



<p><b>Hygiene measures and code of conduct issued by the Federal Office of Public Health (FOPH) / the Federal Office of Sport (FOSPO) / Swiss Olympic</b></p>	
<p><b>SARS-CoV-2 -Test</b></p>	<ul style="list-style-type: none"> <li>• On arrival in St. Moritz, all team members must present a <b>negative coronavirus PCR test</b> (not older than 72 hours).</li> <li>• Please send the test results to <a href="mailto:competition@plusport.ch">competition@plusport.ch</a></li> </ul>
<p><b>International teams Prevention</b></p>	<ul style="list-style-type: none"> <li>• The current rules for persons arriving in Switzerland apply to international teams, for quarantine rules, see FOPH; <a href="https://www.bag.admin.ch/bag/en/home.html">https://www.bag.admin.ch/bag/en/home.html</a></li> <li>• Persons with COVID-19 symptoms are not allowed to attend the event.</li> <li>• The LOC must be informed as soon as possible if COVID-19 is diagnosed after the event (within 14 days) → see contact information below</li> </ul>
<p><b>Arrival and departure</b></p>	<ul style="list-style-type: none"> <li>• Individually by private car/the team's own bus</li> <li>• The wearing of masks is recommended if arriving on a team bus (distancing rule).</li> <li>• FOPH rules must be complied with if arriving by public transport.</li> </ul>
<p><b>Mask requirement</b></p>	<ul style="list-style-type: none"> <li>• General mask requirement (except for athletes during races and during meals)</li> </ul>
<p><b>Accreditation/ TCM</b></p>	<ul style="list-style-type: none"> <li>• It is mandatory to wear a mask at Team Captains Meetings (TCM).</li> <li>• Access to the competition area is only permitted by registering the QR code via the Mindful app. <a href="https://mindfulapp.io/#download">https://mindfulapp.io/#download</a></li> <li>• The LOC will appoint a COVID-19 Safety Manager who will implement the protection concept with the municipalities (name and contact data must be provided). This COVID-19 Safety Manager, or an Assistant Manager, must be available to speak with cantonal authorities between 7 am and 10 pm for at least 14 days after the end of every event.</li> <li>• Each team is responsible for ensuring that the information is circulated within their team and for compliance with the protection regulations.</li> </ul> 
<p><b>Registration</b></p>	<ul style="list-style-type: none"> <li>• All participants (Teams, LOC, officials, media) must register with the QR Code via Mindful App <a href="https://mindfulapp.io/#download">https://mindfulapp.io/#download</a>.</li> </ul>
<p><b>Accommodation</b></p>	<ul style="list-style-type: none"> <li>• In accordance with FOPH guidelines for the hotel industry.</li> </ul>
<p><b>Food/meal times</b></p>	<ul style="list-style-type: none"> <li>• It is only allowed to eat when sitting at the table. Otherwise, a mask is required</li> <li>• No mixing of teams. Always eat in the same group within your team, if possible!</li> <li>• Employees and volunteers will have lunch in a separate room at the competition site.</li> <li>• In accordance with FOPH guidelines for the hotel industry and the respective catering provider/institution.</li> </ul>
<p><b>Common room/dining room</b></p>	<ul style="list-style-type: none"> <li>• Before and after the races, the athletes can either stay in the equipment room or in the common room/dining room. The localities may no longer be entered after the award ceremony.</li> </ul>
<p><b>Award ceremony</b></p>	<ul style="list-style-type: none"> <li>• Masks must be worn during the award ceremony.</li> </ul>
<p><b>Communication</b></p>	<ul style="list-style-type: none"> <li>• All registered teams will be contacted by the LOC at their registered address and sent the programme and protection concept.</li> </ul>
<p><b>Protective equipment</b></p>	<ul style="list-style-type: none"> <li>• All participants and visitors are responsible for their own protective equipment (masks, disinfectants) and will bring these with themselves.</li> <li>• Disinfectants are also provided in the common rooms.</li> </ul>
<p><b>Contact Tracing</b></p>	<ul style="list-style-type: none"> <li>• The list with contact details must be stored until 14 days after the event and must be identifiable at the request of the cantonal health authorities.</li> <li>• Registration takes place via the Mindful app <a href="https://mindfulapp.io/#download">https://mindfulapp.io/#download</a>. The QR codes will be displayed at the entrance to the competition site.</li> <li>• Everyone must log out of the Mindful app when leaving the competition area.</li> <li>• If electronic contact tracing is not possible with the Mindful app, the team captain must keep a manual list of his athletes and staff and hand them over at the team captain meeting. Templates for this are provided.</li> </ul>

COVID-19 Safety Manager: Dr. med. Marion Groegli, email: [Marion.Groegli@rehabellikon.ch](mailto:Marion.Groegli@rehabellikon.ch) Mobile. +41 56 485 52 61

COVID-19 Safety Manager Deputy: Matthias Schlüssel, email: [schluessel@plusport.ch](mailto:schluessel@plusport.ch) Mobile. +41 79 821 65 85 (preferred contact after 19<sup>th</sup> December 2020)

With my signature, I as Team Captain confirm that:

- I have read and agree to the protection concept and the regulations issued by the Federal Office of Public Health (FOPH).
- I have provided the entire team with information about the protection concept.
- My team and I are in very good health and are entering the competition without showing any COVID-19 symptoms.
- We will immediately notify the relevant bodies if we experience any symptoms during or after the race.

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15.12.2020, St. Moritz, WPAS European Cup St. Moritz 16.-19.12.2020

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