

INVITATION

2021 World Para Nordic Skiing

Equinor Cup - Gålåsprinten

Gålå / Norway

26.-28. November 2021

Organizing Committee

General Management Chairperson	Anne Ragnhild Kroken	+47 940 54058
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Chief of Race	Audun Skattebo	audun.skattebo@gmail.com
Race Secretary	Name	E-mail:
TD	Fridtjof Ranheim	
Ass TD	Arne Otto Vedvik	
Timing & Results	Vigdís Thingelstad	
Team Captain's Meeting	Thursday 25 th kl 18:00 Friday 26 th kl18:00	Per Gynt Stadion, Gålå

Venue Information

- Per Gynt Stadion, Gålå
Cost for parking; NOK 100 pr day from Thursday, 300 NOK all days
<https://www.skiforbundet.no/gala2021/parkering/> = stadium map/parking

Information about the event;

- This is an integrated event, where both ParaAthletes and Abled-bodied are included.
The Paraathlets in standing classes are included in the abled-bodies women class, where they start first.

Logistics

Travel information

- Best way to get there is by car
Traveltime from Gardermoen by car approximal; 2,5 hrs
- Closest airport; Gardermoen, Oslo

Accommodation;

The following accommodations are available at Gålå and in the Hundorp to Vinstra area
Everyone book their own accomodation and pay direct to them.

- Gålå Booking - <https://galabooking.no>: Cabins
- Rønn - Cabin, ta kontakt med Gålå Booking.
- Fefor Hotell - <http://www.fefor.no/>.
- Wadahl - <https://wadahl.no/>.
- Peer Gynt Hotell og spiseri, Vinstra - <https://www.peergynthotelogspiseri.no/> .
- Dale Gudbrandsgard, Sør-Fron - <https://www.dale-gudbrandsgard.no/> .

Other options is Lillehammer, about 1,20hrs by car from Gålå.

Race Registration

Deadlines

	System opening	System closing
Entry by names – via IPC Online Entry System	Date	20.11.21

Race entry fee: NOK 170 pr race
 Rules: WPNS Rule Book 2021/2022 (valid until October 2022)
 Age Limit: Only senior classes
 WPNS Point Limit: According to WPNS Rules

Payment information:

- All cost for accomondation should be paid diretly to the hotel/booking service
- Race fee and cost for Wax Cabin should be paid to the LOC at the Race Office

Competition Information

Wax Cabins

Cost (eks. mva.): 30m2 NOK 9.000,-
 15 m2 NOK 6.000.-.

Order Wax Cabins; erik.ostli@osil.no. Deadline to order Wax Cabin: 12th November

Award Cremony

- Direct after the race at stadium. Prizes for top 3.

Schedule

Here is only keytime for Paraathletes, listed, for full schedule including all races;

<https://www.skiforbundet.no/gala2021/program/>

Friday 26th Nov: Distance races Free Technique

Sitting senior 5,2 km (3 laps a 1,3 km)

Sitting junior 3,6 (2 laps a 1,3 km)

Standing senior 10 km

Standing junior 5 km

Saturday 27th November

All classes – sprint Free technique

Sunday 28th November Distance races Classic

Sitting junior: 3,9 km

Sitting seniors: 7,8 km

Standing junior 5 km

Standing senior 10 km

Changes to the program can be made by the organization

Participant Insurance

Each NPC/NSF must ensure that all the members of their delegation are appropriately insured, including coverage for travel, liability and accidents. All delegation members must have appropriate accident and health insurance in order to race in international ski competitions. For more information please contact

info@WorldParaNordicSkiing.org