others are:

- Social/physical distancing (stay away at least 1,5 meter from each other)
- Proper hand hygiene
- Wearing a face mask covering the mouth and the nose
- Correct cough etiquette
- No sharing (food, towels, water bottle, etc.)

### **Face covering:**

Wearing a face mask is always mandatory in all public areas (indoor / outdoor), except for these situations:

- While consuming food or beverages
- Unless you are the only occupant of a closed-door room
- Doing physical activity (warm-up)
- On practice/competition

The face mask suggested by the Ministry of Health of Sweden for the purpose of this World Cup Safety Protocol should be preferably surgical masks and face covering with



minimum protection class CE-marked that meet the quality requirements in the standard SS-EN14683: 2019, which is mandatory while travelling. Mask should be changed on a regular basis according to the type of mask. Homemade fabric masks are not allowed in Sweden.

### **Proper hand hygiene**

Proper hand hygiene is always required. All participants need to wash their hands for 20 seconds with soap and water after using toilet, after sneezing or coughing and before eating. Use of alcohol-based hand sanitizer is recommended, as often as possible.

### **Correct cough etiquette:**

Cough etiquette must be followed - always cough or sneeze into a tissue or the bend of your elbow.

### **Social / physical distancing**

All participants are required to always practice social/physical distancing. It is important to minimise social interaction, wear a mask, and avoid enclosed spaces and crowds where possible. Keep 1,5 metres distance from each other.

### **Competition Bubble**

As a part of the Safety Protocol, the LOC together with local authorities and designed secured zone called "Game bubble" and its requirements. Accreditation determines where you can stay and walk. No one without accreditation is allowed at the competition area.

### **Vaccination**

Due to insufficient evidence on the duration of protection and effectiveness of COVID-19 vaccines, all participants of the Event should continue to practice Safety Protocol and public health measures for prevention and control of SARS-CoV-2 infection and transmission regardless of vaccination status, due the situation with spread of infection. Due the current spread of infection Vaccin pass is not mandatory.



### **Tournament Infection Control Officer**

The LOC assigned a Tournament Infection Control Officer (TICO) who will be responsible in coordination of all necessarily arrangements with the Swedish local authorities (e.g. Ministry of Health, Regional Hygienic Station, etc.) and who will implement and regulate the Safety Protocol.

TICO will be the key person for all related COVID-19 issues during the event.

Should you have any question regarding safety requirements connected with the COVID-19, please do not hesitate to contact TICO by e-mail: [covid@veronicare.se](mailto:covid@veronicare.se)

All participants of the WPNS 2022 should be aware that the successful, enjoyable and safe tournament depends on compliance with the Safety Protocol and the discipline of all participants before the start and during the tournament.

### **Entry Sweden**

#### Overall:

- All participants must have valid passport and a valid travel document (visitor visa), if required, to enter Sweden.
- It is the NPC's responsibility to secure COVID-19 protection for their athletes, coaches, and staff during travel to Sweden.
- A face mask always must be worn during any kind of transport. The alcohol-based hand sanitizer must be used frequently on your hands.

#### Entry requirements:

To entry Sweden, you need a negative test within 48 hours.

The following types of tests for covid-19 are approved prior arrival: Antigen test, PCR test, LAMP test. This applies to all countries and even if you are vaccinated. The following information must be on the certificate for it to be valid:

- The name of the person who has been tested, passport number or social security number.
- Time of sampling.
- The type of test that has been performed.
- The test result.
- Name, telephone number and address of the issuer of the certificate or of the laboratory that carried out the test.

The information must be clearly stated in Swedish, English, Norwegian, Danish or French. The Swedish Public Health Agency requires that everyone who travels into Sweden, regardless of citizenship, must test themselves upon entry and to avoid contacts for seven days. This applies regardless of whether you are covered by the requirement to present a negative covid-19 test before entry or not.



Sweden will always apply entry regulations according to the last country you enter from, even if this is only a transit country. See the Swedish regulations for more information here.

<https://polisen.se/en/the-swedish-police/the-coronavirus-and-the-swedish-police/travel-to-and-from-sweden/>

### **FIS-covid-19 passport**

A valid "FIS-covid-19 passport" is mandatory for all participants support staff and all other accredited personnel to get accreditation. This is a digital solution where everyone is obliged to register Covid-19 certificate, recovery certificate and PCR test results. Data from the Covid-19 certificate and test results will be available to all the accredited. Updated registration of information in the "FIS-covid-19-passport" is a prerequisite for participation and accreditation for the event. <https://fispassport.fis-ski.com/fis/portal/>

### **Costs**

- PCR test 150 euro
- Antigen test 50 euro

All tests during the competition will be taken nearby the arena.

All costs will be invoiced directly after the competitions.

### **Before travelling to Sweden**

The teams are kindly asked to name their Team Covid-19 Coordinator to be in contact with the Tournament Infection Control Officer [covid@veronicare.se](mailto:covid@veronicare.se) and deal with all matters connected with the Safety Protocol and any COVID-19 suspicion before the start as well as during the WPNS 2022 in Östersund.

For planning of test type and time for execution, please send departure details to Tournament Infection Control Officer, [covid@veronicare.se](mailto:covid@veronicare.se)

- What time are you traveling?
- Where are you traveling?

As a safety measurement the LOC recommends everyone traveling to the World Cup to minimise social interaction, wear a mask, and avoid enclosed spaces and crowds where possible the week before traveling to Östersund- Sweden.



## Östersund WPNS 2022 Time Line

### 24th of January



Traveling to Östersund- Sweden, 48 hours negative test result.  
Self-isolation at the Team hotel room until training / competition.

### 25th of January



Entering Tournament Bubble (only with negative PCR test result). PCR test not older than 72 hours when picking up the accreditation.

### 26th of January



All participants will do an Antigen Rapid test at the competition arena.

### 25th January - 1st February



2022 World Cup WPNS.

### 31th of January



Eventual tests before departure. (Send travel details to [covid@veronicare.se](mailto:covid@veronicare.se))

### 2th of February



Travel back to your home country. NPC delegation and ITOs in consultation with the LOC accredited medicine agency for tests and conduction for each arrival destination including transfer destinations.

If we need to do tests in another time (individual cases), we will solve it.



**If any individual develops symptoms:**

If an accredited person displays any of the symptoms or returns a positive COVID-19 test, then the individual and close contacts must self-isolate in their hotel room/s.

**If any individual develops symptoms, irrespective of any previous test outcome, then they must self-isolate and contact the Tournament Infection Control Officer.** Should any individual develop symptoms or test positive for COVID-19 they must self-isolate in their room for 7 days from the day the symptoms started or date the positive test was taken.

As a result of any isolation periods The LOC will liaise with the hotel and support the team with requirements. As previously stated, athletes and team officials must ensure they have appropriate medical insurance to cover routine medical healthcare, including COVID-19 care if reciprocal home country arrangement do not apply.

**For clarity, all scenarios that may require a period of self-isolation are stated below.**

Scenario	Symptoms?	COVID-19 test result	Identified as close contact?	Action	Notes
1	Yes	Positive	No	Isolate for 10 days from start of symptoms or day of test whichever comes first	Can end isolation after 7 days if does not have symptoms
2	No	Positive	No	Isolate for 7 days from day of test	Can end isolation after 7 days if does not have symptoms
3	Yes	Negative	No	Isolate until negative test result is returned and symptoms are gone	
4	No	N/A	Yes	Isolate until negative test result is returned	
5	No	Negative	No	No Action	



## **Compliance & Sanction**

By registering for the Event, all participants agree and commit to strictly follow these stated rules and procedures.

Any participant who breaks the Tournament Safety Protocol will have his or her accreditation privilege revoked and will be expelled from the tournament bubble (Team Hotel and Competition Venue)

Sanctions are applicable to all participants (athletes, coaches and team staff. LOC staff, IPC/WPIH delegates, ITOs and volunteers).

In case of violations, a disciplinary procedure will be opened. In case of 1 or 2 bubble violations in a team, the concerned members will be expelled from the bubble, in case of 3 or more bubble violations, the disciplinary panel will need to consider expulsion from the tournament of the entire team.

The LOC thanks the participating teams, officials, staff, volunteers, and all other participating staff for compliance with this Safety Protocol so as we all can enjoy the tournament.