

INVITATION

2021 World Para Nordic Skiing National Competition Beitosprinten

Beitostølen / Norway

19.-21. November 2021



Organizing Committee

General Management Chairperson	Anne Ragnhild Kroken	+47 940 54058
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Chief of Race	Torbjørn Broks Pettersen	broksern@gmail.com
Race Secretary	Name	E-mail:
TD	Marte Aagesen Trondsen	
Ass TD	Ella Berg	
Timing & Results	Vigdis Thingelstad	
Team Captain's Meeting	Radisson BLU Resort 18. November at 6:00 PM	2953 Beitostølen
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Venue Information

Idrettens Hus, 2953 Beitostølen
 Very limited space for parking at the Venue
 Cost for parking; NOK 100 pr day

Information about the event;

- This is an integrated event, where both ParaAthletes and Abled-bodied are included.

This is the seasonopening for Norwegian skiers and this event includes also races for Nordic Combined.

The Paraathlets in standing classes are included in the abled-bodies women class, where they start first.

This is an event that is boardcasted by NRK (Norwegian Television)

Logistics

Travel information

- Best way to get there is by car, bus is possible
 Traveltime from Gardermoen by car approximal; 3,5 hrs
- Closest airport; Gardermoen, Oslo



Accommodation

 Everyone is responsible for their own booking of accommodation <u>Radisson BLU resort</u> <u>Bergo Hotel</u>

Cheaper options with cabins/appartements, which also have possibilities for cooking yourselves

https://www.bookingservice.no/

https://www.beitostolen.com/Bo-godt-4029.list

https://knuts-hyttegrend.no/ Cabins/appartements 6-10 beds) 700m from the stadium

Beitostølen Hytter og Camping; https://beitocamp.no/ Cabins (2-10 beds) 500 m from the stadium

There are three supermarkeds at Beitostølen and also several restaurants

Race Registration

Deadlines

	System opening	System closing
Entry by names – via IPC Online Entry System	Date	12.11.21

Race entry fee: NOK 170 pr race

Rules: WPNS Rule Book 2021/2022 (valid until October 2022)

Age Limit: Only senior classes
WPNS Point Limit: According to WPNS Rules

Payment information:

- All cost for accomondation should be paid diretly to the hotel/booking service
- Race fee and cost for Wax Cabin should be paid to the LOC at the Race Office

Competition Information

Wax Cabins

Cost (eks. mva.): 30m2 NOK 9.000,-

15 m2 NOK 6.000.-.

Order Wax Cabins; erik.ostli@osil.no. Deadline to order Wax Cabin: 12th November

Award Cremony

- Direct after the race at stadium. Prizes for top 3.

Schedule

Here is only keytime for Paraathletes, listed, for full schedule including all races; https://www.beitoworldcup.com/beitosprinten/program/

Thursday 18th Nov:



09-15:00 Race Office opend 09:30-10:30 Offical training sprint 11:00-13:00 Official training for distance races

Friday 19 - Sunday 21

NB: The competition tracks are closed to all except competing runners as long as the competitions are on going

Friday 19th Nov: Sprint – free technique

08:00-16:00 Race Office opend

08:00- 09:40 Tracks Opend CC + Service

09:40 - Qualification Para sitting and standing

12:10 - Finals sitting

12:15 – Finals standing

→The finals are organized a bit different than in WPNS WC`s. All sitting is in one heat (both women and men) and all standing is in one heat (both women and men) – this is done in order to get more exiting competitions, when it is few athletes on startline. The womens % from relay is used.

Saturday 20th Nov: distance race classic

07:30-16:00 Race Office Opend

07:00-08:55 Tracks Opend for CC + service

09:00 Start Para Standing 5 km (1x5km) and Women 10 km

10:15 Start Para Sitting 4 km (2x2km) 15:00-17:00 Tracks opend for CC + service

Sunday 21st Nov: distance race free technique

08:00-16:00: Race Office Opend

07:00- 08:45:Tracks Opend for CC + service 10:20: Start Para Sitting 6 km (3x2km) 10:45-11:25: Tracks opend for CC + service

11:30: Start Para Standing 7,5 km (3x 2,5km) and Women 10km

Maps for the tracks;

https://www.beitoworldcup.com/beitosprinten/loyper/

Changes to the program can be made by the organization

Medical and Anti-Doping Information

Anti-Doping



According to the IPC Doping Control Agreement

Medical Service at the venue

- Information on medical service arrangements
- On site medical facility and services
- After hours emergencies numbers
- Closest hospital
- Any more available information

Participant Insurance

Each NPC/NSF must ensure that all the members of their delegation are appropriately insured, including coverage for travel, liability and accidents. All delegation members must have appropriate accident and health insurance in order to race in international ski competitions. For more information please contact info@WorldParaNordicSkiing.org