



# INVITATION

# World Para Nordic Skiing World Cup Finals

Östersund, Sweden | 16-22<sup>th</sup> March 2020







# Official functions

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WPNS IR Timing & Results	Tor Undheim (NOR)	E-mail:	tor.undheim@getmail.com
Rescue/ Medical Service	Event HealthCare	Phone:	+46 767972216
		E-mail:	info@eventsjukvardjamtland.se
Team Captain's Meetings	Östersund Ski Stadium		
	Mediacenter 3rd floor		
		T	
Official Notice Board	Ski stadium/Race office		
Location	www.winterparasport.com		





# Rules and regulations

Rules:	WPNS Rule Book 2019/2020			
Doping:	According to the II	According to the IPC Doping Control Agreement		
Participant Insurance:	Each NPC/NSF must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability and accidents. All delegation members must have appropriate accident and health insurance in order to race in international ski competitions. For more information please contact IPC directly by e-mailing <a href="mailto:info@WorldParaNordicSkiing.org">info@WorldParaNordicSkiing.org</a>			
Age Limit:	According to M/DNS Bules			
Age Limit.	According to WPNS Rules			
WPNS Point limit:	According to WPNS Rules			
Race entry:	IPC Online Entry System			
Entry Fee:	According to WPNS Rule Book 2019/2020			
Accommodation Fee:	See options for ac	See options for accommodation		
Final Payment for Race Enrtry & Accommodation Fee deadline:	20.02.2020	Please pay the entry fees and accommodation fees according to received invoice. The fees are NOT REFUNDABLE.		
		Bank:	Swedbank	
	Payments should cover bank transfer charges	Account:	5728-1248	
Bank Account data:		IBAN:	SE7980000814710433770237	
		BIC (SWIFT)	SWEDSESS	
Official Webpage for the event:	www.winterparasport.com		Please refer to the webpage frequently for information including course maps, changes in the program and other updated news.	
<b>Liability:</b> The organizers do not accept liability for any injury/damage to persons/belongings.				





# Welcome to Östersund

The Organizing Committee of the Östersund 2020 World Para Nordic Skiing World Cup Finals extends our warmest invitation to participate in this event in Östersund, March 16th – 22th, 2020.

With a population of about 64 000, Östersund is the only city in the county of Jämtland. It is situated by the Lake Storsjön, in line with the coastal cities of Sundsvall and Trondheim (Norway). The mountain resort Åre is about an hour away by car, while you get to Stockholm in 50 minutes by air and in less than five hours by express train. The long and cold winters are the greatest assets of the city, along with the freshest air and the cleanest water of Europe. Additional to the Biathlon World Championships 2008 and 2019 along with the annual Biathlon World Cup premieres, Östersund is also the host of many other national and international winter sports events as Word Para Ice Hockey and Cross-Country World Cups.

# Currency

The official currency in Sweden is Swedish Krona. Exchange possibilities are located in the city center, either at the local Forex exchange office or at any of the local bank offices.

### Credit cards

Credit and debit cards are widely accepted in Sweden; most hotels, restaurants, stores and other commercial trades usually accepts different types of cards. Most common in Sweden is VISA, MasterCard and American Express among others.

# Information

Information will be published on an ongoing basis at the official website <u>www.winterparasport.com</u>. Here you will be able to find all information you need for your stay in Östersund during the championships.

### **Contact**

If you have any questions, do not hesitate to send an e-mail to winterparasport@gmail.com.





# Travel and transportation

The closest airport is located just 15 minutes from the City Centre of Östersund; Åre Östersund Airport. It might also be an option to see if there are available flights to Vaernes Airport in Trondheim, Norway, from where it will be a transportation about 4 ours by road to Östersund.

### Visas

If a Visa is required for entering Sweden, please do not forget to apply for Visa in advance, teams are responsible to arrange for Visas if required. LOC will gladly assist you with providing the team with an invitation for Visa application, just send the completed name list (with dates of birth) for Visa to the organizing committee.

# Import and export of rifles and ammunition

Please note that importing a rifle to Sweden without a permit requires that the person importing the rifle must be at least 18 years of age and that the rifle has a limited effect. This means that the projectile that is fired has an impact energy that is less than 10 joules at a distance of four meters from the rifle's muzzle. In all other cases an import declaration for the rifles must be carried out and presented to the Swedish customs at the border.

# **Local transports**

Each team are recommended to rent their own vehicle via the LOC local partner Europear, by using the link below: <a href="https://www.europear.se/parasport">https://www.europear.se/parasport</a>

Rental cars can be picked up at the airport at arrival.

For teams who do not have their own transportation LOC can organize transports to and from the arena, to a small cost. However, these transportations must be ordered at least 24 hours in advance at the competition office.

## Airport shuttle

For teams not choosing to rent their own vehicle airport shuttle can be organized by LOC for a cost of 10 EUR/per person (single way). Airport shuttle must be ordered at least one week before arrival.





# **Accommodation**

You will be able to choose between different alternatives for accommodation. All types of accommodation are offered as full board including breakfast and dinner at the accommodation facilities and lunch served at the ski stadium. These meals are included in the fee for accommodation.

Please note that each accommodation alternative has a limited number of rooms, the organizer cannot guarantee available rooms. To secure your choice of accommodation, make your reservation as soon as possible. Requests of accommodation are made directly to the organizer by sending in the form for accommodation reservation, to be found at <a href="https://www.winterparasport.com">www.winterparasport.com</a>. More information about the accommodation alternatives including pictures can also be found at the website. Please note that accommodation reservations are binding and not refundable after 14 February.

Alternatives for accommodation, prices are shown per person and night:

Hostel Ledkrysset	Single room: €80 Double room: €80 Dormitory rooms: €80	www.ostersundledkrysset.se	
Best Western Hotell Ett	Single room: €120* Double room: €100*	www.hotellett.com	
Hotell Östersund	Single room: €140 Double room: €100 Triple room: €90 Quadruple room: €85	www.hotellostersund.se	
Scandic Östersund Syd	Single room: €158 Double room: €108 Triple room: €98 Quadruple room: €98	www.scandichotels.se/ostersundsyd	
Clarion Hotel Grand Östersund	Single room: € 180 Double room: €120	www.nordicchoicehotels.se/clarion/clarion-hotel- grand-ostersund/	

### Supporters/Family members

For supporters and family members we recommend Clarion Hotel Grand Östersund for accommodation: <a href="https://www.nordicchoicehotels.se/clarion/clarion-hotel-grand-ostersund/">https://www.nordicchoicehotels.se/clarion/clarion-hotel-grand-ostersund/</a>. Another alternative is Best Western Hotell Gamla Teatern: <a href="https://www.gamlateatern.se/">https://www.gamlateatern.se/</a>





# **Entries**

For the World Para Biathlon Championships the entries by numbers and entries by names shall be registered by the IPC online registration system, <a href="https://www.paralympic.org/entries">www.paralympic.org/entries</a>.

### **Deadlines**

	System opening	System closing
Accommodation reservation – via form found at official website	18.12.2019	14.02.2020
Entry by number – via IPC online registration system	20.12.2019	04.02.2020
Entry by names – via IPC online registration system	11.02.2020	06.03.2020
Airport shuttle reservation – via IPC accreditation system	02.12.2019	02.03.2020
Accreditation – via IPC accreditation system	01.12.2019	02.03.2020
Wax cabin reservation – via form found at official website	18.12.2019	09.03.2019

# *Insurance*

All members of each team are obliged to have their own travel and medical insurance valid during the total of the competition period.

# **Payment**

Payments for accommodation, entries, rent of wax cabins and airport shuttles are to be made by invoice sent by LOC to each NPC prior to the championships. The LOC has no possibility to arrange payments on site via credit/debit cards or cash. Please note that the fees for accommodation and race entries are *not refundable*.





# Competition venue

The city of Östersund continues to make many upgrades at the ski stadium, where more than 89 kilometers of world class biathlon and cross-country racing tracks runs at an average elevation. One of the latest upgrades consists of a new solution concerning the competition tracks for sit skiers. Östersund Biathlon Arena is the national arena of Sweden specifically for Biathlon.

### **Accreditations**

Accreditations for the whole team are handed out to the team captains at the competition office upon arrival. Everyone is required to wear their accreditation card when staying on the biathlon arena. Accreditations for World Para Biathlon Championships will also be valid for the Nordic Skiing World Cup Finals.

### Facilities and wax cabins

The Competition Office is located at the biathlon arena. Wax cabins in a size of 15 m² is located downside the shooting range approximately 50 meters from the ski tracks. The teams have the possibility to rent wax cabins for a cost of 300€ /cabin during the period of 16.03. – 22.03. Keys for the wax cabins will be handed out at the competition office upon arrival.

### **Award Ceremonies**

The Award Ceremonies will be held directly after each category and competition at the competition venue after official results are published. Top three athletes will be awarded.

# Information

For further information please visit our website www.winterparasport.com.





# Preliminary program

Monday 16 March 2020	Arrival Official training  1 <sup>st</sup> Team captains meeting
Tuesday 17 March 2020	Competition – Biathlon Sprint
Wednesday	Official Training
18 March 2020	2 <sup>nd</sup> Team captains meeting
Thursday	Competition – CC Short F
19 March 2020	3 <sup>rd</sup> Team captains meeting
Friday	Official training
20 March 2020	4 <sup>th</sup> Team captains meeting
Saturday	Competition – CC Sprint F
21 March 2020	5 <sup>th</sup> Team captains meeting
Sunday 22 March 2020	Competition – CC Long C

Changes to the program can be made by the organization

In 2023 the region of Jämtland with Östersund and Åre in front will host the IPC World Para Snow Sports Championships, preliminary containing the world champs in Para Biathlon, Para Cross Country, Para Alpine, Para Snowboard and Para Ice Hockey all together.

The local organizing committee are looking forward to the WPSSC 2023 with excitement and hope to see all of you here for the events.

This seasons Para Biathlon World Championships is not only a world champs for us, but also one step closer to make the best Para Snow Sport Championships events in 2023 possible. We are heading towards Next Level of Para Biathlon, and gladly invites all of you to make this journey with us.

Welcome to the county of Jämtland!



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