



# INVITATION

## World Para Nordic Skiing World Cup

Östersund, Sweden | 27<sup>th</sup> January to 1<sup>st</sup> February 2022



## Official functions

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<b>Team Captain's Meetings</b>	Östersund Ski Stadium	
<b>Official Notice Board Location</b>	Ski stadium/Race office <a href="http://www.winterparasport.com">www.winterparasport.com</a>	

# Rules and regulations

<b>Rules:</b>	WPNS Rule Book 2021/2022.
<b>Doping:</b>	According to the IPC Doping Control Agreement.
<b>Participant Insurance:</b>	Each NPC/NSF must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability and accidents. All delegation members must have appropriate accident and health insurance in order to race in international ski competitions. For more information please contact IPC directly by e-mailing <a href="mailto:NordicSkiing@WorldParaSnowSports.org">NordicSkiing@WorldParaSnowSports.org</a>
<b>Age Limit:</b>	According to WPNS Rules.
<b>WPNS Point limit:</b>	According to WPNS Rules.
<b>Race entry:</b>	<a href="#">IPC Online Entry System</a>
<b>Entry Fee:</b>	According to WPNS Rule Book 2021/2022.
<b>Accommodation Fee:</b>	See options for accommodation.

<b>Final Payment for Race Entry &amp; Accommodation Fee deadline:</b>	<b>17.12.2021</b>	Please pay the entry fees and accommodation fees according to received invoice and booking policy. The fees are NOT REFUNDABLE.	
<b>Bank Account data:</b>	Payments should cover bank transfer charges	Bank and Bank address:	<b>Swedbank AB</b> , SE-105 34 STOCKHOLM, Sweden
		Account Number:	9142441923
		IBAN:	SE6180000890119142441923
		BIC (SWIFT)	SWEDSESS
<b>Official Webpage for the event:</b>	<a href="http://www.winterparasport.com">www.winterparasport.com</a>	Please refer to the webpage frequently for information including course maps, changes in the program and other updated news.	
<b>Liability:</b>	The organizers do not accept liability for any injury/damage to persons/belongings.		

# Welcome to Östersund, Sweden

The Organizing Committee of the Östersund 2022 World Para Nordic Skiing World Cup extends our warmest invitation to participate in this event in Östersund, 27th January - 1st February 2022.

With a population of about 65.000 people, Östersund is the only city in the county of Jämtland. It is situated by the lake Storsjön, in line with the coastal cities of Sundsvall and Trondheim (Norway). The mountain resort Åre is about an hour away by car, while you get to Stockholm in 50 minutes by air and in less than five hours by express train. The long and cold winters are the greatest assets of the city, along with the freshest air and the cleanest water of Europe. Additional to the Biathlon World Championships 2008 and 2019 along with the annual Biathlon World Cup premieres, Östersund is also the host of many other national and international winter sports events as World Para Ice Hockey Championships and World Para Nordic Skiing World Cups.

## *Currency*

The official currency in Sweden is Swedish Krona. Exchange possibilities is located in the city center, either at the local Forex exchange office or at any of the local bank offices.

## *Credit cards*

Credit and debit cards are widely accepted in Sweden; most hotels, restaurants, stores and other commercial trades usually accepts different types of cards. Most common in Sweden is VISA, MasterCard and American Express among others.

## *Information*

Information will be published on an ongoing basis at the official website [www.winterparasport.com](http://www.winterparasport.com). Here you will be able to find all information you need for your stay in Östersund during the championships.

## *Contact*

If you have any questions, please contact;

Sport related questions; [tommie.jirhed@parasport.se](mailto:tommie.jirhed@parasport.se), Competition coordinator.

Transportation; [maria.lonnborg@parasport.se](mailto:maria.lonnborg@parasport.se), Transport coordinator.

Accreditation; [evelina.holmberg@parasport.se](mailto:evelina.holmberg@parasport.se), Accreditations coordinator.

Accommodation, meals and non-sport related questions; [winterparasport@gmail.com](mailto:winterparasport@gmail.com)

# Travel and transportation

The closest airport is located just 15 minutes from the city center of Östersund; *Åre Östersund Airport*. Another option is to fly to/from *Trondheim Vaernes Airport* in Norway, about 4 hours by bus transportation to Östersund.

## *Visas*

If an entry visa is required for entering Sweden, please do not forget to apply for visa in advance. Teams are responsible to arrange for visas if required.

LOC will gladly assist you with providing the team with an invitation for the visa application, just send a complete list with full name, date of birth and passport number to [winterparasport@gmail.com](mailto:winterparasport@gmail.com) as soon as possible.

## *Import and export of rifles and ammunition*

Please note that importing a rifle to Sweden without a permit requires that the person importing the rifle must be at least 18 years of age and that the rifle has a limited effect. This means that the projectile that is fired has an impact energy that is less than 10 joules at a distance of four meters from the rifle's muzzle. In all other cases an import declaration for the rifles must be carried out and presented to the Swedish customs at the border.

## *Local transports*

LOC will organize scheduled shuttles on official days for accredited delegates - to/from the arena to/from the official hotels during the competition period.

If you have any other transportation needs outside the shuttle schedule, please contact the LOC [maria.lonnborg@parasport.se](mailto:maria.lonnborg@parasport.se) at least 24 hours before, to see if we can fulfil your requests at own cost.

## *Departure from Lillehammer, Norway to Östersund, Sweden*

LOC will provide wheelchair accessible transportation service from Lillehammer, Norway to Östersund, Sweden (to official hotels) on the 24<sup>th</sup> January 2022 for a cost of 150 EUR per person (single way 530 km, including equipment).

NPC must provide their transport requests via [www.winterparasport.com](http://www.winterparasport.com) before **10 December 2021**.

## *Airport shuttle Östersund Airport - Östersund hotel and return*

LOC will provide wheelchair accessible transportation service from/to Åre Östersund Airport to/from official hotels on official days, for a cost of 20 EUR/person (single way including equipment).

NPC must provide their transport requests via [www.winterparasport.com](http://www.winterparasport.com) before **10 December 2021**.

## *Transport from Trondheim Vaernes Airport, Norway to Östersund and return*

LOC will provide wheelchair accessible transportation service from/to Trondheim Vaernes Airport, Norway to/from Östersund (official hotels) for a cost of 120 EUR per person (single way, including equipment).

NPC must provide their transport requests via [www.winterparasport.com](http://www.winterparasport.com) before **10 December 2021**.

## Accommodation & meals

We offer different alternatives and levels of official accommodations at a first come first served basis. All types of accommodation are offered as full board including breakfast at the accommodation and with lunch and dinner primarily served at the ski stadium, depending on the competition schedule. These meals are included in the fee for accommodation.

Please inform us of any food allergies by sending an e-mail to [winterparasport@gmail.com](mailto:winterparasport@gmail.com) before 31 Dec.

Please note that each accommodation alternative has a limited number of rooms, the organizer cannot guarantee available rooms. To secure your choice of accommodation, make your reservation as soon as possible. Requests of accommodation are made directly to the organizer by sending in the form for accommodation reservation, to be found at [www.winterparasport.com](http://www.winterparasport.com). More information about the accommodation alternatives including pictures can also be found at the website.

Please note that accommodation reservations are **binding and not refundable after 10 December**.

**Alternatives for accommodation, prices are shown per person and night including meals and shuttle:**

<b>Hostel Ledkrysset</b>	Single room: €100 Double room: €80 Dormitory rooms: €80	<a href="http://www.ostersundledkrysset.se">www.ostersundledkrysset.se</a>
<b>Best Western Hotell Ett</b>	Single room: €140 Double room: €120	<a href="http://www.hotellett.com">www.hotellett.com</a>
<b>Scandic Östersund Syd</b>	Single room: €160 Double room: €130	<a href="http://www.scandichotels.se/ostersundsud">www.scandichotels.se/ostersundsud</a>
<b>Clarion Hotel Grand Östersund</b>	Single room: € 170 Double room: €145	<a href="http://www.nordicchoicehotels.se/clarion/clarion-hotel-grand-ostersund/">www.nordicchoicehotels.se/clarion/clarion-hotel-grand-ostersund/</a>

Please note that only the official hotels can provide meals and transportation service to accredited delegates. To keep all the teams safe and healthy in these times we need to make sure all teams are staying at by us approved hotels that follows LOC's standards due to covid regulations and restrictions.

# Medical

## Medical services

The LOC will do its best to guarantee the safety of all participants and first aid services for the teams during the entire duration of the tournament. Medical personnel will be present at all events at the tournament venue.

## Covid Risk Assessment and Restrictions

We monitor the situation closely. Together with World Para Nordic Skiing, the LOC will provide more information to all the teams about the Safety Protocol that everyone at the event need to follow.

# Entries

For the World Cup the entries by numbers and entries by names shall be registered by the IPC online registration system, [www.paralympic.org/entries](http://www.paralympic.org/entries).

## Deadlines

	System opening	System closing
<b>Accommodation reservation</b> – via form found at official website	08.11.2021	10.12.2021
<b>Wax cabin reservation</b> – via form found at official website	08.11.2021	10.12.2021
<b>Airport shuttle reservation</b> – via form found at official website	08.11.2021	10.12.2021
<b>Entry by number</b> – via IPC online registration system	01.10.2021	16.12.2021
<b>Entry by names</b> – via IPC online registration system	02.12.2021	17.01.2022

## Insurance

Each National Federation and/or National Paralympic Committee must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability and accidents during the competition period. All delegation members must have appropriate accident and health insurance in order to race in international ski competitions. The organizers do not accept liability for any injury/damage to persons/belongings. For more information, please contact [NordicSkiing@WorldParaSnowSports.org](mailto:NordicSkiing@WorldParaSnowSports.org)

## Payment

Payments for accommodation package, rent of wax cabins, transfers and airport shuttles are to be made by invoice sent by LOC to each NPC prior to the World Cup.

**Last day of payment will be 17 December 2021 and are non-refundable.**

Race fees are to be paid on site at the race office. Credit cards are accepted or an invoice will be issued.

**LOC has no possibility to handle payments on site by cash.**

# Competition venue

The city of Östersund continues to make many upgrades at the ski stadium, where more than 89 kilometers of world class biathlon and cross-country racing tracks runs at an average elevation. One of the latest upgrades consists of a new solution concerning the competition tracks for sit skiers. Östersund Biathlon Arena is the national arena of Sweden specifically for Biathlon.

## *Accreditations*

Accreditations for the whole team are handed out to the team captains at the competition office upon arrival. Everyone is required to wear their accreditation card when staying on the biathlon arena, otherwise you can be denied entrance.

## *Facilities and wax cabins*

The Competition Office is located at the biathlon arena. Wax cabins in a size of 15 m<sup>2</sup> is located downside the shooting range approximately 50 meters from the ski tracks. The teams have the possibility to rent wax cabins for a cost of 300€ /cabin during the period of 24 January to 2 February. Keys for the wax cabins will be handed out at the competition office upon arrival.

## *Award Ceremonies*

The Award Ceremonies will be held directly after each category and competition at the competition venue after official results are published. Top three athletes will be awarded. Please make sure that the top three athletes are at the arena ready for ceremony.

## *Information*

For further information please visit our website [www.winterparasport.com](http://www.winterparasport.com).



# Preliminary program

Monday 24 January 2022	Arrival
Tuesday 25 January 2022	Unofficial training
Wednesday 26 January 2022	Official Training 1st Team captains meeting
Thursday 27 January 2022	Official training Competition – CC Middle C 2 <sup>nd</sup> Team captains meeting
Friday 28 January 2022	Competition – CC Sprint F
Saturday 29 January 2022	Official training 3 <sup>rd</sup> Teams captains meeting
Sunday 30 January 2022	Competition – BT Sprint Official training 4 <sup>th</sup> Team Captains meeting
Monday 31 January 2022	Competition – BT Super Team Sprint Official training 5th Team Captains meeting
Tuesday 1 February 2022	Competition – BT Individual
Wednesday 2 February 2022	Departure

*Changes to the program can be made by the organization*

In 2023 the region of Jämtland – Härjedalen, with Östersund and Åre in front will host the World Para Snow Sports Championships. Containing the World Champs in Para Biathlon, Para Cross Country, Para Alpine, Para Snowboard and Para Ice Hockey- all at the same period.

2022 we host test events and World Cups to build up the strength to the World Championships 2023. The local organizing committee gladly invites all of you to make this journey with us. Hope to see all of you here at the events.

*Welcome to the county of Jämtland!*



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2023