

LA MOLINA 2024 FIS PARA ALPINE SKI WORLD CUP

January, 12th to 17th







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Chief of Race	TBD	Phone: E-mail:
Race TD	Crespo-Travesset Antoni	Phone: E-mail:
Rescue / Medic al Service	David Campà	Phone:+34972892191 E-mail: dcampa@lamolina.cat
Team Captain's Meeting	La Molina	Address: Museu
Official Notice Board Location	La Molina	www.lamolina.cat E-mail: receptiu@lamolina.cat E-mail: lcarmona@congres.com
SG slope	Stadium LL.Breitfuss	Homologation nº:15088/11/23
DH slope	Stadium LL.Breitfuss	Homologation nº:15088/11/23

Rules and Age Limit:	The International Para Alpine Skiing Competition Rules (ICR) 2023/2024	
FIS Point Limit:	According to FIS Para Alpine Skiing Qualification Criteria for 2023/2024 Season	
Race entry and deadlines:	FIS Online Entry System accessible via FPDMS	
Race entry fee:	Enter an amount of up to 30 CHF per race as per the ICR	



Welcome to La Molina,

The Organising Committee of the 2024 FIS Para Alpine Ski World Cup La Molina extends its most sincere invitation to join us to participate in this event from January 12th to 17th, 2024.

The best way to get there:

Car or Taxi

From the airport the journey takes approximately 2.5.

Train

You can take a train from Barcelona-Estació de Sants to La Molina train station and then proceed to La Molina by taxi or bus. The R3 line (Rodalies de Catalunya) operates between Barcelona and Puigcerdà, with the journey taking around 3 hours.

Bus

The travel time is approximately 3 to 4 hours, depending on the route and stops.



Closest to airport:

The official airport is Barcelona El Prat, situated approximately a 2.5 hours' drive from La Molina. LOC offer accessible transportation service upon request for travel from/to Barcelona Airport to/from the official hotels, at your own cost.

Please submit your transportation requests via email to lcarmona@grupcongres.com and receptiu@ lamolina.cat no later than 28.12.2023

Visa information:

Teams are responsible for arranging visas in a timely manner, if necessary. The LOC can facilitate this process by issuing an official invitation letter to support your team's visa applications.

Please promptly submit a complete list with full name of each delegate, date of birth and passport number to econde@lamolina.cat



Available transportation on the ground:

LOC will arrange scheduled venue shuttles for accredited delegates on official event days. The venue shuttle service is included within the accommodation package.

If you have any additional transportation requirements outside the venue shuttle schedule, please contact to the OC at least 24 hours in advance, to see if we can fulfil your requests at your own cost. On the main venue, distances between hotel and slopes are close to each other.

Venue information and address:

La Molina is situated advantageously within La Cerdanya, in the north of Catalonia within the Spanish Pyrenees, surrounded by mountains of more than 2500 meters elevation.

It is positioned at a distance of 156km from Barcelona.

La Molina had the first ski race in 1909 and the ski resort had built its first ski lift in 1943.

The ski resort encompasses slopes, lifts, parking areas, and 5 restoration areas.

In 2009, La Molina was honoured with the IAKS Award, recognizing it as an adapted Ski Resort.

All races will take place on the Barcelona slope, on the new Ll.Breitfuss Stadium.

The access from the parking to the stadium will be by the gondola "Telecabina Cadí-Moixeró".

The awards ceremony will be held after each competition at the Medals Square.





Pack Accommodation, Meals & Ski Pass:

We offer two levels of official accommodations on a first-come, first-served basis.

All accommodation options are providing as full board, inclusive of breakfast and dinner at the hotel. Lunch will be served at the ski resort, depending on the competition schedule.

Meals are included within the accommodation package on official days, starting with dinner on January 11th and concluding on January 17th breakfast.

Kindly notify the LOC of any food allergies by sending an e-mail to lcarmona@grupcongres.com and receptiu@lamolina.cat before 28.12.2023.

To secure your preferred accommodation, please make your reservation as soon as possible and follow the booking policy by completing payments before the specified deadlines.

Reservations paid after December 15 cannot be guaranteed.

Accommodation requests are to be submitted directly to the organizer using the accommodation booking form, available at lcarmona@grupcongres.com and receptiu@lamolina.cat

Please be aware that accommodation reservations are binding and non-refundable.



Accommodation rates are per person per night and include full board at a 3*hotel and venue shuttle:

Single room: €160 Twin room: €140

Note that the hotel has a limited number of accessible rooms. Therefore, the OC reserves the right, if necessary, to allocate teams to a different hotel within the same hotel category to meet the accessibility requirements of all teams.

Only official hotels can provide meals and shuttle services to accredited delegates.

The hotel has ski room.

The price includes:

Half board at the hotel (breakfast and dinner). Lunch at the TELECABINA area. Ski pass Tourist taxes per person and night

Payment information:

		should cover bank transfer	Bank and Bank address	CAIXABANK (EUROS)
	Bank		Account Number	2100 1364 05 0200028921
	Account data		IBAN	ES62 2100 1364 05 0200028921
			BIC (SWIFT)	CAIXESBBXXX
	Liability	The organizers do not accept liability for any injury/damage to persons/belongings		



Thursday	Until 16:00	Arrival	Hotel
11.01.2024	18:00	1st Team captains' meeting	Museum
Friday	11:00	Free Ski	Stadium LL.Breitfuss
12.01.2024	18:00	2nd Team Captains' meeting	Museum
Saturday	09:00	1st Official Training	Stadium LL.Breitfuss
13.01.2024	18:00	3rd Team Captains' meeting	Museum
Sunday	09:00	2nd Official Training	Stadium LL.Breitfuss
14.01.2024	18:00	4th Team captains' meeting	Museum
	09:30	1st DH- Race	Stadium LL.Breitfuss
Monday 15.01.2024	15:00	Prize-giving ceremony	Medals square
	18:00	5th Team captains' meeting	Museum
	09:00	2nd DH-Race	Stadium LL.Breitfuss
Tuesday 16.01.2024	15:00	Prize-giving ceremony	Medals square
10.01.2024	18:00	6th Team captains' meeting	Museum
	09:30	1st Super-G	Stadium LL.Breitfuss
wendsday	13:00	2nd Super-G	
17.01.2024	14:00	World Cup party and Prize-giving ceremony	Medals square



Panoramic View:



Vertical drop:



