

INVITATION:

Lillehammer, Norway

World Para Nordic Skiing

World Cup 10-19 December 2019

A test event for the
World Para Snow Sports Championship 2021.

// Invitation updated November 1st //





Please review the following new information in this version of the invitation by November 1st:

- Page 3, 4: WPNS Race Director, TD and BT IR
- Page 3, Travel to and from Lillehammer: We Have decided to also provide transport from Oslo Airport to Lillehammer, on request.
- Page 5, Hotel, accommodation packages and meals: Information is updated with info on prices per room for single rooms.
- Page 8, Rookies Races: The Rookie Races will take place together with the CC races.
- Page 10, Biathlon and Nordic skiing and the Birkebeineren Ski Stadium: We are pleased to provide more information on the courses.

All teams must complete the registration form where all transport and accommodation requests and bookings can be made:

<https://gyroconference.eventsair.com/para-nordic-skiing-world-cup/registration>.

If you have any question regarding transport or accommodation, please contact us at paranordic@gyro.no.

Also, follow us on Facebook for the latest World Cup and World Championship updates:
<http://www.Fb.me/Lillehammer2021>.

A warm welcome to Lillehammer!

The Organizing Committee of the Lillehammer 2019 World Para Nordic Skiing World Cup extends our warmest invitation to participate in this event in the city of Lillehammer, December 10th to 19th, 2019. We look forward to host each and every one of you for a world class competition in biathlon and cross-country skiing.

With a population of about 28 000, Lillehammer is a mid-size Norwegian city. The city is situated between Lake Mjøsa and the surrounding mountains.

Lillehammer has its own place in the heart of many sports enthusiasts, thanks to the 1994 Winter Olympics, one of Norway's biggest and most successful sporting events. In 2016 Lillehammer also hosted the Youth Olympic Games.

The Para Nordic World Cup is a test event for the World Para Snow Sports Championship 2021.

With the World Para Snow Sports Championship and the test events, we aim to develop Lillehammer as a resort for para snow sports.

We look forward to see you in Lillehammer!



Organizing committee

The LOC of the Lillehammer Para Nordic World Cup 2019 is Lillehammer Olympic Park, on behalf of the Norwegian Ski Federation, in cooperation with local ski clubs.

Address:

Para World Snow Sports Championship 2021, Idrettens Hus, Kleivbakken 9, 2618 Lillehammer, Norway

E-mail:

paraworlds2021@skiforbundet.no

Event director Para World Snow Sports Championship 2021:

Ola Keul

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Chief of Race:

Please direct all questions to paraworlds2021@skiforbundet.no

Website (international):

<https://www.paralympic.org/nordic-skiing/events>

Team contact:

If you have any question regarding transport or accommodation, please contact us at paranordic@gyro.no.

For all other questions, please use paraworlds2021@skiforbundet.no.

IPC and World Para Nordic Skiing

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WPNS TD:

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WPNS Coordinator:

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Technical Delegate:

To be confirmed by IPC.

Biathlon International Referee (BT IR):

Tip Ray
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Travel to and from Lillehammer

All teams must complete the registration form where all transport and accommodation requests and bookings can be made:

<https://gyroconference.eventsair.com/para-nordic-skiing-world-cup/registration>.

Lillehammer is easily accessible via Oslo International Airport (OSL). Trains run frequently between OSL and Lillehammer, and it takes 1 h 43 min. Going by car takes approximately 2 h from OSL. Going from Oslo, the capital of Norway, to Lillehammer takes 2 h 15 min by train and approximately 2 h 30 min by car.

For teams and athletes arriving at OSL, and wish to continue by train to Lillehammer, we might - on request - provide transport of the equipment from the airport to the Birkebeineren Ski Stadium.

The total cost is NOK 1 000 per team per way including all equipment.

We might also, on request, provide transport from OSL to Lillehammer by bus directly to the hotel.

The cost of the transportation is NOK 320 per person per way (the same as for a train ticket).

All teams and athletes arriving by train, will be picked up at the Lillehammer train station. Please notify us on when you will arrive, and we will be there to meet you.

All transport within Lillehammer will be at no cost for the teams.

If you have any question regarding transport or accommodation, please contact us at paranordic@gyro.no.



Travel times by train from OSL to Lillehammer is only 1 h 43 min.

All visitors to Norway will need a valid passport. A Visa is necessary for some countries. If a Visa is required, teams are responsible to arrange Visas in a timely manner for all accredited team members. Everyone who requires a Visa must have this before boarding the plane or crossing the border into Norway. Please let us know if you have any questions at paraworlds2021@skiforbundet.no.

Hotel, accommodation packages and meals

All teams must complete the registration form where all transport and accommodation requests and bookings can be made: <https://gyroconference.eventsair.com/para-nordic-skiing-world-cup/registration>.

All athletes, coaches, will stay at the official event hotel, Scandic Lillehammer Hotel. An accommodation package including accommodations, meal plan, and other benefits will be shared with the teams.

The cost will be NOK 1 200 per person per night in double room including breakfast, lunch and dinner.

Single room is NOK 1 600 per person per night including breakfast, lunch and dinner.

The Scandic Lillehammer hotel is conveniently located between the city of Lillehammer and the competition venue.

Breakfast and dinner are served at Scandic Lillehammer Hotel. Lunch will be served at the competition venue. There will also be a lunch available at the hotel.

You will have free access to the gym facilities at the hotel, and you will have the possibility to use the hotel spa at a reduced charge.

If you have any question regarding transport or accommodation, please contact us at paranordic@gyro.no.



The Scandic Lillehammer Hotel. Photo: Scandic hotels

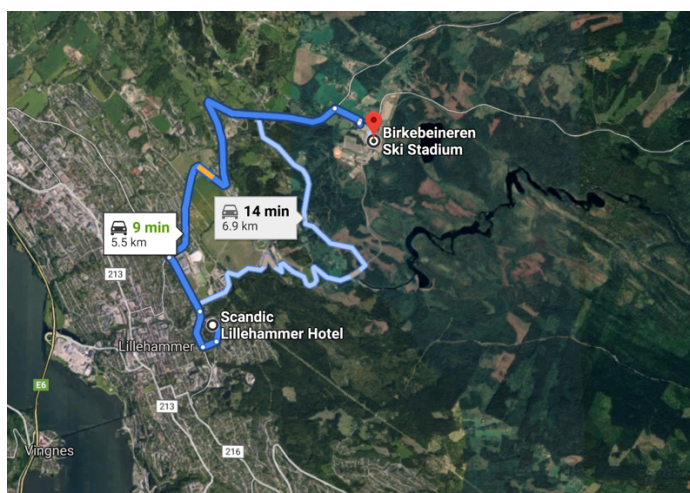
Local transportation

When in Lillehammer, we will do our best to make the logistics for all teams and athletes as convenient as possible. Transport to and from the competition venue must be booked in advance at the event office and info desk located at the hotel.

Going by car or bus from The Scandic Lillehammer Hotel to the competition venue (Birkebeineren Ski Stadium), takes a maximum of 10 min.

All transport within Lillehammer will be at no cost for the teams.

If you have any question regarding transport or accommodation, please contact us at paranordic@gyro.no.



It is 9 min from the Hotel to the competition venue.



Biathlon and Nordic skiing and the Birkebeineren Ski Stadium

Birkebeineren Ski stadium in Lillehammer holds international standards for both biathlon and cross-country. It is a complete cross-country ski and biathlon stadium, easily accessible at the top of Lillehammer. It was the Olympic arena for cross country skiing and biathlon, both in '94 and the Youth Olympics 2016.

For more information on the Stadium, please visit <https://olympiaparken.no/en/arenas/Birkebeineren-ski-and-biathlon-stadium/>.

Currency

The currency used in Norway is Norwegian Kroner (NOK).

Friends and Family

Wish to bring friends and family to Lillehammer?

Please let us know and we will provide you with accommodation, including meals, and transportation at reduced rates.

Social activities

A social program will be provided at The Scandic Lillehammer Hotel, including a welcome and farewell dinner. Details will be provided prior to the event.

Climate

In middle of December, we can expect stable, but cold weather with temperatures expected to range from + 0 to - 20 degrees Celsius.

There will be daylight from 09:30 to 15:00.

Team captain meetings

The team captain meetings will be held at The Scandic Lillehammer Hotel.



Race entries

For race entries, please go to www.paralympic.org/sdms.

Deadlines are:

- Entry by Number: 31 October 2019
- Entry by Name: 02 December 2019

The race entry fee is, according to WPNS Rules, 20 EUR/athlete/race.

Rules

WPNS Rule Book 2019/2020 (valid until October 2020)

Age limit

According to WPNS Rules.

WPNS Point limit

According to WPNS Rules.

Rookies Race

We invite all nations to send athletes that can participate in Rookies Race's that will be integrated as part of the event.

The Rookie Races will take place together with the CC races.

Please let us know if you have athletes that wish to participate in Rookies Race's by confirming number of athletes/names to paraworlds2021@skiforbundet.no by November 10th.

Award Ceremonies

The award ceremonies will be held right after each category and competition at the competition venue. The three best athletes will be awarded.

Waxing facilities

The wax cabins will be located at the Birkebeineren Ski Stadium. Further details will be provided.



Anti doping

Doping control will be conducted in accordance to the IPC Anti-Doping Code. All competitors and guides must comply with and are subject to the rules and regulations outlined in the IPC Anti-Doping Code and as per WPNS rule 223.2. All athletes may be subject to Doping Control sample collection and testing throughout the Championships in accordance with IPC Anti-Doping Rules. Both in and out of competition testing will be conducted.

Medical service at the venue

Medical services will be provided at the Competition Venue. A dedicated ambulance will be onsite during all competition and training days. The Lillehammer hospital is within 10 minutes of the competition venue and includes comprehensive medical services. It is important to have a Team representative accompany all injured athletes (to identify medical history, allergies, etc).

Insurance

The NPC delegation members are obliged to have their own travel and medical insurance for the duration of their stay in Norway.

Each NPC/NSF must ensure that all the members of their delegation are appropriately insured, including coverage for travel, liability and accidents. All delegation members must have appropriate accident and health insurance in order to race in international ski competitions. For more information please contact info@WorldParaNordicSkiing.org.

World Cup dates

- 09 December 2019: Arrival. In the evening, welcome dinner for all the teams.
- 10 December 2019: Classification for PI and VI athletes
- 11 December 2019: Classification PI and VI athletes
- 12 December 2019: CC, short C
- 13 December 2019: CC, middle F
- 14 December 2019: ---
- 15 December 2019: CC, relay
- 16 December 2019: CC, sprint C
- 17 December 2019: ---
- 18 December 2019: BT, sprint
- 19 December 2019: BT, individual. In the evening, farewell dinner for all the teams.
- 20 December 2019: Departure

The detailed program, with training times and info on when til biathlon range will be open for training, are currently being reviewed by WPNS, and will be published shortly and sent to the teams.

Course outline and information

Please see this document for info on the courses:

<https://www.dropbox.com/s/izfzd9ldpdwsce7/Courses%20Lillehammer%202019.pdf?dl=0>.

Please note that we reserve the right to make small changes and adjustments based on conditions etc.

As you can see in this picture from today, snow production has started at the Birkebeineren Ski Stadium.



Birkebeineren Ski Stadium, November 1st 2019.

We are very much looking forward to welcome each and every one of you in Lillehammer!